



STATE OF MARYLAND

DHMH

Maryland Department of Health and Mental Hygiene

201 W. Preston Street • Baltimore, Maryland 21201

Martin O'Malley, Governor – Anthony G. Brown, Lt. Governor – Joshua M. Sharfstein, M.D., Secretary

IMPORTANT NOTICE

October 1, 2013

Dear WIC Vendor:

Please find enclosed a supply of the updated WIC Authorized Foods List which is effective October 2013. Please note that this Foods List will not be given to WIC participants until November 1, 2013.

You are required to honor **both** the 2012 WIC Authorized Foods List and this updated WIC Authorized Foods List through **January 31, 2014**. This means that you should continue to allow foods listed on the 2012 Authorized Foods List until January 31, 2014. Only the 2013 Authorized Foods List should be honored beginning **February 1, 2014**.

The 2013 Foods List reflects the following revisions:

- Any 100% whole wheat bread, bun, or roll in the appropriate size is allowed, however, the package label must read "**100% Whole Wheat**." Whole grain breads are no longer listed. **(Store brand breads are required if available.)**
- Honey roasted peanut butter has been removed.
- Kellogg's Unfrosted Mini Wheats, Cream of Wheat Whole Grain, Malt-O-Meal Crispy Rice, Cream of Wheat 10 minute, and Farina have been removed.
- Kellogg's Scooby Doo cereal has been added.
- Giant, Great Value, Essential Every day, and Safeway apple juices have been added.

Please ensure that all store personnel are familiar with the new authorized foods list. If you have any questions, or require additional copies of the new WIC Authorized Foods List, please contact Siwon Lee at 410-767-5433, or Tiasha Taylor at 410-767-3519. You may also reach us toll-free at 1-800-242-4WIC (4942).

Sincerely,


Jacqueline Marlette-Boras, MHS, RD, LDN
Director
Maryland WIC Program

cc: WIC Local Agencies