



DECEMBER 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 North County Breastfeeding Support Group 9:30 am - 11:30 am	5 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	6
7	8	9	10 North County Getting Started with Breastfeeding 5-6 pm	11	12 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	13
14	15	16	17	18 North County Breastfeeding Support Group 9:30 am - 11:30 am	19 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	20
21	22	23 North County Getting Started with Breastfeeding 10:30 am – 11:30 am	24	25	26	27
28	29	30	31	Anne Arundel Services: <ul style="list-style-type: none"> ☉ BF Classes ☉ BF Support Groups ☉ 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant For more information: http://www.aahealth.org/pdf/breast-feeding-resources.pdf		To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator: (410) 222-6797 For Breastfeeding support: (410) 222-0085 {English} (410) 222-0139 {Spanish}



JANUARY 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Anne Arundel Services: <ul style="list-style-type: none"> ☉ BF Classes ☉ BF Support Groups ☉ 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant For more information: http://www.aahealth.org/pdf/breast-feeding-resources.pdf		To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator: (410) 222-6797 For Breastfeeding support: (410) 222-0085 {English} (410) 222-0139 {Spanish}		1	2	3
4	5	6	7 Annapolis Getting Started with Breastfeeding 5-6 pm	8	9 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	10
11	12	13	14 North County Getting Started with Breastfeeding 5-6 pm	15 North County Breastfeeding Support Group 9:30 am - 11:30 am	16 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	17
18	19	20	21	22	23 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	24
25	26	27 North County Getting Started with Breastfeeding 10:30 am – 11:30 am	28 North County Getting Started with Breastfeeding 5-6 pm	29 North County Breastfeeding Support Group 9:30 am - 11:30 am	30 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	31



FEBRUARY 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Anne Arundel Services: <ul style="list-style-type: none"> ☎ BF Classes ☎ BF Support Groups ☎ 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant For more information: http://www.aahealth.org/pdf/breast-feeding-resources.pdf		To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator: (410) 222-6797 For Breastfeeding support: (410) 222-0085 {English} (410) 222-0139 {Spanish}				
1	2	3	4 Annapolis Getting Started with Breastfeeding 5-6 pm	5 North County Breastfeeding Support Group 9:30 am - 11:30 am	6 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	7
8	9	10	11 North County Getting Started with Breastfeeding 5-6 pm	12	13 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	14
15	16	17	18	19 North County Breastfeeding Support Group 9:30 am - 11:30 am	20 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	21
22	23	24 North County Getting Started with Breastfeeding 10:30 am – 11:30 am	25 North County Getting Started with Breastfeeding 5-6 pm	26	27 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	28