



JUNE 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE UMD-Easton -10-11:30 –Breastfeeding Support Group -410-822-1000 ext:5200 - FREE	3 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-5555 -\$40	4 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	5 Anne Arundel Medical Center -7pm – Breastfeeding and the working mother Support Group -(443)481-5555 -FREE	6
7	8	9 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	10 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-5555 -\$40	11 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6985 -FREE YMCA – Easton 9:30-11am – Breastfeeding Support Group -FREE Union Hospital – Elkton -10-11:30am – Breastfeeding basics -(443)245-7305 -\$20	12	13
14	15	16 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	17 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-5555 -\$40	18	19	20
21	22	23 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	24 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-5555 -\$40	25 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6985 -FREE	26	27

28	29	30 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	To Contact a Breastfeeding Peer Counselor near you: Counselor: (443) 262-4423, press 1 for the BFPC line Danya Benton RN, IBCLC: (410)-758-0720 ext: 4510 (BFPC Coordinator) Upper Shore WIC Program: Q.A.’s (443)262-4423 Kent (410) 810-0125	Services: - Peer Counselor program - peer counselors are moms just like you that have been on WIC and breastfed, they offer BF support on an individual basis - please call: 443-262-4423 and press 1 for the BFPC line.- International Board Certified Lactation Consultant / Registered Nurse – Available to answer medical and breastfeeding questions – please call: (410)-758-0720 ext: 4510
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JULY 2015



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5	6	7 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE UMD-Easton -10-11:30 –Breastfeeding Support Group -410-822-1000 ext:5200 - FREE	8	9 YMCA – Easton 9:30-11am – Breastfeeding Support Group -FREE	10	11
12	13	14	15	16	17	18

		Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-5555 -\$40	Anne Arundel Medical Center -10:30 – Breastfeeding and the working mother -(443)481-5555 -\$40		
19	20	21 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	22	23 Union Hospital – Elkton -10-11:30am – Breastfeeding basics -(443)245-7305 -\$20	24	24
26	27	28 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	29 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-5555 -\$40	30 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6985 -FREE	31	

	<h1>AUGUST 2015</h1>					
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To Contact a Breastfeeding Peer Counselor near you: Counselor: (443) 262-4423, press 1 for the BFPC line Danya Benton RN, IBCLC: (410)-758-0720 ext: 4510 (BFPC Coordinator) Upper Shore WIC Program: Q.A.'s (443)262-4423 Kent (410) 810-0125		Services:- Peer Counselor program - peer counselors are moms just like you that have been on WIC and breastfed, they offer BF support on an individual basis - please call: 443-262-4423 and press 1 for the BFPC line.- International Board Certified Lactation Consultant / Registered Nurse – Available to answer medical and breastfeeding questions – please call: (410)-758-0720 ext: 4510				1
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9	10	11 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	12 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-5555 -\$40	13 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6985 -FREE YMCA – Easton 9:30-11am – Breastfeeding Support Group -FREE	14	15
16	17	18 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	19 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-5555 -\$40	20	21	22
23/30	24/31	25 Union Hospital – Elkton -10-11:30am – Breastfeeding Mom’s Cafe -(443)245-7305 -FREE	26 Anne Arundel Medical Center -7pm – Breastfeeding basics -(443)481-5555 -\$40	27 Anne Arundel Medical Center -9am – Breastfeeding support group -(443)481-6985 -FREE	28	29