



MARCH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For breastfeeding information and assistance, call (301) 759-5020 and ask for Breastfeeding Specialist. (Allegany)		Breastfeeding Services: Prenatal Breastfeeding classes Breastfeeding Support group Call WIC Office at 301-759-5020		1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21 BF Support Group(Free) Allegany County Health Department 1:00-2:30 pm Free weight checks for baby, information for mom; meet other moms and babies	22	23	24
25	26	27	28	29 Breastfeeding Class at Western Maryland Health System-Auditorium/6:00 pm – 9:00 pm. Call WMHS at 240-964-6400 to register	30	31



APRIL



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18 BF Support Group(Free) Allegany County Health Department 1:00-2:30 pm Free weight checks for baby, information for mom; meet other moms and babies	19	20	21
22	23 Breastfeeding Class at Western Maryland Health System-Auditorium-6:00 pm - 9:00 pm. Call WMHS at 240-964-6400 to register	24	25	26	27	28
29	30	For breastfeeding information and assistance, call (301) 759-5020 and ask for Breastfeeding Specialist. (Allegany)		Breastfeeding Services: Prenatal Breastfeeding classes Breastfeeding Support group Call WIC Office at 301-759-5020		



MAY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For breastfeeding information and assistance, call (301) 759-5020 and ask for Breastfeeding Specialist. (Allegany)	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16 BF Support Group(Free) Allegany County Health Department 1:00-2:30 pm Free weight checks for baby, information for mom; meet other moms and babies	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31 Breastfeeding Class at Western Maryland Health System-Auditorium-6:00 pm – 9:00 pm. Call WMHS at 240-964-6400 to register	Breastfeeding Services: Prenatal Breastfeeding classes Breastfeeding Support group Call WIC Office at 301-759-5020	