



MARCH 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 BF Support Group offered by Western Maryland Health System. 1-3 PM Call 240-964-6400 for location.	5	6	7
8	9	10	11	12	13	14
15	16	17	18 BF Support Group offered by Western Maryland Health System. 6-8 PM Call 240-964-6400 for location.	19	20	21
22	23	24	25	26	27	28
29	30	31 Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call (240) 964-6400 (classes free of charge)		For breastfeeding information and assistance, call (301) 759-5020 and ask for Breastfeeding Specialist. (Allegany)		Breastfeeding Services: Prenatal Breastfeeding classes Breastfeeding Support group Call the WIC Office at 301-759-5020



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12	13	14	15	16	17	18
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26	27	28 Prenatal Breastfeeding Class at Western Maryland Regional Medical Center's Auditorium 6-9:00pm, to register call	29	30		



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