



# DECEMBER 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 La Leche League 6:30 pm – 8 pm – 12 pm, call Megan for info: 301-665-9226 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	3	4 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	5	6
7	8	9 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	10	11 10am Breastfeeding Support Group	12	13
14	15	16 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	17	18 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	19	20
21	22	23 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	24	25	26	27
28	29	30 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	31	<b>Washington County)</b> <b>To Contact a Breastfeeding Counselor near you:</b> Breastfeeding Support Line: (240) 313-3311 Mailbox 2: Crescent Trumppower, BF Peer Counselor Urgent BF concerns: (240) 313-3335		<b>Services:</b> <ul style="list-style-type: none"> <li>☎ Peer Counseling</li> <li>☎ Weekly BF classes</li> </ul> 1-on-1 instruction on “Getting Started” with BF (positioning, latch, sleepy baby, growth spurts, etc.)



# JANUARY 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Washington County)</b> <b>To Contact a Breastfeeding Counselor near you:</b> Breastfeeding Support Line: (240) 313-3311 Mailbox 2: Crescent Trumppower, BF Peer Counselor Urgent BF concerns: (240) 313-3335		<b>Services:</b> ☉ Peer Counseling ☉ Weekly BF classes 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc.)		1	2	3
4	5	6 La Leche League 6:30 pm - 8 pm, call Megan for info: 301-665-9226  Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	7	8 10am Breastfeeding Support Group	9	10
11	12	13 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	14	15 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	16	17
18	19	20 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	21	22 10am Breastfeeding Support Group	23	24
25	26	27 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	28	29 10am Breastfeeding Support Group	30	31



# FEBRUARY 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Washington County)</b> <b>To Contact a Breastfeeding Counselor near you:</b> Breastfeeding Support Line: (240) 313-3311 Mailbox 2: Crescent Trumppower, BF Peer Counselor Urgent BF concerns: (240) 313-3335			<b>Services:</b> <ul style="list-style-type: none"> <li>☎ Peer Counseling</li> <li>☎ Weekly BF classes</li> </ul> 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc.)			
1	2	<b>3</b> La Leche League 6:30 pm – 8 pm, call Megan for info: 301-665-9226  Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	4	<b>5</b> 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	6	7
8	9	<b>10</b> Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	11	<b>12</b> 10am Breastfeeding Support Group	13	14
15	16	<b>17</b> Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	18	<b>19</b> 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	20	21
22	23	<b>24</b> Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	25	<b>26</b> 10am Breastfeeding Support Group	27	28