

**FOOD PACKAGES POLICIES AND PROCEDURES
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**MARYLAND DEPARTMENT OF HEALTH AND MENTAL HYGIENE
WIC PROGRAM
POLICY AND PROCEDURE MANUAL**

**Policy and Procedure Number: 3.00
Effective Date: October 1, 1995
Revised Date: October 1, 2015**

SECTION: FOOD PACKAGES

SUBJECT: Overview of Food Packages

A. Policy

The WIC Program provides food packages that contain supplemental foods to low-income women, infants and children. The food packages are not intended to meet all the nutritional needs of participants. Nutrition education will emphasize the need for a variety of other foods to achieve a balanced diet.

The food packages were revised according to the requirements of the Final Rule, published in the Federal Register on March 4, 2014 (see Reference). The revisions – which align the WIC food packages with current scientific and dietary guidance – are based on the recommendations of the Institute of Medicine (IOM) of the National Academies in its report of its review of the WIC food package. The revised food packages are intended to reduce the prevalence of inadequate and excessive nutrient intakes among WIC participants and to improve the overall quality of their diets by encouraging intake of fruits and vegetables, whole grains, and foods lower in saturated fat.

B. Procedure

The food package may contain combinations of these foods:

- Milk and cheese (soy beverage and tofu)
- Fruit juice
- Eggs
- Cereal
- Beans and peanut butter
- Whole wheat bread or other whole grains
- Fruits and vegetables
- Canned fish

OR

- Infant formula (for infants not exclusively breastfed)
- Infant cereal (for infants age six months and older)
- Infant fruits and vegetables (for infants six months old and older)
- Infant meats (for exclusively breastfed infants six months old and older)

A variety of standard food packages are available which allow staff to tailor the type and quantity of foods to individual needs.

Attachment:
3.00A Food Package Contents

Reference:

1. 7 CFR 246 Special Supplemental Nutrition Program for Women, Infants, and Children (WIC): Revisions in the Food Packages - Final Rule, 3/4/14
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Revisions:

- 10/09 Replaced rationale for the WIC food packages based on Public Law 108-265 with background information regarding the development of revised packages based on the IOM's review and recommendations for revisions of the food packages. Revised list of food combinations that packages may contain. Added Attachment 3.00F and changed previous 3.00F to 3.00G.
- 01/10 Revised Attachments 3.00A, 3.00B, 3.00E and 3.00G to include whole milk packages for women and to reflect the increased monetary value of FVC to \$10.00.
- 10/10 Attachments 3.00A-F. Replaced quart sized containers of lactose-reduced milk with an additional half-gallon container every other month. Changed food item descriptors from "lactose-reduced" with "lactose-reduced/free."
- 01/11 Updated Attachments 3.00 A-G to include soy beverage and tofu food package options.
- 10/11 Updated Attachments 3.00 A-F to include kosher cheese/soy beverage and additional BE and PG/BP cheese/half-gallon soy beverage food package options.
- 10/12 Removed Attachments 3.00 A-F. Renamed Attachment 3.00 G as Attachment 3.00A.
- 10/14 Replaced Interim Rule with Final Rule and updated published date. Updated References Updated Attachment 3.00A to reflect the increased monetary value of FVC in child food packages to \$8.00. Replaced whole wheat bread with whole grain bread in child and appropriate women food packages. Added information in footnotes indicating allowance of reduced-fat (2%) milk for one-year old children and whole milk for women with appropriate documentation. Added footnote to indicate pregnant women exclusively or mostly breastfeeding as an eligible category for Food Package VII. Updated attachment 3.00A to allow infant fruit and vegetables in place of CVV in food package III.
- 04/15 Updated Attachment 3.00A. To be consistent with federal language the term ready-to-use (RTU) formula was replaced with ready-to-feed (RTF); maximum monthly allotment was replaced with maximum monthly

allowance (MMA); breastfeeding exclusively replaced breastfeeding fully; breastfeeding partially was replaced with breastfeeding mostly or breastfeeding some . The term WIC-eligible nutritional was added next to formula for the MMA for Food Package III.

10/15

Updated 3.00A to reflect the new CVV amounts for women which increased from \$10.00 to \$11.00.

FOOD PACKAGE CONTENTS

The following is a description of the six WIC Food Packages, **maximum** monthly allowance, per USDA Final Rule 7 CFR Part 246.

Food Package I--Infants Birth through 5 months:

Infant Breastfed Partially (IBP)- <i>mostly</i>¹	Birth-3 months*	4-5 months
Concentrated liquid formula OR	Up to 388 fl oz reconstituted	Up to 460 fl oz reconstituted
Powdered formula OR	Up to 435 fl oz reconstituted	Up to 522 fl oz reconstituted
Ready-to-feed (RTF) formula	Up to 384 fl oz	Up to 474 fl oz

*Formula should **not** be routinely given during the first month. Up to 104 fl oz reconstituted powder can be issued only for qualifying conditions as listed in Policy and Procedure 5.09.

Infant Formula Fed (IFF) and IBP- <i>some</i>²	Birth -3 months	4-5 months
Concentrated liquid formula OR	823 fl oz reconstituted	896 fl oz reconstituted
Powdered formula OR	Up to 870 fl oz reconstituted	Up to 960 fl oz reconstituted
Ready-to-feed (RTF) formula	Up to 832 fl oz	Up to 913 fl oz

Food Package II—Infants 6 through 11 months:

	IBE	IBP-<i>mostly</i>	IFF and IBP-<i>some</i>
Concentrated liquid formula OR	N/A	315 fl oz reconstituted	630 fl oz reconstituted
Powdered formula OR	N/A	Up to 384 fl oz reconstituted	Up to 696 fl oz reconstituted
Ready-to-feed (RTF) formula	N/A	Up to 338 fl oz	Up to 643 fl oz
Infant cereal	24 oz	24 oz	24 oz
Infant fruits and vegetables	256 oz	128 oz	128 oz
Infant meats	77.5 oz	N/A	N/A

¹ IBP-*mostly* applies to infants that are breastfed and are receiving <14 fl oz of formula from WIC.

² IBP-*some* applies to infants that are breastfed and are receiving ≥14 fl oz of formula from WIC. Formula packages shall be tailored to meet the needs of the IBP up to maximum allowance for IFF.

Food Package III – Infants with Special Dietary Needs:

Formula Maximum Monthly Allowance (MMA):

Please review Food Package I and Food Package II on page one of this policy for the maximum monthly allowance of formula for infants.

Food Package III – Children or Women with Special Dietary Needs:

Formula/WIC-Eligible Nutritional Maximum Monthly Allowance*:

Concentrated liquid formula	910 fl oz reconstituted
Powdered formula:	910 fl oz reconstituted
Ready-to-feed (RTF) formula	910 fl oz

*In addition, with appropriate documentation, participants with special dietary needs can also be prescribed up to the maximum allowance for Food Package IV, V, VI, or VII. All packages shall be tailored to meet the needs of the participants. Infant fruits and vegetables can be substituted for the fruit and vegetable check if medically indicated as per Policy and Procedure 3.01.

Food Package IV--Children 1 to 4 years:

Low fat or fat free fluid milk* OR	16 quarts
Evaporated milk OR	May be substituted for fluid milk at the rate of 16 fl oz per 32 fl oz (quart) fluid milk
Dry milk OR	May be substituted for fluid milk at equal reconstituted rate
Soy beverage OR	May be substituted for fluid milk on equal fl oz basis
Cheese OR	May be substituted for fluid milk at the rate of 1 lb per 3 quarts of fluid (1lb maximum)
Tofu	May be substitute for milk at the rate of 1 lb per 1 quart of fluid (4lb maximum)
Eggs	1 dozen
Cereal (hot or cold)	36 oz
Fruits and vegetables	\$8.00 in benefits
Whole wheat bread or rolls OR	2 lb
Whole grain bread or rolls OR	2 lb
Brown rice OR	May be substituted for whole wheat bread on equal weight basis
Soft corn or Whole wheat tortillas	May be substituted for whole wheat bread on equal weight basis
Fruit juice	128 fl oz
Dry beans or peas OR	1 lb
Canned beans or peas OR	May be substituted for dry beans at rate of 64 oz of canned beans for 1 lb dry beans
Peanut butter	18 oz

*Except for one-year-old children who will be receiving whole fluid milk or equivalent substitutes. With appropriate documentation reduced-fat (2%) milk can be provided for one-year-old children and whole milk for children > 24 months as per Policy and Procedure 3.01.

Food Package V--Pregnant and Partially Breastfeeding Women*:

Low fat or fat free fluid milk* OR	22 quarts
Evaporated milk OR	May be substituted for fluid milk at the rate of 16 fl oz per 32 fl oz (quart) fluid milk
Dry milk OR	May be substituted for fluid milk at equal reconstituted rate
Soy beverage OR	May be substituted for fluid milk on equal fl oz basis
Cheese OR	May be substituted for fluid milk at the rate of 1 lb per 3 quarts of fluid (1lb maximum)
Tofu	May be substituted for milk at the rate of 1 lb per 1 quart of fluid (4lb maximum)
Eggs	1 dozen
Cereal (hot or cold)	36 oz
Fruits and vegetables	\$11.00 in benefits
Whole wheat bread or rolls OR	1 lb
Whole grain bread or rolls OR	1 lb
Brown rice OR	May be substituted for whole wheat bread on equal weight basis
Soft corn or Whole wheat tortillas	May be substituted for whole wheat bread on equal weight basis
Fruit juice	144 fl oz
Dry beans or peas OR	1 lb
Canned beans or peas AND	May be substituted for dry beans at rate of 64 oz of canned beans for 1 lb dry beans
Peanut butter	18 oz

*Includes women with singleton pregnancies and women breastfeeding mostly whose infant's food package does not exceed the maximum monthly formula allowance as outlined in IBP Food Package I and II. Women breastfeeding mostly meeting this requirement are eligible to receive food benefits for up to one year postpartum and breastfeeding support until breastfeeding is discontinued. With appropriate documentation whole milk can be provided for women as per Policy and Procedure 3.01.

Food Package VI--Postpartum Women*

Low fat or fat free fluid milk OR	16 quarts
Evaporated milk OR	May be substituted for fluid milk at the rate of 16 fl oz per 32 fl oz (quart) fluid milk
Dry milk OR	May be substituted for fluid milk at equal reconstituted rate
Soy beverage OR	May be substituted for fluid milk on equal fl oz basis
Cheese OR	May be substituted for fluid milk at the rate of 1 lb per 3 quarts of fluid (1lb maximum)
Tofu	May be substitute for milk at the rate of 1 lb per 1 quart of fluid (4lb maximum)
Eggs	1 dozen
Cereal (hot or cold)	36 oz
Fruits and vegetables	\$11.00 in benefits
Fruit Juice	96 fl oz (reconstituted from concentrate)
Dry beans or peas OR	1 lb
Canned beans or peas OR	May be substituted for dry beans at rate of 64 oz of canned beans for 1 lb dry beans
Peanut butter	18 oz

*Includes non-breastfeeding women and women breastfeeding some whose infant's food package exceed the maximum formula allowance as outlined in IBP Food Package I and II or receiving a full formula package. Women breastfeeding some are eligible to receive food benefits for 6 months postpartum and continue to receive breastfeeding support until breastfeeding is discontinued.

Food Package VII--Exclusively Breastfeeding Women*:

Low fat or fat free fluid milk OR	24 quarts
Evaporated milk OR	May be substituted for fluid milk at the rate of 16 fl oz per 32 fl oz (quart) fluid milk
Dry milk OR	May be substituted for fluid milk at equal reconstituted rate
Soy beverage OR	May be substituted for fluid milk on equal fl oz basis
Cheese OR	May be substituted for fluid milk at the rate of 1 lb per 3 quarts of fluid (2lb maximum)
Cheese	1 lb
Tofu	May be substitute for milk at the rate of 1 lb per 1 quart of fluid (4lb maximum)
Eggs	2 dozen
Cereal (hot or cold)	36 oz
Fruits and Vegetables	\$11.00 in benefits
Whole wheat bread or rolls OR	1 lb
Whole grain bread or rolls OR	1 lb
Brown Rice OR	May be substituted for whole wheat bread on equal weight basis
Soft Corn or Whole wheat tortillas	May be substituted for whole wheat bread on equal weight basis
Fruit Juice	144 fl oz (reconstituted from concentrate)
Dry beans or peas OR	1 lb
Canned beans or peas AND	May be substituted for dry beans at rate of 64 oz of canned beans for 1 lb dry beans
Peanut butter	18 oz
Canned fish	30 oz

*Includes exclusively breastfeeding women; women pregnant with multiples; women exclusively or mostly breastfeeding multiples from the same pregnancy; and pregnant women who are also exclusively or mostly breastfeeding an infant. Women exclusively breastfeeding multiple infants are prescribed 1.5 times the maximum allowance.

**MARYLAND DEPARTMENT OF HEALTH AND MENTAL HYGIENE
WIC PROGRAM
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**Policy and Procedure Number: 3.01
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SECTION: FOOD PACKAGES

SUBJECT: Prescription of Food Packages

A. Policy

A Competent Professional Authority (CPA) shall prescribe supplemental foods in quantities appropriate for the participants' WIC category and nutritional risk, following the State guidelines for usual and tailored food packages. The CPA may also customize food packages, when appropriate, to provide participants with combinations of infant and pediatric formulas along with other WIC foods as requested via prescription from a healthcare provider (HCP)¹. (See Local Agency Policy and Procedures 3.02 and 3.03). Competent Paraprofessional Authorities (CPPAs) may prescribe usual and tailored food packages under the supervision of a CPA (see Policy and Procedure 7.66).

B. Procedure

1. All staff will receive initial training in prescription of food packages during WIC WISE training. Additional training related to exempt infant formulas and WIC-eligible nutritionals is provided during the Maryland WIC Program's New CPA Training. (See Policy and Procedure 7.60)
2. A nutrition history shall be taken on each WIC applicant during the certification to obtain pertinent information such as typical eating pattern, food allergies, food preferences, availability of a safe water supply, access to refrigeration, etc. This information shall be used to tailor the food package to an individual participant's needs.
3. Local agency staff shall determine which food package is appropriate to prescribe by choosing from the list of packages available. Staff are encouraged to tailor food packages to participant preferences and needs by determining the types and amounts of milk and cheese each participant prefers and choosing packages that do not contain foods to which the participant is allergic. A food package cannot be prescribed for more than the maximum allowed quantity, nor can a quantity that is less than the maximum be specified for all categories of participants (blanket tailoring).

¹ A **health care provider (HCP)** is defined as a practitioner with prescriptive authority, i.e., physician, certified nurse practitioner, or physician's assistant.

4. Homeless and migrant participants and those with limited refrigeration availability may be prescribed a minimal refrigeration food package (see Attachment 3.01A).
5. Milk for children \geq 2 years old and woman: Children \geq 2 years old and woman participants on the Maryland WIC Program receive 1% or fat-free milk. However, federal WIC regulations allow for whole milk to be given to women and children \geq 2 years old only when prescribed by the HCP as part of Food Package III (See Policy and Procedure 3.00A for definitions of Food Package III). A new prescription must be provided at the time of recertification if continuation is desired. (See Policy and Procedure 3.03 for information on required documentation).
 - a. The HCP may authorize the WIC CPA to determine the need for whole milk by checking “Request whole milk for a woman or child” or “Request WIC professional to determine appropriate supplemental foods and their amounts” on the Maryland WIC Medical Documentation Form, or by indicating the same on a medical prescription. CPA determination of the need for whole milk shall be based on an individual nutrition assessment and consultation with the HCP, as necessary.
 - b. Requests for whole milk shall be documented in the participant record under food prescription notes in the WIC management information system. The medical documentation form or food prescription note shall be scanned into the participant’s record. The paper copy should be kept on file at the Local Agency for a minimum of 6 months.
 - c. Appropriate reasons for issuance of whole milk include the following:
 - i. Underweight;
 - ii. Unintended weight loss in children ($<$ 85% BMI for age before weight loss);
 - iii. Failure to Thrive;
 - iv. Maternal weight loss or inadequate weight gain in the 2nd or 3rd trimesters;
 - v. Total Maternal weight loss of \geq 5% of pre-pregnancy weight in the 1st trimester.
 - d. Participants issued whole milk in Food Package III should be monitored closely to prevent excessive weight gain.
6. Milk for children between 12 months and 2 years of age: One-year old child participants on the Maryland WIC Program receive whole milk. However, federal WIC regulations allow for reduced-fat (2%) milk to be given to a child between 12 months and 2 years of age for whom overweight or obesity is a concern.

- a) For a one-year-old child receiving Food Package III, reduced-fat milk may be prescribed by the HCP. A new prescription must be provided at the time of recertification if continuation is desired. (See Policy and Procedure 3.03 for information on required documentation). The HCP may authorize the WIC CPA to determine the need for reduced-fat milk by checking “Request WIC professional to determine appropriate supplemental foods and their amounts” or “Request reduced-fat milk for a one-year-old child” on the Maryland WIC Medical Documentation form, or by indicating the same on a medical prescription.
 - b) For one-year-old children receiving Food Package IV, the CPA may determine the need for reduced-fat milk without the need for written authorization from the HCP.
 - c) CPA determination of the need for reduced-fat milk for one-year-old children in either Food Package III or IV shall be based on an individual nutrition assessment and consultation with the HCP, as necessary, and shall be documented in the participant record.
7. Soy beverage and tofu for children: Soy beverage and tofu are available as milk substitutes for child participants as allowed by federal WIC regulations.
- a) For a child (≥ 1 year of age) receiving Food Package III, soy beverage and/or tofu as milk substitutes may be prescribed by the HCP. A new prescription must be provided at the time of recertification if continuation is desired. (See Policy and Procedure 3.03 for information on required documentation.) The HCP may authorize the WIC CPA to determine the need for soy beverage and/or tofu by checking “Request WIC professional to determine appropriate supplemental foods and their amounts” or “Request soy beverage and/or tofu to replace milk and/or cheese for child (\geq one-year of age)” on the Maryland WIC Medical Documentation form, or by indicating the same on a medical prescription.
 - b) For children (≥ 1 year of age) receiving Food Package IV, the CPA may determine the need for soy beverage and/or tofu as milk substitutes without the need for written authorization from the HCP.
 - c) CPA determination of the need for soy beverage or tofu for children ≥ 1 year of age in either Food Package III or IV shall be based on an individual nutrition assessment and consultation with the HCP, as necessary, and shall be documented in the participant record.

d) Appropriate reasons for issuance of soy products to child participants include the following:

- 1) Milk allergy;
- 2) Lactose intolerance;
- 3) Vegetarian, including vegan, diets.

8. Soy beverage and tofu for women: Women may request soy beverage and/or tofu to replace milk in the same manner as they would for kosher milk or lactose-free/lactose-reduced milk, without the need to provide medical documentation or CPA approval.

9. Infant fruit and vegetables for women and children: Children \geq 1 year old and woman participants on the Maryland WIC Program receive monetary checks for fruits and vegetables. However, federal WIC regulations allow for infant fruits and vegetables to be given to women and children \geq 1 year old in lieu of the fruit and vegetable check only when prescribed by the HCP as part of Food Package III (See Policy and Procedure 3.00A for definitions of Food Package III).

a. A new prescription must be provided at the time of recertification if continuation is desired. (See Policy and Procedure 3.03 for information on required documentation). The HCP may authorize the WIC CPA to determine the need for infant fruits and vegetables by checking "Request infant fruits and vegetables for a woman or child" or "Request WIC professional to determine appropriate supplemental foods and their amounts" on the Maryland WIC Medical Documentation Form Attachment 3.02E, or by indicating the same on a medical prescription. CPA determination of the need for infant fruits and vegetables, in lieu of the fruit and vegetable check, shall be based on an individual nutrition assessment and consultation with the HCP, as necessary.

b. The request for infant fruits and vegetables shall be documented in the food prescription note screen in the WIC management information system. The medical documentation form or food prescription note shall be scanned into the participant's record. The paper copy should be kept on file at the Local Agency for a minimum of 6 months.

c. Appropriate reasons for issuance of infant fruits and vegetables include the following:

- i. Prematurity;
- ii. Dysphagia;
- iii. Developmental Delays;
- iv. Swallowing Disorders.

Attachments:

- 3.01A Food Packages for Exclusively Breastfeeding Women (BE), Women Breastfeeding Mostly (at least 2 infants), and Women Pregnant with Multiples
- 3.01B Food Packages for Pregnant Women (PG) and Women Breastfeeding Mostly (BPS)
- 3.01C Food Packages for 1 Year Old Children (C1)
- 3.01D Food Packages for 2, 3, and 4 Year Old Children (C2/ C3/C4)
- 3.01E Food Packages for Post-Partum Women (WPP) and Women Breastfeeding Some (BPS)
- 3.01F Food Packages for Breastfeeding Exclusively Multiples (BEM)

References:

1. 7 CFR 246.10 (c)(1)-(3); (e)(1)-(12)
2. 7 CFR 246 Special Supplemental Nutrition Program for Women, Infants, and Children (WIC): Revisions in the Food Packages - Final Rule, 3/4/14

Revisions:

- 10/07 Removed reference to the State Nutrition Unit being able to create a more customized food package. We have customized food packages by making a large number of choices available via the standard drop-down.
- 10/09 Added statement in Policy section that CPAs may customize packages to provide combinations of formulas and other WIC foods based on prescription from health care provider. Revised 1st paragraph in Procedure section pertaining to CPA and CPPA training related to food package prescription. Added statement that whole cow's milk may be provided to children over age two with a health care provider's request and verification by the CPA of specific growth issues. Specified required documentation by the CPA of the whole cow's milk request prior to issuance.
- 01/10 Updated to allow whole milk for women with medical justification. Revised attachments 3.01A, 3.01B & 3.00E to include whole milk packages for women and to reflect the increased monetary value of FVC to \$10.00.
- 10/10 B.1. Changed WIC WISE 1 to WIC WISE training and Nutrition Services Coordinator to Training Services Coordinator.
Attachment 3.01A. Changed title to Food Packages for Exclusively Breastfeeding Women (BE), Women Breastfeeding Mostly (at least 2 infants), and Women Pregnant with Multiples.
Attachments 3.01A-F. Changed food item descriptors from lactose-reduced to lactose-reduced/free milk.
- 01/11 Revised section B (6) of policy to include required procedures for issuance of soy products. Updated attachments 3.01 A-F to include options for soy beverage and tofu food package combinations.

- 10/11 Updated attachments 3.01A-F to include kosher cheese/soy food package options. Also added WPP Lactose-Reduced, (2.5 Gal) 1 # Cheese package.
- 10/12 Revised attachments 3.01A-E: Added new, customizable packages that eliminate quart-size containers by providing an additional half gallon of milk every other month.
- 10/14 A. Policy: Added reference to Policy and Procedure 3.02. Changed Certification Policy and Procedure 2.01 to Policy and Procedure 7.60.
- B. Procedure: Changed “medical foods” to “WIC-eligible nutritionals.” Changed CPA Training to New CPA Training; deleted direction to contact Training Center to enroll staff in this training and replaced with reference to Policy and Procedure 7.60. Updated to allow reduced milk (2%) milk for a one-year-old child, in accordance with federal WIC regulations. Updated to allow CPA determination of the need for whole milk for a woman or child ≥ 2 years old, reduced-fat (2%) milk for a one-year-old child, or soy beverage and/or tofu for children ≥ 1 year of age, when allowed by federal WIC regulations, based on an individual nutrition assessment and consultation with the health care provider as necessary. Deleted B.8 and added it to Policy and Procedure 6.01A under Client Services. Revised attachments 3.01C& 3.01D to reflect the increased monetary value of children’s FVC to \$8.00. Updated References.
- 06/15 Clarified the procedure for issuing supplemental foods in Food Package III and to reflect the language in the revised Maryland WIC Medical Documentation Form. Added a section on the option of replacing the fruit and vegetable check with infant fruits and vegetables for participants receiving Food Package III, when allowed by federal WIC regulations, based on an individual nutrition assessment and consultation with the health care provider. Appropriate reasons were listed for infant foods for women and children including prematurity; dysphagia; developmental delays and swallowing disorders.
- 10/15 3.01 Added that requests for whole milk and/or infant fruits and vegetables in Food Package III shall be scanned in the MIS system and the original request shall be kept on file at the Local Agency for a minimum of six months. Stipulated that all whole milk and or infant fruit and vegetable requests shall also be documented in the participant’s record under food prescription notes. Added unintended weight loss in children ($< 85\%$ BMI for age before weight loss); maternal weight loss or inadequate weight gain in the 2nd or 3rd trimesters; and replaced “maternal weight loss during pregnancy” with total maternal weight loss of $\geq 5\%$ of pre-pregnancy weight in the 1st trimester as indications for whole milk in Food Package III. Added guidance that participants issued whole milk should be monitored closely to prevent excessive weight gain.

Vegetarian diet was added as an indication for issuing a soy beverage and/or tofu.

3.01 A, B, C, D, E & F. Tables were reordered so that the standard food package was listed first. Added "Examples of" to the title and an * to "Please contact the Nutrition Services Unit for questions on food packages". The cash value voucher amounts for women were updated to reflect the change from \$10.00 to \$11.00. Breastfeeding Exclusively with Multiples cash value vouchers amounts were updated to reflect the odd/even packages that alternate between \$16.00 and \$17.00.

Examples of Food Packages for Exclusively Breastfeeding Women (BE), Women Breastfeeding Mostly (at least 2 infants), and Women Pregnant with Multiples*										
Food Package Descriptor	Milk	Cheese	Tofu	Juice (11.5-12 oz conc)	Whole Grains	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter/Beans	Canned Fish
BE—1# Cheese	6 gal fluid	1 lb	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—2# Cheese (5.25 Gal)	5 gal & 1 qt fluid	2 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—2# Cheese	5 gal/5.5gal	2 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—Kosher, 2# Cheese (5.25 Gal)	5 gal & 1 qt fluid (kosher)	2 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—Kosher, 2# Cheese	5 gal/5.5 gal fluid (kosher)	2 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—Kosher, 1# Cheese	6 gal fluid (kosher)	1 lb	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—Lactose-Reduced, 2# Cheese	10 half-gal/11 half gal (lactose reduced/free)	2 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—Lactose-Reduced, 2# Cheese (5 Gal)	10 half-gal (lactose reduced/free)	2 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—Lactose-Reduced, 1# Cheese	12 half-gal fluid (lactose reduced/free)	1 lb	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—Evap Milk/2# Cheese	28 cans	2 lb	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—Evap Milk/1# Cheese	32 cans	1 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—Fluid/Evap Milk/Cheese	3 gal fluid 12 cans Evap	2 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—Dry Milk Powder	4 lbs dry milk powder	2 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—No Milk/Cheese	none	none	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—No Eggs	5 gal & 1 qt fluid	2 lbs	none	3 cans	1 lb	\$11.00	none	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—No Peanut Butter	5 gal & 1 qt fluid	2 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	32 oz. dry or 128 oz canned beans	30 oz
BE—No Fish	5 gal & 1 qt fluid	2 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	none
BE—No Milk, Cheese, Eggs	none	none	none	3 cans	1 lb	\$11.00	none	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—No Milk, Cheese, Peanut Butter	none	none	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	32 oz. dry or 128 oz canned beans	30 oz
BE—No Milk, Cheese, Eggs, Peanut Butter	none	none	none	3 cans	1 lb	\$11.00	none	36 ounces	32 oz. dry or 128 oz canned beans	30 oz

Examples of Food Packages for Exclusively Breastfeeding Women (BE), Women Breastfeeding Mostly (at least 2 infants), and Women Pregnant with Multiples*										
Food Package Descriptor	Milk	Cheese	Tofu	Juice (11.5-12 oz conc)	Whole Grains	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter/Beans	Canned Fish
BE—No Milk, Cheese, Fish	none	none	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	none
BE—No Eggs, Fish (5.25 Gal)	5 gal & 1 qt fluid	2 lbs	none	3 cans	1 lb	\$11.00	none	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	none
BE—No Eggs, Fish	5 gal/5.5 gal fluid	2 lbs	none	3 cans	1 lb	\$11.00	none	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	none
BE—No Milk, Cheese, Eggs, Fish	none	none	none	3 cans	1 lb	\$11.00	none	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	none
BE—No Milk, Cheese, Fish, Peanut Butter	none	none	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz. dry & 64 oz canned beans or 128 oz canned beans	none
BE—No Fish, Peanut Butter (5.25 Gal)	5 gal & 1 qt fluid	2 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz. dry & 64 oz canned beans or 128 oz canned beans	none
BE—No Fish, Peanut Butter	5 gal/ 5.5 gal fluid	2 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz. dry & 64 oz canned beans or 128 oz canned beans	none
BE—No Milk, Cheese, Eggs, Fish, Peanut Butter	none	none	none	3 cans	1 lb	\$11.00	none	36 ounces	16 oz. dry & 64 oz canned beans or 128 oz canned beans	none
BE—1# Cheese, Whole Milk	6 gal fluid	1 lb	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—Whole Evap Milk/1# Cheese	32 cans	1 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—Emergency Housing (5.25 Gal)	10 half-gal & 1 qt fluid	2 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—Emergency Housing	10 half-gal/ 11 half-gal fluid	2 lbs	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—Minimal Refrigeration	96 UHT or 4.8 lbs dry milk powder	1 lb	none	24 of 5.5-6 oz cans	1 lb	\$11.00	none	36 ounces	64 oz canned beans & 18 oz. peanut butter or 128 oz canned beans	30 oz
BE—All Half -Gal Soy Beverage	13.5 half- gal	none	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—4# Tofu, Half-Gal Soy Beverage	11.5 half-gal	none	4 lbs	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—2# Tofu, Half-Gal Soy Beverage	12.5 half-gal	none	2 lbs	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—All Half-Gal Soy Beverage (6 Gal)	12 half- gal	none	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—4# Tofu, Half-Gal Soy Beverage (5 Gal)	10 half-gal	none	4 lbs	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—3# Tofu, Milk Fluid	6 gal fluid	none	3 lbs	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—1# Cheese, Half-Gal Soy Beverage	12 half-gal	1 lbs	None	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—1# Kosher Cheese, Half-Gal Soy Beverage	12 half-gal	1 lbs	None	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz

BE—2# Cheese, Half-Gal Soy Beverage	10.5 half-gal	2 lbs	None	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
Examples of Food Packages for Exclusively Breastfeeding Women (BE), Women Breastfeeding Mostly (at least 2 infants), and Women Pregnant with Multiples*										
Food Package Descriptor	Milk	Cheese	Tofu	Juice (11.5-12 oz conc)	Whole Grains	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter/Beans	Canned Fish
BE—2# Kosher Cheese, Half-Gal Soy Beverage	10.5 half-gal	2 lbs	None	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—2# Cheese, Half-Gal Soy Beverage (4.5 Gal)	9 half-gal	2 lbs	None	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—2# Kosher Cheese, Half-Gal Soy Beverage (4.5 Gal)	9 half-gal	2 lbs	None	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—All Quart Soy Beverage	27 qt	none	none	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—4# Tofu, Quart Soy Beverage	23 qt	none	4 lbs	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—2# Tofu, Quart Soy Beverage	22qt	none	2 lbs	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—1# Cheese, Quart Soy Beverage	24 qt	1 lbs	None	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—1# Kosher Cheese, Quart Soy Beverage	24qt	1 lbs	None	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—2# Cheese, Quart Soy Beverage	21 qt	2 lbs	None	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz
BE—2# Kosher Cheese, Quart Soy Beverage	21 qt	2 lbs	None	3 cans	1 lb	\$11.00	2 dozen	36 ounces	16 oz dry or 64 oz canned beans & 18 oz. peanut butter	30 oz

*Please contact the Nutrition Services Unit for questions on food packages.

Examples of Food Packages for Pregnant Women (PG) and Women Breastfeeding Mostly (BPM) *								
Food Package Descriptor	Milk	Cheese	Juice (11.5-12 oz conc)	Whole Grains	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter/Beans
PG/BPM—All Milk	5 gal & 1 half-gal fluid	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—1# Cheese (4.75 Gal)	4 gal & 1 half-gal & 1 qt fluid	1 lb	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—1# Cheese	4.5 gal/ 5 gal fluid	1 lb	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Kosher, 1# Cheese (4.75 Gal)	4 gal & 1 half-gal & 1 qt fluid (kosher)	1 lb	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Kosher, 1# Cheese	4.5 gal/ 5 gal fluid (kosher)	1 lb	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Kosher, All Milk	5 gal & 1 half-gal fluid (kosher)	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Lactose-Reduced, 1# Cheese	9 half-gal/10 half-gal fluid (lactose reduced/free)	1 lbs	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Lactose-Reduced (4 Gal), 1# Cheese	8 half-gal (lactose reduced/free)	1 lbs	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Lactose-Reduced, All Milk	11 half-gal fluid (lactose reduced/free)	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Evap Milk	29 cans	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Evap Milk/Cheese	25 cans	1 lb	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Fluid/Evap Milk/Cheese	3 gal fluid 9 cans evap	1 lb	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Fluid/Evap Milk	4 gal fluid 8 cans evap	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Dry Milk Powder	4 lbs dry milk powder	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—No Milk/Cheese	none	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—No Eggs (4.75 Gal)	4 gal & 1 half-gal & 1 qt fluid	1 lb	3 cans	1 lb	\$11.00	none	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—No Eggs	4.5 gal/ 5 gal fluid	1 lb	3 cans	1 lb	\$11.00	none	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—No Peanut Butter (4.75 Gal)	4 gal & 1 half-gal & 1 qt fluid	1 lb	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry & 64 oz canned beans or 128 oz canned beans
PG/BPM—No Peanut Butter	4.5 gal/5 gal fluid	1 lb	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry & 64 oz canned beans or 128 oz canned beans
PG/BPM—No Milk, Cheese, Eggs	none	none	3 cans	1 lb	\$11.00	none	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—No Milk, Cheese, Peanut Butter	none	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry & 64 oz canned beans or 128 oz canned beans
PG/BPM—No Milk, Cheese, Eggs, Peanut Butter	none	none	3 cans	1 lb	\$11.00	none	36 ounces	16 oz. dry & 64 oz canned beans or 128 oz canned beans

Examples of Food Packages for Pregnant Women (PG) and Women Breastfeeding Mostly (BPM)*									
Food Package Descriptor	Milk	Cheese	Tofu	Juice (11.5-12 oz conc)	Whole Grains	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter/Beans
PG/BPM—Whole milk, 1# Cheese (4.75 Gal)	4 gal & 1 half-gal & 1 qt fluid	1 lb	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Whole milk, 1# Cheese	4.5 gal/ 5 gal fluid	1 lb	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Whole Evap Milk/1# Cheese	25 cans	1 lb	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Emergency Housing (4.75 Gal)	9 half-gal & 1 qt fluid	1 lb	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Emergency Housing	9 half-gal / 10 half-gal fluid	1 lb	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—Minimal Refrigeration	88 UHT or 4.4 lbs dry milk powder	none	none	24 of 5.5-6 oz cans	1 lb	\$11.00	none	36 ounces	18 oz peanut butter & 64 oz canned beans or 128 oz canned beans
PG/BPM—All Half-Gal Soy Beverage	11 half-gal	none	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—4# Tofu, Half-Gal Soy Beverage	9 half-gal	none	4 lbs	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—2# Tofu, Half-Gal Soy Beverage	10 half-gal	none	2 lbs	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—2# Tofu, Milk Fluid	5 gal	none	2 lbs	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—1# Cheese, Half-Gal Soy Beverage	9.5 half-gal	1 lbs	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—1# Kosher Cheese, Half-Gal Soy Beverage	9.5 half-gal	1 lbs	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—1# Cheese, Half-Gal Soy Beverage (4 GAL)	8 half-gal	1 lbs	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—1# Kosher Cheese, Half-Gal Soy Beverage (4 GAL)	8 half-gal	1 lbs	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—All Quart Soy Beverage	22 qt	none	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—4# Tofu, Quart Soy Beverage	18 qt	none	4 lbs	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—2# Tofu, Quart Soy Beverage	20 qt	none	2 lbs	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—1# Cheese, Quart Soy Beverage	19 qt	1 lbs	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter
PG/BPM—1# Kosher Cheese, Quart Soy Beverage	19 qt	1 lbs	none	3 cans	1 lb	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans & 18 oz. peanut butter

*Please contact the Nutrition Services Unit for questions on food packages.

Examples of Food Packages for 1 Year Old Children (C1)*

Food Package Descriptor	Milk	Cheese	Tofu	Juice (64 oz bottles)	Whole Grains	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter and/or Beans
C1—All Milk	4 gal fluid	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—1# Cheese (3.25 Gal)	3 gal & 1 qt fluid	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—1# Cheese	3 gal/3.5 gal fluid	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—Kosher, 1# Cheese (3.25 Gal)	3 gal & 1 qt fluid (kosher)	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—Kosher, 1# Cheese	3 gal/3.5 gal fluid (kosher)	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—Kosher, All Milk	4 gal fluid (kosher)	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—Lactose-Reduced, 1# Cheese	6 half-gal/ 7 qt fluid (lactose reduced/free)	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—Lactose-Reduced, All Milk	8 half-gal fluid (lactose reduced/free)	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—Evap Milk	21 cans	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—Lactose-Reduced (2.5 Gal), 1# Cheese	5 half-gal fluid (lactose reduced/ free)	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—Evap Milk/Cheese	17 cans	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—Fluid/Evap Milk/Cheese	1.5 gal fluid 9 cans evap	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—Fluid/Evap Milk	2 gal & 1 qt fluid 5 cans evap	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—Fluid/Dry Milk Powder (High Protein)	2 .5 gal fluid 9.6 oz dry milk powder	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—Dry Milk Powder	2.4 lbs dry milk powder	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1/C2/C3/C4 —No Milk, Cheese, Peanut Butter	none	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—No Eggs, Peanut Butter (3.25 Gal)	3 gal & 1 qt fluid	1 lb	none	2 bottles	2 lbs	\$8.00	none	36 ounces	16 oz. dry or 64 oz canned beans
C1—No Eggs, Peanut Butter	3 gal/ 3.5 gal fluid	1 lb	none	2 bottles	2 lbs	\$8.00	none	36 ounces	16 oz. dry or 64 oz canned beans
C1/C2/C3/C4—No Milk, Cheese, Eggs, Peanut Butter	none	none	none	2 bottles	2 lbs	\$8.00	none	36 ounces	16 oz dry or 64 oz canned beans
C1—1# Cheese w/Infant Cereal (3.25 Gal)	3gal & 1 qt fluid	1 lbs	none	2 bottles	2 lbs	\$8.00	1 dozen	32 ounces Infant type	16 oz. Beans or 64 oz canned beans
C1—1# Cheese w/Infant Cereal	3gal/3.5 gal fluid	1 lbs	none	2 bottles	2 lbs	\$8.00	1 dozen	32 ounces Infant type	16 oz. Beans or 64 oz canned beans

Examples of Food Packages for 1 Year Old Children (C1)*									
Food Package Descriptor	Milk	Cheese	Tofu	Juice (64 oz bottles)	Whole Grains	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter and/or Beans
C1—Emergency Housing (3.25 Gal)	6 half-gal & 1 qt fluid	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—Emergency Housing	6 half-gal/ 7 half-gal fluid	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—Minimal Refrigeration	64 UHT or 3.2 lb dry milk powder	none	none	20 of 5.5-6 oz cans	2 lbs	\$8.00	none	36 ounces	64 oz canned beans
C1—All Half-Gal Soy Beverage	8 half-gal	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—4# Tofu, Half-Gal Soy Beverage	6 half-gal	none	4 lbs	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—2# Tofu, Half-Gal Soy Beverage	7 half-gal	none	2 lbs	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—4# Tofu, Fluid Milk	6 half-gal	none	4 lbs	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—2# Tofu, Fluid Milk	7 half-gal	none	2 lbs	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—1# Cheese, Half-Gal Soy Beverage	6.5 half-gal	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—1# Kosher Cheese, Half-Gal Soy Beverage	6.5 half-gal	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—1# Cheese, Half-Gal Soy Beverage (2.5 Gal)	5 half-gal	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—1# Kosher Cheese, Half-Gal Soy Beverage (2.5 Gal)	5 half-gal	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—All Quart Soy Beverage	16 qt	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—4# Tofu, Quart Soy Beverage	12 qt	none	4 lbs	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—2# Tofu, Quart Soy Beverage	14 qt	none	2 lbs	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—1# Cheese, Quart Soy Beverage	13 qt	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans
C1—1# Kosher Cheese, Quart Soy Beverage	13 qt	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz dry or 64 oz canned beans

* Please contact the Nutrition Services Unit for questions on food packages.

Examples of Food Packages for 2, 3, and 4 year old Children (C2/C3/C4)*

Food Package Descriptor	Milk	Cheese	Tofu	Juice (64 oz bottles)	Whole Grains	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter and/or Beans
C2/C3/C4—All Milk	4 gal fluid	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—1# Cheese (3.25 Gal)	3 gal & 1 qt fluid	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—1# Cheese	3 gal / 3.5 gal fluid	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Kosher, 1# Cheese (3.25 Gal)	3 gal & 1 qt fluid (kosher)	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Kosher, 1# Cheese	3 gal / 3.5 gal fluid (kosher)	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Kosher, All Milk	4 gal fluid (kosher)	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Lactose-Reduced, 1# Cheese	6 half-gal/ 7 half-gal fluid (lactose reduced/free)	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Lactose-Reduced, All Milk	8 half-gal fluid (lactose reduced/free)	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4--Evap Milk	21 cans	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Evap Milk/Cheese	17 cans	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Fluid/Evap Milk/Cheese	1.5 gal fluid 9 cans evap	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Fluid/Evap Milk	2.5 gal fluid 8 cans evap	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Fluid/Dry Milk Powder/1# Cheese (High Protein)	2.5 gal fluid & 9.6 oz dry milk powder	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Dry Milk Powder	2.4 lbs. dry milk powder	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—No Milk/Cheese	none	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—No Eggs (3.25 Gal)	3 gal & 1 qt fluid	1 lb	none	2 bottles	2 lbs	\$8.00	none	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—No Eggs	3 gal/ 3.5 gal fluid	1 lb	none	2 bottles	2 lbs	\$8.00	none	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—1# Cheese , No Peanut Butter (3.25 Gal)	3 gal & 1 qt fluid	1 lbs	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. Beans or 64 oz canned beans
C2/C3/C4—1# Cheese , No Peanut Butter	3 gal/ 3.5 gal 1 qt fluid	1 lbs	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. Beans or 64 oz canned beans
C2/C3/C4—No Milk, Cheese, Eggs	none	none	none	2 bottles	2 lbs	\$8.00	none	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C1/C2/C3/C4—No Milk, Cheese, Peanut Butter	none	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans
C1/C2/C3/C4—No Milk, Cheese, Eggs, Peanut Butter	none	none	none	2 bottles	2 lbs	\$8.00	none	36 ounces	16 oz. dry or 64 oz canned beans

Examples of Food Packages for 2, 3, and 4 year old Children (C2/C3/C4)									
Food Package Descriptor	Milk	Cheese	Tofu	Juice (64 oz bottles)	Whole Grains	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter and/or Beans
C2/C3/C4—No Eggs, Peanut Butter (3.25 Gal)	3 gal & 1 qt fluid	1 lb	none	2 bottles	2 lbs	\$8.00	none	36 ounces	16 oz. dry or 64 oz canned beans
C2/C3/C4—No Eggs, Peanut Butter	3 gal/ 3.5 gal fluid	1 lb	none	2 bottles	2 lbs	\$8.00	none	36 ounces	16 oz. dry or 64 oz canned beans
C2/C3/C4—1# Cheese w/ Infant Cereal -No Peanut Butter (3.25 Gal)	3 gal & 1 qt fluid	1 lbs	none	2 bottles	2 lbs	\$8.00	1 dozen	32 ounces Infant	16 oz. Beans or 64 oz canned beans
C2/C3/C4—1# Cheese w/ Infant Cereal -No Peanut Butter	3 gal/ 3.5 gal fluid	1 lbs	none	2 bottles	2 lbs	\$8.00	1 dozen	32 ounces Infant	16 oz. Beans or 64 oz canned beans
C2/C3/C4—Whole Milk, 1# Cheese (3.25 Gal)	3 gal & 1 qt fluid	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Whole Milk, 1# Cheese	3 gal /3.5 gal fluid	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Kosher Whole Milk, 1# Cheese (3.25 Gal)	3 gal & 1 qt fluid (kosher)	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Kosher Whole Milk, 1# Cheese	3 gal / 3.5 gal fluid (kosher)	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Lactose-Reduced Whole (2.5 GAL), 1# Cheese	5 half-gal (lactose reduced/free)	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Evap Whole Milk	21 cans	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Fluid/Dry Whole Milk Powder/1# Cheese (High Protein)	2.5 gal fluid & 9.6 oz dry milk powder	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Emergency Housing	6 half gal & 1 qt fluid	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—Minimal Refrigeration	64 UHT or 3.2 lb dry milk powder	none	none	20 of 5.5-6 oz cans	2 lbs	\$8.00	none	36 ounces	64 oz canned beans
C2/C3/C4—All Half-Gal Soy Beverage	8 half-gal	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—4# Tofu, Half-Gal Soy Beverage	6 half-gal	none	4 lbs	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—2# Tofu, Half-Gal Soy Beverage	7 half-gal	none	2 lbs	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—4# Tofu, Fluid Milk	6 half-gal	none	4 lbs	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—2# Tofu, Fluid Milk	7 half-gal	none	2 lbs	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—1# Cheese, Half-Gal Soy Beverage	6.5 half-gal	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter

Examples of Food Packages for 2, 3, and 4 year old Children (C2/C3/C4)									
Food Package Descriptor	Milk	Cheese	Tofu	Juice (64 oz bottles)	Whole Grains	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter and/or Beans
C2/C3/C4—1# Kosher Cheese, Half-Gal Soy Beverage	6.5 half-gal	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—1# Cheese, Half-Gal Soy Beverage (2.5 Gal)	5 half-gal	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—1# Kosher Cheese, Half-Gal Soy Beverage (2.5 Gal)	5 half-gal	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—All Quart Soy Beverage	16 qt	none	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—4# Tofu, Quart Soy Beverage	12 qt	none	4 lbs	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—2# Tofu, Quart Soy Beverage	14 qt	none	2 lbs	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—1# Cheese, Quart Soy Beverage	13 qt	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
C2/C3/C4—1# Kosher Cheese, Quart Soy Beverage	13 qt	1 lb	none	2 bottles	2 lbs	\$8.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter

* Please contact the Nutrition Services Unit for questions on food packages.

Examples of Food Packages for Postpartum Women (WPP) and Women Breastfeeding Some (BPS)*

Food Package Descriptor	Milk	Cheese	Tofu	Juice (11.5-12 oz conc)	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter and/or Beans
WPP/BPS —All Milk	4 gal fluid	none	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS— 1# Cheese (3.25 Gal)	3 gal & 1 qt fluid	1 lbs	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —1# Cheese	3 gal/3.5 gal	1 lbs	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —Kosher, 1# Cheese (3.25 Gal)	3 gal & 1 qt fluid (kosher)	1 lbs	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —Kosher, 1# Cheese	3 gal/3.5 gal fluid (kosher)	1 lbs	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —Kosher, All Milk	4 gal fluid (kosher)	none	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS Lactose Reduced, 1# Cheese	6 half-gal/7 half- gal fluid (lactose reduced/free)	1 lbs	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —Lactose Reduced (2.5 Gal), 1# Cheese	5 half-gal fluid (lactose reduced/free)	1 lbs	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —Lactose Reduced, All Milk	4 gal fluid (lactose reduced/free)	none	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —Evap Milk	21 cans	none	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —Evap Milk/Cheese	17 cans	1 lb	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —Fluid/Evap Milk/Cheese	1 gal & 1 qt fluid 5 cans evap.	1 lb	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter

Examples of Food Packages for Postpartum Women (WPP) and Women Breastfeeding Some (BPS)*

Food Package Descriptor	Milk	Cheese	Tofu	Juice (11.5-12 oz conc)	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter and/or Beans
WPP/BPS —Fluid/Evap Milk	2 gal & 1 qt fluid 9 cans evap.	none	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —Dry Milk Powder	2.4 lbs dry milk powder	1 lb	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —No Milk/Cheese	none	none	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —No Eggs (3.25 Gal)	3 gal & 1 qt fluid	1 lbs	none	2 cans	\$11.00	none	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —No Eggs	3 gal/ 3.5 gal fluid	1 lbs	none	2 cans	\$11.00	none	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —No Peanut Butter (3.25 Gal)	3 gal & 1 qt fluid	1 lbs	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans
WPP/BPS —No Peanut Butter	3 gal/3.5 gal fluid	1 lbs	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans
WPP/BPS —No Milk, Cheese, Eggs	none	none	none	2 cans	\$11.00	none	36 ounces	16 oz. dry or 64 oz canned beans
WPP/BPS —No Eggs, Peanut Butter (3.25 Gal)	3 gal & 1 qt fluid	1 lbs	none	2 cans	\$11.00	none	36 ounces	16 oz. dry or 64 oz canned beans
WPP/BPS —No Eggs, Peanut Butter	3 gal/ 3.5 gal fluid	1 lbs	none	2 cans	\$11.00	none	36 ounces	16 oz. dry or 64 oz canned beans
WPP/BPS —No Milk, Cheese, Peanut Butter	none	none	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans
WPP/BPS —No Milk, Cheese, Eggs, Peanut Butter	none	none	none	2 cans	\$11.00	none	36 ounces	16 oz. dry or 64 oz canned beans
WPP/BPS —Whole Evap Milk/Cheese	17 cans	1 lb	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —Emergency Housing (3.25 Gal)	6 half gal & 1 qt fluid	1 lbs	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —Emergency Housing	6 half gal/7 half gal	1 lbs	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —Minimal Refrigeration	64 UHT or 3.2 lbs dry milk powder	none	none	16 of 5.5-6 oz cans	\$11.00	none	36 ounces	64 oz canned beans

Examples of Food Packages for Postpartum Women (WPP) and Women Breastfeeding Some (BPS)*

Food Package Descriptor	Milk	Cheese	Tofu	Juice (11.5-12 oz conc)	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter and/or Beans
WPP/BPS —All Half-Gal Soy Beverage Milk	8 half gal	none	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —4# Tofu, Half-Gal Soy Beverage Milk	6 half gal	none	4 lbs	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —2# Tofu, Half-Gal Soy Beverage Milk	7 half gal	none	2 lbs	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —4# Tofu, Milk Fluid	3 gal fluid	none	4 lbs	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —2# Tofu, Milk Fluid	3 .5 gal fluid	none	2 lbs	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —1# Cheese, Half-Gal Soy Beverage	6.5 half gal	1 lb	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —1# Kosher Cheese, Half-Gal Soy Beverage	6.5 half gal	1 lb	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —1# Cheese, Half-Gal Soy Beverage (2.5 Gal)	5 half gal	1 lb	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —1# Kosher Cheese, Half-Gal Soy Beverage (2.5 Gal)	5 half gal	1 lb	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —All Quart Soy Beverage Milk	16 qt	none	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —4# Tofu, Quart Soy Beverage Milk	12 qt	none	4 lbs	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —2# Tofu, Quart Soy Beverage Milk	14 qt	none	4 lbs	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —1# Cheese, Quart Soy Beverage	13 qt	1 lb	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter
WPP/BPS —1# Kosher Cheese, Quart Soy Beverage	13 qt	1 lb	none	2 cans	\$11.00	1 dozen	36 ounces	16 oz. dry or 64 oz canned beans or 18 oz. peanut butter

* Please contact the Nutrition Services Unit for questions on food packages.

Examples of Food Packages for Women Exclusively Breastfeeding Multiples (BEM)*										
Food Package Descriptor	Milk	Cheese	Tofu	Juice (11.5-12 oz conc)	Whole Grains	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter/Beans	Canned Fish
BEM—1.5# Cheese odd numbered months	9 gal. fluid	1 1/2 lbs.	none	4 cans	2 lbs.	\$16.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—1.5# Cheese even numbered months	9 gal. fluid	1 1/2 lbs.	none	5 cans	1 lb.	\$17.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—3# Cheese odd numbered months	7 ½ gal. & 1 qt. fluid	3 lbs.	none	4 cans	2 lbs.	\$16.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—3# Cheese even numbered months	8 gal. fluid	3 lbs.	none	5 cans	1 lb.	\$17.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—Kosher, 3# Cheese odd numbered months	7½ gal. & 1 qt. fluid (kosher)	3 lbs.	none	4 cans	2 lbs.	\$16.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—Kosher, 3# Cheese even numbered months	8 gal. fluid (kosher)	3 lbs.	none	5 cans	1 lb.	\$17.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—Kosher, 1.5# Cheese odd numbered months	9 gal. fluid (kosher)	1 1/2 lbs.	none	4 cans	2 lbs.	\$16.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—Kosher 1.5# Cheese even numbered months	9 gal. fluid (kosher)	1 1/2 lbs.	none	5 cans	1 lb.	\$17.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—Lactose-Reduced, 3# Cheese odd numbered months	15 half- gal. & 1 qt. (lactose reduced/free)	3 lbs.	none	4 cans	2 lbs.	\$16.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—Lactose-Reduced, 3# Cheese even numbered months	16 half- gal. (lactose reduced/free)	3 lbs.	none	5 cans	1 lb.	\$17.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—Lactose-Reduced, 1.5 # Cheese odd numbered months	18 half-gal. fluid (lactose reduced/free)	1 1/2 lbs.	none	4 cans	2 lbs.	\$16.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—Lactose-Reduced, 1.5 # Cheese even numbered months	18 half-gal. fluid (lactose reduced/free)	1 1/2 lbs.	none	5 cans	1 lb.	\$17.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—Evap Milk/3# Cheese odd numbered months	42 cans	3 lbs.	none	4 cans	2 lbs.	\$16.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—Evap Milk/3# Cheese even numbered months	42 cans	3 lbs.	none	5 cans	1 lb.	\$17.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz

Examples of Food Packages for Women Exclusively Breastfeeding Multiples (BEM)*										
Food Package Descriptor	Milk	Cheese	Tofu	Juice (11.5- 12 oz conc)	Whole Grains	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter/Beans	Canned Fish
BEM—No Milk, Cheese, Eggs odd numbered months	none	none	none	4 cans	2 lbs.	\$16.00	none	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—No Milk, Cheese, Eggs even numbered months	none	none	none	5 cans	1 lb.	\$17.00	none	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—No Milk, Cheese, Peanut Butter odd numbered months	none	none	none	4 cans	2 lbs.	\$16.00	3 dozen	54 ounces	48 oz. dry or 192 oz canned beans	45 oz
BEM—No Milk, Cheese, Peanut Butter even numbered months	none	none	none	5 cans	1 lb.	\$17.00	3 dozen	54 ounces	48 oz. dry or 192 oz canned beans	45 oz
BEM—No Milk, Cheese, Eggs, Peanut Butter odd numbered months	none	none	none	4 cans	2 lbs.	\$16.00	none	54 ounces	48 oz. dry or 192 oz canned beans	45 oz
BEM—No Milk, Cheese, Eggs, Peanut Butter even numbered months	none	none	none	5 cans	1 lb.	\$17.00	none	54 ounces	48 oz. dry or 192 oz canned beans	45 oz
BEM—No Milk, Cheese, Fish odd numbered months	none	none	none	4 cans	2 lbs.	\$16.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	none
BEM—No Milk, Cheese, Fish even numbered months	none	none	none	5 cans	1 lb.	\$17.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	none
BEM—No Eggs, Fish odd numbered months	7½ gal. & 1qt. fluid	3 lbs.	none	4 cans	2 lbs.	\$16.00	none	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	none
BEM—No Eggs, Fish even numbered months	8 gal. fluid	3 lbs.	none	5 cans	1 lb.	\$17.00	none	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	none
BEM—No Milk, Cheese, Eggs, Fish odd numbered months	none	none	none	4 cans	2 lbs.	\$16.00	none	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	none
BEM—No Milk, Cheese, Eggs, Fish even numbered months	none	none	none	5 cans	1 lb.	\$17.00	none	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	none
BEM—No Milk, Cheese, Fish, Peanut Butter odd numbered months	none	none	none	4 cans	2 lbs.	\$16.00	3 dozen	54 ounces	48 oz. dry or 192 oz canned beans	none
BEM—No Milk, Cheese, Fish, Peanut Butter even numbered months	none	none	none	5 cans	1 lb.	\$17.00	3 dozen	54 ounces	48 oz. dry or 192 oz canned beans	none

Examples of Food Packages for Women Exclusively Breastfeeding Multiples (BEM)*										
Food Package Descriptor	Milk	Cheese	Tofu	Juice (11.5-12 oz conc)	Whole grains	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter/Beans	Canned Fish
BEM—No Fish, Peanut Butter odd numbered months	7½ gal. & 1 qt. fluid	3 lbs.	none	4 cans	2 lbs.	\$16.00	3 dozen	54 ounces	48 oz. dry or 192 oz canned beans	none
BEM—No Fish, Peanut Butter even numbered months	8 gal. fluid	3 lbs.	none	5 cans	1 lb.	\$17.00	3 dozen	54 ounces	48 oz. dry or 192 oz canned beans	none
BEM—No Milk, Cheese, Eggs, Fish, Peanut Butter odd numbered months	none	none	none	4 cans	2 lbs.	\$16.00	none	54 ounces	48 oz. dry or 192 oz canned beans	none
BEM—No Milk, Cheese, Eggs, Fish, Peanut Butter even numbered months	none	none	none	4 cans	2 lbs.	\$17.00	none	54 ounces	48 oz. dry or 192 oz canned beans	none
BEM—Emergency Housing odd numbered months	15 half-gal. & 1 qt. fluid	3 lbs.	none	4 cans	2 lbs.	\$16.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—Emergency Housing even numbered months	16 half-gal. fluid	3 lbs.	none	5 cans	1 lb.	\$17.00	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—Minimal Refrigeration odd numbered months	6.6 lbs. dry milk powder	1 ½ lbs.	none	36 of 5.5-6 oz cans	2 lbs.	\$16.00	none	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—Minimal Refrigeration even numbered months	6.6 lbs. dry milk powder	1 ½ lbs.	none	36 of 5.5-6 oz cans	1 lb.	\$17.00	none	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—All Half-Gal Soy Beverage	20 half-gal	none	none	4 cans	2 lbs.	\$16.00 (odd), \$17.00 (even)	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—6# Tofu, Half-Gal Soy Beverage	17 half-gal	none	6 lbs	4 cans	2 lbs.	\$16.00 (odd), \$17.00 (even)	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—4# Tofu, Half-Gal Soy Beverage	18 half-gal	none	4 lbs	4 cans	2 lbs.	\$16.00 (odd), \$17.00 (even)	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz

Examples of Food Packages for Women Exclusively Breastfeeding Multiples (BEM)*										
Food Package Descriptor	Milk	Cheese	Tofu	Juice (11.5-12 oz conc)	Whole grains	Fruit and Vegetables (cash value)	Eggs	Cereal	Peanut Butter/Beans	Canned Fish
BEM—2# Tofu, Half-Gal Soy Beverage	19 half-gal	none	2 lbs	4 cans	2 lbs.	\$16.00 (odd), \$17.00 (even)	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—6# Tofu, Fluid Milk	8.5 gal	none	6 lbs	4 cans	2 lbs.	\$16.00 (odd), \$17.00 (even)	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—4# Tofu, Fluid Milk	9 gal	none	4 lbs	4 cans	2 lbs.	\$16.00 (odd), \$17.00 (even)	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—2# Tofu, Fluid Milk	9.5 gal	none	2 lbs	4 cans	2 lbs.	\$16.00 (odd), \$17.00 (even)	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—2# Cheese, Half-Gal Soy Beverage	17 half-gal	2 lbs	none	4 cans	2 lbs.	\$16.00 (odd), \$17.00 (even)	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—2# Kosher Cheese, Half-Gal Soy Beverage	17 half-gal	2 lbs	none	4 cans	2 lbs.	\$16.00 (odd), \$17.00 (even)	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—All Quart Soy Beverage	40 qt	none	none	4 cans	2 lbs.	\$16.00 (odd), \$17.00 (even)	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—6# Tofu, Quart Soy Beverage	34 qt	none	6 lbs	4 cans	2 lbs.	\$16.00 (odd), \$17.00 (even)	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—4# Tofu, Quart Soy Beverage	36 qt	none	4 lbs	4 cans	2 lbs.	\$16.00 (odd), \$17.00 (even)	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—2# Tofu, Quart Soy Beverage	38 qt	none	2 lbs	4 cans	2 lbs.	\$16.00 (odd),	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz	45 oz

						\$17.00 (even)			peanut butter	
BEM—2# Cheese, Quart Soy Beverage	34 qt	2 lbs	none	4 cans	2 lbs.	\$16.00 (odd), \$17.00 (even)	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz
BEM—2# Kosher Cheese, Quart Soy Beverage	34 qt	2 lbs	none	4 cans	2 lbs.	\$16.00 (odd), \$17.00 (even)	3 dozen	54 ounces	32 oz dry or 128 oz canned beans & 18 oz peanut butter	45 oz

* Please contact the Nutrition Services Unit for questions on food packages.

MARYLAND DEPARTMENT OF HEALTH AND MENTAL HYGIENE
WIC PROGRAM
POLICY AND PROCEDURE MANUAL

Policy and Procedure Number: 3.02
Effective Date: July 15, 1998
Revised Date: July 1, 2016

SECTION: FOOD PACKAGES

SUBJECT: Provision of Formulas for Infants

A. Policy

1. Authorized Infant Formulas:

Federal Regulations require that all WIC authorized infant formulas must:

- a. meet **the definition** for an infant formula as stated in the Federal Food, Drug, and Cosmetic Act;
- b. meet **the requirements** for an infant formula under the Federal Food, Drug and Cosmetic Act;
- c. meet **the requirements** for an infant formula under the 7 Code of Federal Regulations, Chapter Two, Part 246:
 - i. provide at least 1.5 mg iron/100 kilocalories (10 mg iron per liter) at standard dilution;
 - ii. provide at least 20 kilocalories per fluid ounce (67 kilocalories per 100 milliliters) at standard dilution.
 - iii. not require the addition of any ingredients other than water prior to being served in a liquid state.

2. Unauthorized Infant Formulas:

- a. Non-contract infant formulas, i.e., Enfamil Newborn, Enfamil Infant, Similac Isomil Soy, Enfamil Prosobee, Enfamil Gentlease, Enfamil AR Good Start Gentle, Good Start Soothe and private label infant formulas.
- b. Low-calorie infant formulas.
- c. Cow's milk or Goat's milk.
- d. Formulas designed for less than one month's use, as per manufacturer guidelines.
- e. Modular products, e.g., Beneprotein, Duocal, Polycal, Resource Thicken-Up.

3. Contract Infant Formula:

Contract infant formula means all infant formulas (except exempt infant formulas) produced by the manufacturer awarded the infant formula cost containment contract. Federal WIC Regulations requires that all WIC programs have a cost-containment contract for milk-based and soy-based infant formulas.

a. The contract formulas in Maryland are:

	Type	Forms	WIC Size
Similac Advance <i>Abbott Nutrition</i>	Milk-protein based	Powder	12.4 oz.
		Concentrate	13 fl. oz.
		Ready-to-Feed*	32 fl. oz.
Gerber Good Start Soy <i>Nestlé</i>	Soy-protein based Milk-free Lactose-free	Powder	12.9 oz.
		Concentrate	12.1 fl. oz
		Ready-to-Feed*	8.45 fl. oz bottles

*Ready-to-feed is only issued in rare circumstances, please see 6b and c, below.

4. Special Issue Contract Formulas:

A special issue contract infant formula is produced by the manufacturer that was awarded the milk-based and/or soy-based contract and is part of the cost-containment contract. In contrast to a contract formula, the special issue contract formulas shall only be issued when prescribed by a Health Care Professional (HCP)¹ on the Maryland WIC Medical Documentation Form (Attachment 3.02 C) or prescription note for a specific medical diagnosis. **All requests are subject to CPA² approval.**

- a. Special Issue Contract Infant Formulas are similar to exempt infant formulas in that they require the same medical documentation.
- b. Special issue contract infant formulas shall only be issued as part of **Food Package III** to infants **with documented qualifying medical conditions** (please see 7a for qualifying conditions).

c. The special issue contract formulas in Maryland are:

	Type	Forms	WIC Size
Similac Sensitive <i>Abbott Nutrition</i>	Milk-protein based Lactose-reduced	Powder	12.0 oz.
		Concentrate	N/A
		Ready-to-Feed*	32 fl. oz.
Similac Spit-Up <i>Abbott Nutrition</i>	Milk-protein based Lactose-reduced Rice-starch added	Powder	12.0 oz
		Concentrate	N/A
		Ready-to-Feed*	32 fl. oz.
Similac Total Comfort <i>Abbott Nutrition</i>	Milk-protein as whey protein hydrolysate Lactose-reduced	Powder	12.0 oz.
		Concentrate	N/A
		Ready-to-Feed*	2 fl. oz. bottles

*Ready-to-feed is only issued in rare circumstances, please see 6b and c, below.

¹ A Health Care Provider (HCP) is defined as a practitioner with prescriptive authority, i.e., physician, certified nurse practitioner, certified nurse-midwife or physician's assistant.

² A WIC Competent Professional Authority (CPA) is defined by federal WIC regulations as a local agency staff member that is authorized to determine nutritional risk, review formula requests, and prescribe supplemental foods.

5. Exempt Infant Formulas:

An exempt infant formula is an infant formula that is not eligible for the cost-containment contract but may be authorized by Maryland WIC. These formulas are designed for specific medical conditions. Exempt infant formulas shall only be issued when prescribed by a HCP on the Maryland WIC Medical Documentation Form or prescription note for a specific qualifying medical condition (please see 7a and b). **All requests are subject to CPA approval.**

- a. Exempt Infant Formulas must meet the requirements and regulations for an exempt infant formula under the Federal Food, Drug and Cosmetic Act.
- b. Exempt infant formulas shall only be issued as part of **Food Package III** to infants with **documented qualifying medical conditions** (please see 7a for qualifying conditions).
- c. The following are **EXAMPLES of Maryland WIC Authorized Exempt-Infant Formulas** and are not inclusive of all the exempt infant formulas that are currently authorized. Please contact the State Nutrition and Breastfeeding Services Unit with questions.

1. Alfamino Infant
2. Alimentum
3. EleCare for Infants
4. EleCare Junior
5. EnfaCare
6. Enfamil 24
7. Enfamil Premature 24 High Protein Cal
8. Enfamil Premature 20, 24, and 30 Cal
9. EnfaPort
10. Gerber Extensive HA
11. Neocate Infant
12. Neocate Junior
13. NeoSure
14. Nutramigen
15. Pregestimil
16. PurAmino
17. Similac 60:40
18. Similac Special Care High Protein 24
19. Similac Special Care with Iron 20, 24, and 30

6. Quantities and Types:

- a. Federal WIC Regulations define the maximum monthly allowance (MMA) as the maximum amount of infant formula WIC shall provide based on the infant's age and category (see attachment 3.02B for the Maximum Monthly Allowances). The type of infant formula (concentrate, powder, or ready-to-feed [RTF]) must conform to Federal WIC Regulations for Food Packages I, II and III (See Policy and Procedure 3.00 A).
- b. WIC Regulations state that ready-to-feed (RTF) formula may be authorized only by a CPA. The CPA shall be responsible for making the determination that RTF is appropriate and documenting the rationale for issuing RTF formula in the participant's record under the Food Prescription Notes screen.
- c. One of the following conditions must be met to issue RTF:
 - i. The formula is only available in the RTF form.
 - ii. Caregivers have an unsanitary or restricted water supply.
 - iii. There is poor refrigeration.
 - iv. The caregiver may have difficulty in correctly diluting concentrated liquid or powdered formula.

7. Qualifying Conditions for Food Package III for Infants

Infants issued Food Package III must have a documented qualifying condition as determined by a HCP. Food Package III shall only be issued to infants authorized to receive a special-issue or exempt infant formula because the use of contract formula is precluded, restricted, or inadequate to address their special nutritional needs. **All requests are subject to approval by the CPA.**

a. Qualifying conditions include, but are not limited to:

- i. premature birth,
- ii. low birth weight,
- iii. failure to thrive,
- iv. inborn errors of metabolism,
- v. gastrointestinal disorders,
- vi. malabsorptive syndromes,
- vii. immune system disorders,
- viii. severe food allergies that require elemental formulas,
- ix. life threatening disorders, diseases and medical conditions that impair ingestion, digestion, absorption or the utilization of nutrients that could adversely affect the participant's nutritional status.

b. Federal Regulations prohibit the issuance of exempt or special issue contract infant formulas for **non-qualifying medical conditions. Food Package III shall NOT be issued to infants whose only condition is:**

- i. a diagnosed formula intolerance or food allergy to lactose, sucrose, milk protein or soy protein that does not require the use of an exempt infant formula

- ii. non-specific formula or food intolerance;
- iii. non-specific symptoms or conditions such as intolerance, constipation, gas, fussiness, colic or spit-up.

B. Procedure

1. Issuing Contract Formulas (Food Package I and II)

Either the milk or soy based contract formula shall be provided unless medically contraindicated. Gerber Good Start Soy may be provided as an alternative to Similac Advance when a vegetarian product, a lactose-free product, or a milk protein-free product is requested. Policy and Procedure 3.01 shall be followed when choosing the optimal formula food package.

- a. The maximum monthly allowance (MMA) of formula shall be provided in the food package for all non-breastfeeding infants (see attachment 3.02B for the Maximum Monthly Allowance by age and category).
- b. Partially breastfed infants shall be given powdered formula at a volume that at least meets and most closely matches the volume of infant formula consumed, up to the MMA per WIC regulations.
- c. The justification for ready-to-feed formula shall be documented by the CPA in the Food Prescription Notes screen in comment section.

2. Issuing Special-issue Contract Infant Formulas or Exempt Infant Formulas (Food Package III)

Written or faxed documentation by a HCP for the request must be provided on the Maryland WIC Medical Documentation Form or on a prescription note. A new prescription shall be obtained at each certification/recertification unless the prescription has been written within 60 calendar days of that appointment. Policy and Procedure 3.01 shall be followed when choosing the optimal formula food package. **All Special Issue Contract and Exempt Infant Formula requests are subject to approval by the Local Agency CPA.**

- a. At minimum, the following information **must be included** on the medical documentation form or prescription note:

Section One	The name of the participant
	The birth date of the participant
Section Two	The medical diagnosis warranting the requested formula
	The brand name of the formula prescribed
	Calorie level needed, if other than the standard dilution
	Quantity requested per day, if less than the MMA
	Duration the formula is medically required
Section Three	WIC food requests or restrictions or HCP authorization to allow the WIC CPA to determine the appropriate supplemental foods

Section Four	Date of prescription
	Signature or signature stamp of the HCP and their credentials.

- b. The following information **may be included** on the medical documentation form or prescription note;

Section One	Weight and date measured
	Length/Height and date measured
	Hemoglobin/Hematocrit and date measured
Section Two	The symptoms experienced by the infant related to the medical diagnosis

- c. The CPA may not issue the special-issue contract or exempt infant formula for longer than the duration requested by the HCP. If required by policy or deemed appropriate by the CPA's nutrition assessment, the CPA may require the HCP to reassess the medical necessity of the formula sooner than the requested duration on the Medical Documentation Form or food prescription note.
- d. The maximum monthly allowance of formula (determined by age of infant) shall be provided in the food package for all non-breastfeeding infants. Partially breastfed infants shall be given powdered formula at a volume that at least meets and most closely matches the volume of infant formula consumed, up to the maximum monthly allowance per WIC regulations.

3. Food Package III Assignment

Policy and Procedure 3.01 shall be followed when choosing the optimal formula food package. **All Special Issue Contract and Exempt Infant Formula requests are subject to approval by the Local Agency CPA.**

4. Incomplete Medical Documentation:

Formula shall not be issued until all required information is obtained and documented.

- a. If the prescription is **only missing the duration requested** and the HCP is unavailable, one month's allotment may be provided until the length of time is obtained from HCP and documented in the comment section of the Food Prescription Note.
- b. **If the WIC Food Restrictions/Requests section is incomplete** on the Medical Documentation Form or not specified on the prescription note a "formula only" package shall be issued at 6 months of age. Authorization for baby foods must be documented before checks for infant foods can be issued.
- c. **If the written prescription is missing other required information or requires further clarification from the Health Care Provider (e.g., medical diagnosis)** – and obtaining a new, written prescription would cause undue hardship to the participant or delay in the provision of formula that would place the participant at nutritional risk – **documentation of a phone contact with the health care**

provider or HCP's office staff will suffice. Documentation of the phone contact must include: the name of the CPA making the call to the Health Care Provider; name of the HCP; name of the person providing the information (if not speaking directly with the HCP); date of the phone call; and all the required information about the formula.

5. Issuing Non-Contract Infant Formula:

In rare instances, non-contract infant formulas may be issued through the State Nutrition and Breastfeeding Services Unit with medical documentation from the HCP, either on the Maryland WIC Medical Documentation form or prescription note with a medical diagnosis that warrants the need for a non-contract formula. Non-contract formulas may only be issued when a contract formula would place the infant at medical risk because of a diagnosed medical condition. Requests require the same information as listed in Procedure 2.a and are subject to approval by a State Nutritionist.

6. Documentation of Formula Requests in the Participant Record

- a. Prior to issuance, the CPA shall evaluate, pend, approve and authorize, or not approve, all requests for products other than the contract infant formulas.
- b. The CPA shall notify the HCP when any modifications to original requests are made, if appropriate.
- c. All Medical Documentation Forms or food prescription notes shall be scanned into the MIS and documented by the CPA in the Food Prescription Note screen at the time of issuance.
- d. The name of the CPA who evaluated the need for the formula and authorized its issuance must be documented in the Food Prescription Note screen of the MIS.
- e. The paper documentation (Medical Documentation Form or food prescription note) shall be kept on file at the local agency for a minimum of six months.

Attachment(s):

- 3.02A Standard Dilution Rates and Calorie Levels for Select Infant Formulas
- 3.02B Maximum Monthly Allowance of Infant Formulas by Category and Age
- 3.02C Maryland WIC Medical Documentation Form

References:

1. Federal Drug Administration. (1986) Federal Food, Drug, and Cosmetic Act, Amended, 21 U.S.C. 321(z); Section 201(z)
2. Federal Drug Administration. (1986) Federal Food, Drug and Cosmetic Act, Section 412, as amended (21 U.S.C. 350a) and the regulations at 21 CFR parts 106 and 107;
3. USDA (1-1-2015) 7 Code of Federal Regulations, Chapter ii, Special Supplemental Nutrition Program for Women, Infants, and Children.

4. USDA, Food and Nutrition Services (3-14-2014) 7 CFR 246 Special Supplemental Nutrition Program for Women, Infants, and Children (WIC): Revisions in the Food Packages - Final Rule.
5. Abbott Nutrition for Health Care Professionals. Similac Advance 20. Accessed March 22, 2016 <http://abbottnutrition.com/brands/products/similac-advance-20>
6. Nestle for Medical Professionals. Gerber Good Start Soy. March 22, 2016. <http://medical.gerber.com/products/formulas/good-start-soy>

Standard Dilutions and Calorie Levels for Select WIC Authorized Infant Formulas

The products listed in this table are select examples of Maryland WIC Authorized infant formulas. This list is not inclusive of all products or forms of products authorized. Please contact the state office with questions regarding authorized formulas. All Infant Formula Requests are subject to Local Agency CPA approval.

- **Calorie Level at Standard Dilution:** is the reconstituted calorie level per fluid ounce as stated in the manufacturer instructions for powder and liquid concentrate forms of infant formula. Any variation from the standard dilution must be under the supervision of the participant's Health Care Provider.
- **Standard Calorie Level:** is the calorie level per fluid ounce for ready-to-feed formulas. Ready-to-feed formulas should NEVER be diluted with water.

Key:	PWD: Powder	LCN: Liquid Concentrate	RTF: Ready-to-Feed
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Calorie Level at Standard Dilution for Select Powder and Liquid Concentrate Infant Formulas		
Product Name	Form	Calorie Level at Standard Dilution
Alfamino Infant	PWD	20 kcal/fl. oz.
Alimentum	PWD	20 kcal/fl. oz.
EleCare for Infants	PWD	20 kcal/fl. oz.
EleCare Junior	PWD	30 kcal/fl. oz.
EnfaCare	PWD	22 kcal/fl. oz.
Gerber Extensive HA	PWD	20 kcal/fl. oz.
Gerber Good Start Soy	PWD, LCN	20 kcal/fl. oz.
Neocate Infant	PWD	20 kcal/fl. oz.
Neocate Junior	PWD	30 kcal/fl. oz.
NeoSure	PWD	22 kcal/fl. oz.
Nutramigen	PWD, LCN	20 kcal/fl. oz.
Pregestimil	PWD	20 kcal/fl. oz.
PurAmino Infant	PWD	20 kcal/fl. oz.
Similac Advance	PWD, LCN	20 kcal/fl. oz.
Similac for Spit- Up	PWD	19 kcal/fl. oz.
Similac Sensitive	PWD	19 kcal/fl. oz.
Similac Total Comfort	PWD	19 kcal/fl. oz.

Standard Dilutions and Calorie Levels for Select WIC Authorized Infant Formulas

Calorie Level of Select Ready-to-Feed Infant Formulas		
Product Name	Form	Standard Calorie Level
Alimentum	RTF	20 kcal/fl. oz.
EnfaCare	RTF	22 kcal/fl. oz.
Enfamil 24	RTF	24 kcal/fl. oz.
Enfamil Premature High Protein 24 Cal	RTF	24 kcal/fl. oz.
Enfamil Premature 20 Cal	RTF	20 kcal/fl. oz.
Enfamil Premature 24 Cal	RTF	24 kcal/fl. oz.
Enfamil Premature 30 Cal	RTF	30 kcal/fl. oz.
Gerber Good Start Soy	RTF	20 kcal/fl. oz.
NeoSure	RTF	22 kcal/fl. oz.
Nutramigen	RTF	20 kcal/fl. oz.
Pregestimil	RTF	20 kcal/fl. oz.
		24 kcal/fl. oz.
Similac Advance	RTF	20 kcal/fl. oz.
Similac for Spit- Up	RTF	19 kcal/fl. oz.
Similac Sensitive	RTF	19 kcal/fl. oz.
Similac Special Care High Protein 24	RTF	24 kcal/fl. oz.
Similac Special Care with iron 20	RTF	20 kcal/fl. oz.
Similac Special Care with iron 24	RTF	24 kcal/fl. oz.
Similac Special Care with iron 30	RTF	30 kcal/fl. oz.
Similac Total Comfort	RTF	19 kcal/fl. oz.

Maximum Monthly Allowance (MMA) for Infants by Category and Age

The maximum monthly allowance (MMA) of formula shall be provided in the food package (I, II or III) for all non-breastfeeding infants. Partially breastfed infants shall be given powdered formula at a volume that at least meets and most closely matches the volume of infant formula consumed, up to the MMA per Federal WIC regulations. The amount of formula actually received by the participant is dependent on their age, breastfeeding status and the type, form and reconstitution rate of the infant formula prescribed.

MMA for Powdered Formula in Reconstituted Fluid Ounces					
		Age in Months			
		< 1	1-3	4-5	6-11
Category	Infants Breastfeeding Mostly	NA*	435 fl. oz.	522 fl. oz.	384 fl. oz. with infant foods
	Infants Breastfeeding Some	870 fl. oz.	870 fl. oz.	960 fl. oz.	696 fl. oz. with infant foods
	Infants Formula Fed	870 fl. oz.	870 fl. oz.	960 fl. oz.	696 fl. oz. with infant foods

* Please see Policy and Procedure 5.09 for information on issuing formula to breastfed infants in the first month of life

MMA for Liquid Concentrated Formula in Reconstituted Fluid Ounces					
		Age in Months			
		< 1	1-3	4-5	6-11
Category	Infants Breastfeeding Mostly	NA			
	Infants Breastfeeding Some				
	Infants Formula Fed	823 fl. oz.	823 fl. oz.	896 fl. oz.	630 fl. oz. with infant foods

MMA for Ready-to-Feed Formula in Fluid Ounces					
		Age in Months			
		< 1	1-3	4-5	6-11
Category	Infants Breastfeeding Mostly	NA			
	Infants Breastfeeding Some				
	Infants Formula Fed	832 fl. oz.	832 fl. oz.	913 fl. oz.	643 fl. oz. with infant foods

WIC Fax: _____
Date Form Expires: __/__/__



Medical Documentation Form: Sections 1-4 MUST be completed.

Infants not exclusively breastfed are provided Similac Advance or Gerber Good Start Soy. This form is federally required to request an exempt infant formula/WIC-eligible nutritional for qualifying medical conditions. All requests are subject to WIC approval. Please contact the Local WIC clinic (see back of form) or the State WIC Office at 1-800-242-4942 with any questions.

1) REQUIRED: Patient Information

Patient Name: _____ Patient DOB: __/__/__

Parent/Guardian: _____

Participant Medical Data (optional):	Weight:	Length/height:	Hgb: Hct:
Date Measured:	__/__/__	__/__/__	__/__/__

2) REQUIRED: Exempt Infant Formula/WIC-Eligible Nutritional Request

Medical diagnosis: _____ Symptoms: _____

Non-specific symptoms such as intolerance, fussiness, colic, spitting up, gas and constipation will NOT be considered medical diagnoses for exempt infant formulas/WIC-eligible nutritional.

Product: _____

Calorie Level:

Standard dilution Other: _____

Amount per day:

WIC maximum Other: _____

Duration: 1 month 3 months 6 months 12 months Other _____

3) REQUIRED: WIC Food Requests (Check all that apply)

- WIC professional may determine WIC foods and amounts.
- No food restrictions.
- Issue formula/WIC-eligible nutritional only.
- Whole milk for a woman or child (≥ 2 years).
- Issue infant fruits and vegetables to a woman or child.
- Issue soy beverage and/or tofu to replace milk and/or cheese.
- Reduced-fat (2%) milk for a one-year old child.
- Do NOT issue (comment required): _____

4) REQUIRED: Provider Information (MD/DO/CNM/CRNP/PA with prescriptive authority)

Name: (Please print, type or stamp) _____

Phone: _____

Fax: _____

Signature and Credentials: _____

Date: __/__/__

WIC use only: Approved Not Approved Pending

Comments:

Signature: _____ Date: __/__/__

Website: www.mdwic.org. Click on the Health Care Providers section for more information.

WIC Foods - Women and Children may be issued these WIC foods each month:					
WIC Foods	Pregnant ¹ or Mostly Breastfeeding Women	Exclusively Breastfeeding Women ²	Breastfeeding Some Or Non-Breastfeeding Women	Children: 1 year old	Children: 2 - 4 years old
Milk ³	4.75 gal (1% or fat-free milk)	5.25 gal (1% or fat-free milk)	3.25 gal (1% or fat-free milk)	3.25 gal (whole milk)	3.25 gal (1% or fat-free milk)
Cheese ³	1 lb	2 lbs	1 lb	1 lb	1 lb
Eggs	1 dozen	2 dozen	1 dozen	1 dozen	1 dozen
Beans, peanut butter	1 lb beans AND 18 oz peanut butter	1 lb beans AND 18 oz peanut butter	1 lb beans OR 18 oz peanut butter	1 lb beans	1 lb beans OR 18 oz peanut butter
Cereal	36 oz	36 oz	36 oz	36 oz	36 oz
Bread, rice or tortillas	1 lb	1 lb	NA	2 lbs	2 lbs
Vegetables & fruit	\$11.00 benefit	\$11.00 benefit	\$11.00 benefit	\$8.00 benefit	\$8.00 benefit
Fruit juice	144 fl oz	144 fl oz	96 fl oz	128 fl oz	128 fl oz
Canned fish	NA	30 oz	NA	NA	NA
WIC-eligible Nutritionals	Up to 910 fl oz with qualifying documented medical conditions. Subject to WIC professional approval.				

¹ Women pregnant with multiples; women that are pregnant AND exclusively/mostly breastfeeding receive the "Exclusively Breastfeeding" package.

² Women exclusively breastfeeding multiples get 1.5 times the foods listed.

³ Soy beverage and/or tofu may replace milk and/or cheese.

Infant Formula and Foods - Infants may be issued these WIC foods each month:					
Exclusively Breastfed:	Age in Months	Meat		Cereal	Fruits/Vegetables
		Mom's Milk	NA		
Mostly Breastfed:	0-5	Mom's Milk	NA	NA	NA
	6-11	Mom's Milk	77.5 oz	24 oz	256 oz
	0-1	Formula (as reconstituted from powder)		Cereal	Fruits/Vegetables
	1-3	NA	NA	NA	NA
Breastfed Some or None:	4-5	Up to 435 fl oz		NA	NA
	6-11	Up to 522 fl oz		NA	NA
	6-11	Up to 384 fl oz		24 oz	128 oz
Breastfed Some or None:	0-3	Formula (as reconstituted from powder)		Cereal	Fruits/Vegetables
	4-5	Up to 870 fl oz		NA	NA
	6-11	Up to 960 fl oz		24 oz	128 oz

Local Agency	Phone Number
Allegany County	(301) 759-5020
Anne Arundel County	(410) 222-6797
Baltimore City (Health Dept.)	(410) 396-9427
Baltimore City (Johns Hopkins)	(410) 614-4848
Baltimore County	(410) 887-6000
Calvert County	1-877-631-6182
Caroline County	(410) 479-8060
Carroll County	(410) 876-4898
Cecil County	(410) 996-5255
Charles County	(301) 609-6857
Dorchester County	(410) 479-8060
Frederick County	(301) 600-2507
Garrett County	(301) 334-7710
Harford County	(410) 939-6680
Howard County	(410) 313-7510
Kent County	(410) 810-0125
Montgomery County (CCI)	(301) 762-9426
Prince George's County (Health Dept.)	(301) 856-9600
Prince George's County (Greenbelt Area)	(301) 762-9426
Prince George's County (Greater Baden)	(301) 324-1873
Queen Anne's County	(443) 262-4423
Somerset County	(410) 749-2488
St. Mary's County	1-877-631-6182
Talbot County	(410) 479-8060
Washington County	(240) 313-3335
Wicomico County	(410) 749-2488
Worcester County	(410) 749-2488
State WIC Office	1-800-242-4WIC 1-800-242-4942

**MARYLAND DEPARTMENT OF HEALTH AND MENTAL HYGIENE
WIC PROGRAM
POLICY AND PROCEDURE MANUAL**

**Policy and Procedure Number: 3.03
Effective Date: October 1, 1995
Revised Date: July 1, 2016**

SECTION: FOOD PACKAGES

SUBJECT: Provision of WIC-Eligible Nutritionals for Children and Women

A. Policy

1. WIC-Eligible Nutritionals:

Federal WIC regulations define WIC-eligible nutritionals as “products that are specifically formulated to provide nutritional support for individuals with a qualifying condition, when the use of conventional foods is precluded, restricted, or inadequate”.

WIC-eligible nutritionals must meet the following guidelines;

- a. Serve the purpose of a food, meal or diet;
- b. May be nutritionally complete or incomplete;
- c. Provide a source of calories and one or more nutrients;
- d. Be designed for enteral digestion via an oral or tube feeding;
- e. May not be a conventional food, drug, flavoring, or enzyme;
- f. Meet the definition of medical food in the Orphan Drug Act.

2. Authorized WIC-Eligible Nutritionals:

WIC-eligible nutritionals or infant formulas shall only be issued to women or children when prescribed by a Health Care Provider¹ (HCP) on the Maryland WIC Medical Documentation Form or prescription note for a specific qualifying medical condition (please see 3a) as part of Food Package III. **All requests are subject to Competent Professional Authority² (CPA) approval.**

¹ A Health Care Provider (HCP) is defined as a practitioner with prescriptive authority, i.e., physician, certified nurse practitioner, certified nurse-midwife or physician’s assistant.

² A WIC Competent Professional Authority (CPA) is defined by federal WIC regulations as a local agency staff member that is authorized to determine nutritional risk, review formula requests, and prescribe supplemental foods.

- a. The following list includes **examples of WIC-eligible nutritionals authorized by Maryland WIC**. This list is not inclusive of all WIC-eligible nutritionals available to Maryland WIC participants. Additionally, when age-appropriate and medically indicated, the formulas authorized for infants (see 3.02) may also be used for women and children. Please contact the State Nutrition and Breastfeeding Services Unit with questions.

- i. Alfamino Junior
- ii. Boost Kid Essentials 1.0, Boost Kid Essentials 1.5 Cal
- iii. Boost, Boost Plus, Boost High Protein, Boost Breeze
- iv. Bright Beginnings Soy Pediatric Drink
- v. EleCare Junior
- vi. Enfagrow Next Step
- vii. Enfagrow Toddler Transitions
- viii. Ensure, Ensure Plus, Ensure with Fiber, Ensure Clear
- ix. Gerber Good Start Stage Three
- x. Jevity
- xi. Neocate (EO28) Splash
- xii. Neocate Junior, Neocate Junior with Prebiotics
- xiii. Neocate Splash
- xiv. Nepro
- xv. Nutramigen Toddler
- xvi. Nutren
- xvii. Nutren Junior
- xviii. PediaSure with Fiber, PediaSure 1.5 with Fiber
- xix. PediaSure, PediaSure 1.5 Cal
- xx. PediaSure Peptide, PediaSure Peptide 1.5 Cal
- xxi. Peptamen
- xxii. Peptamen Junior
- xxiii. Portagen Powder
- xxiv. PurAmino Toddler
- xxv. Similac Go and Grow
- xxvi. Suplema
- xxvii. Vivonex Pediatric

3. Women and Children Issued Food Package III

Women and children eligible for Food Package III must have a documented qualifying condition as documented by a HCP on the Maryland WIC Medical Documentation Form or prescription note that requires the use of an infant formula or WIC-eligible nutritional because the use of conventional foods is precluded, restricted, or inadequate to address their special nutritional needs. **All Food Package III requests are subject to approval by the Local Agency CPA.**

- a. **Qualifying conditions include, but are not limited to:**
- i. premature birth,
 - ii. low birth weight,
 - iii. failure to thrive,
 - iv. inborn errors of metabolism,

- v. gastrointestinal disorders,
- vi. malabsorptive syndromes,
- vii. immune system disorders,
- viii. severe food allergies that require elemental formulas,
- ix. life threatening disorders, diseases and medical conditions that impair ingestion, digestion, absorption or the utilization of nutrients that could adversely affect the participant's nutritional status.

- b. Federal Regulations prohibit the issuance of Food Package III for **non-qualifying medical conditions. Food Package III shall NOT be issued** for the purpose of;
 - i. A non-specific formula or food intolerance;
 - ii. Food intolerance to lactose or milk protein that can be successfully managed with the use of one of the other WIC food packages (e.g., lactose-free milk or soy beverage to replace cow's milk).
 - iii. Enhancing nutrient intake or managing body weight without an underlying qualifying condition.

4. Quantity

Federal WIC Regulations define the maximum monthly allowance (MMA) as the maximum amount of WIC-eligible nutritional or infant formula WIC shall provide for a woman or a child in Food Package III. The MMA is 910 fluid ounces per month (approximately 30 fluid ounces per day) for all types of WIC-eligible nutritional or infant formula (concentrate, powder, or ready-to-feed [RTF]) issued to women or children in Food Package III.

B. Procedure

1. Medical Documentation from Health Care Provider

Only a HCP may request a WIC-eligible nutritional or infant formula for women or children. Written or faxed documentation by a HCP for the request must be provided on the Maryland WIC Medical Documentation Form (Policy and Procedure 3.02C) or on a prescription note. A new prescription shall be obtained at each certification/recertification unless the prescription has been written within 60 calendar days of that appointment. **All WIC-eligible nutritional/infant formula requests for women and children are subject to CPA approval.**

- a. At minimum, the following information **must be included** on the medical documentation form or prescription note:

Section One	The name of the participant
	The birth date of the participant
Section Two	The medical diagnosis warranting the requested formula
	The brand name of the formula prescribed
	Calorie level needed, if other than the standard dilution
	Quantity requested, if less than the MMA
	Duration the formula is medically required

Section Three	WIC food requests or restrictions or HCP authorization to allow the WIC CPA to determine the appropriate supplemental foods;
Section Four	Date of prescription
	Signature or signature stamp of the HCP and credentials

- b. The following information **may be included** on the medical documentation form or prescription note:

Section One	Weight and date measured
	Length/Height and date measured
	Hemoglobin/Hematocrit and date measured
Section Two	The symptoms experienced by the child or woman related to the medical diagnosis

2. Food Package Assignment

Policy and Procedure 3.01 shall be followed when choosing the optimal food package.

- a. The CPA may not issue the WIC-eligible nutritional or exempt infant formula for longer than the duration requested by the HCP. If required by policy or deemed appropriate by the CPA's nutrition assessment, the CPA may require the HCP to reassess the medical necessity of the formula sooner than the requested duration on the Medical Documentation Form or prescription note.
- b. Quantity of the WIC-eligible nutritional or infant formula provided shall be customized to a volume that at least meets and most closely matches the volume of formula consumed, up to the maximum volume allowed per WIC regulations.
- c. If the prescription authorizes the participant to receive any of the WIC foods along with the prescribed WIC-eligible nutritional or infant formula, a CPA shall customize the food package by selecting a standard food package for the participant's category that provides the foods allowed. The formula requested and specific quantity shall be added to the food package. Foods that have not been prescribed shall be zeroed from the customized food package; quantities of foods that exceed what has been prescribed shall be reduced to match the prescription.
- d. The HCP may authorize the WIC CPA to determine the appropriate supplemental foods and their amounts by checking "Request WIC professional to determine appropriate supplemental foods and their amounts" on the Medical Documentation Form, or by indicating the same on a prescription note.
- e. When an infant formula is requested for children and women participants, the guidelines for issuance of these formulas shall be followed (Policy and Procedure 3.02).

3. Incomplete Medical Documentation

Formula shall not be issued until all required information is obtained and documented.

- a. If the prescription is **only missing the duration requested** and the HCP is unavailable, one month's allotment may be provided until the length of time is obtained from HCP and documented in the comment section of the Food Prescription Notes screen.
- b. **If the WIC Food Restrictions/Requests section is incomplete** on the Medical Documentation Form or not specified on the prescription note a "formula only" package must be issued. Authorization for WIC foods must be documented before supplemental WIC foods can be issued.
- c. **If the written prescription is missing other required information (e.g., medical diagnosis)**, and obtaining a new, written prescription would cause undue hardship to the participant or delay in the provision of formula that would place the participant at nutritional risk, **documentation of a phone contact with the health care provider or HCP's office staff will suffice.** Documentation of the phone contact must include: the name of the CPA making the call to the health care provider; name of the HCP; name of the person providing the information (if not speaking directly with the HCP); date of the phone call; and all the required information about the WIC-eligible nutritional.

4. Documentation of Food Package III Requests in the Participant Record

- a. Prior to issuance, the CPA shall evaluate, pend, approve and authorize, or not approve, all requests for WIC-eligible nutritionals.
- b. The CPA shall notify the HCP when any modifications to original requests are made, if appropriate.
- c. All Medical Documentation Forms or food prescription notes shall be scanned into the MIS and documented by the CPA in the Food Prescription Note screen at the time of issuance.
- d. The name of the CPA who evaluated the need for the WIC-eligible nutritional and authorized or denied its issuance must be documented in the Food Prescription Note screen of the MIS.
- e. The paper documentation (Medical Documentation Form or food prescription note) shall be kept on file at the local agency for a minimum of six months.

Attachments:

3.03 A Standard Dilution Rates and Calorie Levels for Select WIC-Eligible Nutritionals

References:

1. Section 5(b)(3) of the Orphan Drug Act (21 U.S.C. 360ee(b)(3)).
 2. 7 CFR 246 Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) Revisions in the Food Packages-Final Rule, 3/04/14
-

Standard Dilutions and Calorie Levels for Select WIC-Eligible Nutritionals

The products listed in this table are select examples of Maryland WIC Authorized infant formula or WIC-eligible nutritionals. This list is not inclusive of all products or forms of products authorized. Please contact the State WIC office with questions regarding authorized infant formula or WIC-eligible nutritionals. All infant formula or WIC-eligible nutritional requests are subject to Local Agency CPA approval.

- **Calorie Level at Standard Dilution:** is the reconstituted calorie level per fluid ounce as stated in the manufacturer instructions for powder and liquid concentrate forms of infant formula or WIC-eligible nutritional. Any variation from the standard dilution must be under the supervision of the participant's Health Care Provider.
- **Standard Calorie Level:** is the calorie level per fluid ounce for ready-to-feed infant formula or WIC-eligible nutritionals. Ready-to-feed infant formula or WIC-eligible nutritional should NEVER be diluted with water.

Key:	PWD: Powder	LCN: Liquid Concentrate	RTF: Ready-to-Feed
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Calorie Level at Standard Dilution for Select Powder and Liquid Concentrate WIC-Eligible Nutritionals		
Product Name	Form	Calorie Level at Standard Dilution
Alfamino Junior	PWD	30 kcal/fl. oz.
EleCare for Infants	PWD	20 kcal/fl. oz.
EleCare Junior	PWD	30 kcal/fl. oz.
Enfagrow Next Step	PWD	20 kcal/fl. oz.
Enfagrow Toddler Transitions	PWD	20 kcal/fl. oz.
Gerber Good Start Soy, Stage Three	PWD	20 kcal/fl. oz.
Neocate Infant	PWD	20 kcal/fl. oz.
Neocate Junior	PWD	30 kcal/fl. oz.
Neocate Junior with Prebiotics	PWD	30 kcal/fl. oz.
Nutramigen Toddler	PWD	30 kcal/fl. oz.
Pepdite Junior	PWD	30 kcal/fl. oz.
Peptamen	PWD	30 kcal/fl. oz.
Peptamen Junior	PWD	30 kcal/fl. oz.
Portagen	PWD	30 kcal/fl. oz.
PurAmino Infant	PWD	30 kcal/fl. oz.
PurAmino Toddler	PWD	30 kcal/fl. oz.
Similac Go and Grow	PWD	19 kcal/fl. oz.
Vivonex Pediatric	PWD	24 kcal/fl. oz.

Standard Dilutions and Calorie Levels for Select WIC-Eligible Nutritionals

Calorie Level of Select Ready-to-Feed WIC-Eligible Nutritionals		
Product Name	Form	Standard Calorie Level
Boost Kid Essentials 1.0 Cal	RTF	30 kcal/fl. oz.
Boost Kid Essentials 1.5 Cal	RTF	45 kcal/fl. oz.
Boost	RTF	30 kcal/fl. oz.
Boost Plus	RTF	45 kcal/fl. oz.
Boost High Protein	RTF	30 kcal/fl. oz.
Boost Breeze	RTF	30 kcal/fl. oz.
Boost Kid Essentials 1.0 Cal	RTF	30 kcal/fl. oz.
Bright Beginnings Soy Pediatric Drink	RTF	30 kcal/fl. oz.
Enfaport	RTF	30 kcal/fl. oz.
Ensure	RTF	30 kcal/fl. oz.
Ensure Plus	RTF	45 kcal/fl. oz.
Ensure with Fiber	RTF	30 kcal/fl. oz.
Ensure Clear	RTF	30 kcal/fl. oz.
Jevity	RTF	30 kcal/fl. oz.
Neocate (EO28) Splash	RTF	30 kcal/fl. oz.
Neocate Splash	RTF	30 kcal/fl. oz.
Nepro	RTF	60 kcal/fl. oz.
Nutren	RTF	30 kcal/fl. oz.
Nutren Junior	RTF	30 kcal/fl. oz.
PediaSure	RTF	30 kcal/fl. oz.
PediaSure 1.5 Cal	RTF	45 kcal/fl. oz.
PediaSure with Fiber	RTF	30 kcal/fl. oz.
PediaSure 1.5 with Fiber	RTF	45 kcal/fl. oz.
PediaSure Peptide	RTF	30 kcal/fl. oz.
PediaSure Peptide 1.5 Cal	RTF	45 kcal/fl. oz.
Pediasure Enteral Formula	RTF	30 kcal/fl. oz.
Pediasure with Fiber Enteral Formula	RTF	30 kcal/fl. oz.
Suplena	RTF	60 kcal/fl. oz.

**MARYLAND DEPARTMENT OF HEALTH AND MENTAL HYGIENE
WIC PROGRAM
POLICY AND PROCEDURE MANUAL**

**Policy and Procedure Number: 3.04
Effective Date: October 1, 1995
Revised Date: October 1, 2015**

SECTION: FOOD PACKAGES

SUBJECT: Authorized Foods

A. Policy

A listing of food types and brand names that meet WIC food package specifications shall be distributed to local agencies for issuance to all participants and caregivers of infant and child participants. This listing, known as the WIC Authorized Foods List, is shown as Attachment 3.04 A.

The WIC Authorized Foods List shall be reviewed periodically to ensure that the foods continue to meet the specifications detailed in Attachment 3.04 B. In general, to become WIC-authorized, foods must:

1. Meet the specifications detailed in Attachment 3.04 B.
2. Be available within the state of Maryland. Priority will be given to foods that are widely distributed throughout the state. Foods available only in a single jurisdiction may be considered to meet a participant or local agency need.
3. Be free of artificial sweeteners.
4. Be available at a reasonable price to maintain cost neutrality of food packages.
5. Allow a variety of choices and consider participant cultural and other food preferences.

B. Procedure

The State WIC Nutrition Services Unit will evaluate foods for the WIC Authorized Foods List. A Request for Product Information shall be sent to food manufacturers and vendors and all products that are submitted by the stated deadline will be reviewed.

-
Attachments:

- 3.04A Maryland WIC Program Authorized Foods List
3.04B Specifications for Authorized Foods
-

-
References:

1. Federal Regulations, 7 CFR Part 246, Table 4 CFR 246.10(e)(12). Special Supplemental Nutrition Program for Women, Infants and Children (WIC): Revisions

in the WIC Food Packages; Final Rule

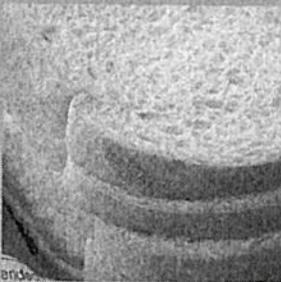
Revisions:

- 10/07 Updated attachments (policy statement) and included American Dietetic Association as a reference due to length.
- 10/09 Removed requirements for printing of Authorized Foods List. Changed period for review of the List from every three years to annually. Revised criteria for determining acceptability of specific foods for inclusion on the List. Updated Attachment 3.04 B to reflect revisions to food packages required by the Interim Final Rule. Removed Attachment C. Updated references.
- 10/10 Attachment 3.04A changed to current Authorized Foods List (October 2009 – Revised January 2010)
- 01/11 Attachment 3.04A changed to current Authorized Foods List (January 2011) 3.04B revised specifications to include soy products.
- 10/12 Removed artificial flavorings and colorings from A3. Attachment 3.04A changed to October 2012 Authorized Foods List, updated for purpose of cost containment.
- 10/13 Attachment 3.04A changed to October 2013 Authorized Foods List, updated to clarify food items allowed and not allowed and to assure availability of listed items.
- 10/14 Attachment 3.04A changed to reflect the revisions to food packages required or allowed by the Final Rule (Authorized Foods List October 2014). Several cereals, an additional variety of soy beverage, and a list of specific whole grain breads were included. An educational section was added on how to use infant fruit and vegetable checks to obtain the full nutritional benefit.
- 04/15 Attachment 3.04A changed to current Authorized Foods List (October 2014 – Revised April 2015). Attachment 3.04B updated to allow for the issuance of reduced-fat milk. Super and ultra skim milks were added as non-allowable items. Whole grain bread was added as a substitution for 100% whole wheat bread. White potatoes were deleted as a non-allowable item. Table 4 CFR 246.10(e)(12) was added as a reference.
- 10/15 Reformatted Attachment 3.04B. Removed Colby, Muenster and Provolone as allowed cheeses. Removed “may not be organic” under infant fruits & vegetables and infant meats.



MARYLAND
WOMEN,
INFANTS &
CHILDREN
PROGRAM

Better
nutrition
for a
brighter
future



WIC

AUTHORIZED FOODS LIST

EFFECTIVE
OCTOBER 2014

- Revised April 2015 -

Bring this list when you shop
for WIC foods!

WIC Foods

To have a healthy baby, you need to eat right. The way you eat can affect how well your baby grows. A child needs the right foods to grow strong and be ready to learn.

WIC foods are packed with nutrients like:

- Protein to build muscles and organs
- Calcium and vitamin D for strong bones
- Iron for healthy blood
- Vitamins to help the body work



WIC foods are also low in sugar and fat.

WIC foods are for you or your child only.

They help you get what you need to stay healthy.

You'll still need to buy other foods. WIC foods are meant to add to what you already eat.

When money is tight, it's hard to eat the way you should. WIC staff can give you tips to get the most food value for the money. You can also get ideas for quick and low cost meals and snacks.

WIC Fraud Prevention Is Everyone's Responsibility!



By following these rules, you help the Maryland WIC Program help you and others.

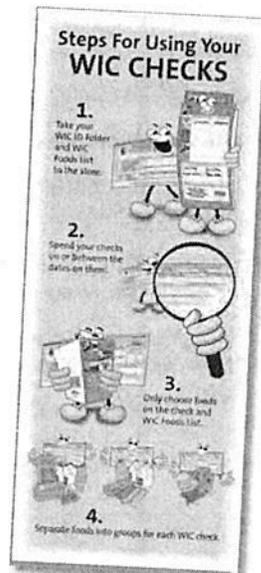
- ✗ Do not sell or give away your WIC Foods.
- ✗ Do not sell or give away your WIC checks.
- ✗ Do not buy or attempt to buy food items that are not WIC allowed.
- ✗ Do not return your WIC foods to the store for a refund or store credit.
- ✓ Report stores or other WIC participants that you know are not following the rules to your Local WIC Agency.

How to shop for WIC foods

WIC gives you checks to buy your WIC foods. Here are the steps you must follow:

1. Shop at a WIC approved store. Look for the *WIC Accepted Here* sign.
2. Decide what checks to spend. Look at the dates. You can only spend a check on or between the *First and Last Dates to Spend*.
3. Take your checks, WIC ID Folder, and Authorized Foods List to the store.
4. Buy only the foods shown on the checks and WIC Authorized Foods List.
5. Use a checkout lane with a cashier. **DO NOT** use a cash-only express or self-checkout lane.
6. Separate foods into groups for each check. Keep non-WIC items separate.
7. Give the cashier your WIC ID Folder and each check you are spending.
8. Let the cashier ring up the foods, one check at a time.
9. Sign each check **AFTER** the cashier enters the total price. Be sure the price is correct.
10. Get all WIC sales receipts and your ID Folder from the cashier.

Your "Steps for Using Your WIC Checks" leaflet is a handy guide for showing these steps!



Frequently Asked Questions

1. What does "store brand if available" mean?

You must buy the store brand if the store carries it and if it is in stock. Refer to the Store Brand Shopping Guide for store brand examples.

2. What should I do if the store brand is not available?

If the store carries national brands in addition to the store brand and the store brand is not available, you can buy a national brand.

3. If the store brand of cheddar cheese is not in stock, can I buy a national brand of cheddar or must I buy the store brand of another kind of cheese like American or Swiss?

If the store brand of the kind of cheese you want to buy is not in stock, you can buy a national brand of that cheese. For example, if you want to buy cheddar cheese and the store only has the store brand of American, you can buy a national brand of cheddar. You do not need to buy the store brand of American cheese.

4. If the store brand of navy beans is not in stock, can I buy a national brand of navy beans or do I need to buy the store brand of another kind of beans like kidney beans or black beans?

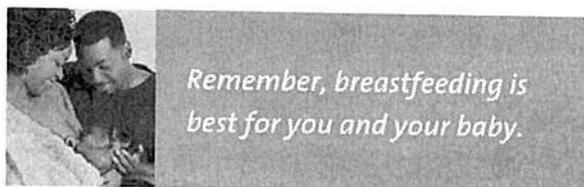
If the store brand of the kind of beans you want to buy is not in stock, you can buy a national brand of those beans. You do not need to buy a different kind of WIC allowed beans.

5. If the store brand of baby food sweet potatoes is not in stock, can I buy a national brand of baby food sweet potatoes or must I buy the store brand of another kind of baby food vegetables like green beans?

If the store brand of the kind of baby food vegetables, fruit, or meat you want to buy is not in stock, you can buy a national brand. For example, if you want to buy baby food sweet potatoes and the store only has the store brand of green beans, you can buy a national brand of baby food sweet potatoes.

6. Do I need to buy the store brand of fruit or vegetables with a Fruit and Vegetable check?

No, you can buy any brand of fruit or vegetables with a Fruit and Vegetable check.



7. Can I buy green beans, wax beans, or sweet peas with a WIC check offering beans?

No, but you can buy green beans, wax beans or sweet peas with a Fruit and Vegetable check.

8. Can I buy a pumpkin with a Fruit and Vegetable check?

Yes, a pumpkin is considered a fruit. You can buy it with a Fruit and Vegetable check. Painted or decorated pumpkins are not allowed.

9. My store carries cultural foods like aloe vera and cactus. Can I buy these with a Fruit and Vegetable check?

Yes, aloe vera and cactus are used as vegetables in some cultures. You can buy these with a Fruit and Vegetable check.

10. Can I buy baby food fruit and vegetables with a Fruit and Vegetable check?

No, Fruit and Vegetable checks are intended for women and child participants.

11. Can I buy fruit like applesauce in the "snack pack" size with a Fruit and Vegetable check?

Yes, you can buy any size of canned fruit in a metal, glass, or plastic container. It must be packed in water or unsweetened juice.

12. If a WIC check says "15 ounces or less cereal" can I buy a 15 ounce or smaller box of COLD cereal?

No, you can only buy an 11.8 to 15 ounce box of HOT cereal.



Milk

BUY:

- ✓ Type and size shown on check
- ✓ Store brand if available

BUY IF PRINTED ON CHECK:

- ✓ Lactose-reduced or lactose-free
- ✓ Powdered
- ✓ Evaporated
- ✓ UHT (Ultra High Temperature)
- ✓ Kosher



DO NOT BUY:

- ✗ Super skim or ultra skim
- ✗ Buttermilk
- ✗ Chocolate or other flavor
- ✗ Organic, rice, or goat milk
- ✗ Sweetened condensed

Cheese

BUY:

- ✓ American, Cheddar, Monterey Jack, Mozzarella, or Swiss
- ✓ Store brand if available
- ✓ 16 ounce size only
- ✓ Blocked or sliced
- ✓ Lowfat, reduced fat, and low sodium OK



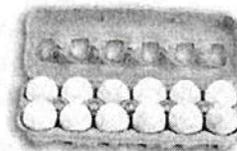
DO NOT BUY:

- ✗ Organic or imported
- ✗ Deli, string, or individually wrapped
- ✗ Cheese food, spread, or product
- ✗ Cream cheese
- ✗ Shredded, crumbled, or cubed
- ✗ With flavors, nuts, peppers, or crackers

Eggs

BUY:

- ✓ White, medium or large
- ✓ Store brand if available
- ✓ One dozen only



DO NOT BUY:

- ✗ Organic, brown, fertile, or cage free
- ✗ Lowfat or cholesterol free, omega-3, pasteurized, or other specialty eggs

Beans, Peas, Lentils

BUY:

- ✓ Beans like kidney, pinto, black, navy, garbanzo, or lima
- ✓ Split peas, black-eyed peas, or lentils
- ✓ Store brand if available
- ✓ Dry, 16 ounce bag
- ✓ Canned, water pack, 15 to 16 ounce can



DO NOT BUY:

- ✗ Organic
- ✗ Green or wax beans, sweet peas*
- ✗ Soup, soup mixes, or with flavor packets
- ✗ Beans with sauce, meat, fat, or oil

* BUY with your WIC Fruit & Vegetable check

Peanut Butter

BUY:

- ✓ Plain, smooth, crunchy, extra crunchy, or creamy
- ✓ Store brand if available
- ✓ 16 to 18 ounce container
- ✓ Low sodium and low sugar OK



DO NOT BUY:

- ✗ Organic, natural, reduced fat, fresh-ground
- ✗ Honey roasted, mixed with marshmallow, jelly, jam, honey, or chocolate
- ✗ Peanut butter spreads

Canned Fish

BUY IF PRINTED ON CHECK:

- ✓ Chunk light tuna, water pack, 5 to 6 ounce can
- ✓ Pink salmon, water pack, 5 to 7.5 ounce can
- ✓ Sardines, water pack, 3.75 ounce can
- ✓ Store brand if available



DO NOT BUY:

- ✗ Albacore or white tuna
- ✗ Red salmon
- ✗ Fish with added flavor or sauce
- ✗ Organic, low sodium, or gourmet
- ✗ Pouch, bowl, or kit

Cereal — You can com

BUY:

- ✓ Brands and types shown here only
- ✓ 18 ounce size or larger (cold cereal)
- ✓ 11.8 ounce size or larger (hot cereal)

DO NOT BUY:

- ✗ Organic



GENERAL MILLS
Cheerios



GENERAL MILLS
Multi Grain Cheerios



GENERAL MILLS
Kix



GENERAL MILLS
Gluten Free Corn Chex



GENERAL MILLS
Gluten Free Rice Chex



KELLOGG'S
Scooby-Doo!



QUAKER
Oatmeal Squares
Brown Sugar



QUAKER
Oatmeal Squares
Cinnamon



QUAKER
Life
Original



QUAKER
Instant Oatmeal
Original Flavor



QUAKER
Instant Grits
Original Flavor



B&G FOODS
Cream of Wheat
Instant
• 1 Minute
• 2 1/2 Minute

Indicates Whole Grain Food

Possible ways to buy up to 36 ounces of cereal	18 ounces	18 oz. Cereal	18 oz. Cereal	24 ounce
	+18 ounces			+11.8 ounce
	36 ounces			35.8 ounce

Combine different cereals



KELLOGG'S Rice Krispies



KELLOGG'S Corn Flakes



KELLOGG'S Special K



KELLOGG'S All Bran Complete Wheat Flakes



KELLOGG'S Frosted Mini Wheats Big Bites



KELLOGG'S Frosted Mini Wheats Bite size



POST Shredded Wheat Lightly Frosted



POST Shredded Wheat Honey Nut



POST Honey Bunches of Oats
- Vanilla Bunches
- Honey Roasted
- Almond
- Cinnamon Bunches



POST Grape-Nuts



POST Grape-Nuts Flakes



MALT-O-MEAL Creamy Hot Wheat



MALT-O-MEAL Oat Blenders Honey



MALT-O-MEAL Oat Blenders Honey & Almonds

Indicates Gluten Free Food

ounces ounces ounces	11.8 oz. Hot Cereal	24 oz. Cereal	18 ounces +14 ounces 32 ounces	14 oz. Hot Cereal	18 oz. Cereal
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Fruit & Vegetable Check

- ✓ Organic is OK
- ✓ Any brand

Fresh



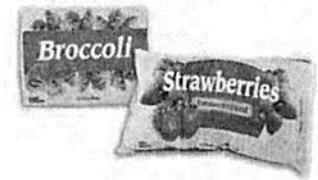
BUY:

- ✓ Loose or pre-packaged
- ✓ Whole or cut

DO NOT BUY:

- ✗ Salad bar items, party platters, fruit baskets
- ✗ Herbs, nuts, peanuts
- ✗ Salad kits with nuts, croutons, or dressing
- ✗ Fruit or vegetables with dips
- ✗ Dried fruit

Frozen



BUY:

- ✓ Plain
- ✓ Bag or box
- ✓ Low sodium OK

DO NOT BUY:

- ✗ With sugar, breading, butter, sauce, fat, or oil
- ✗ With meat, rice, or pasta
- ✗ Fries or tater tots
- ✗ Soup
- ✗ WIC or other juice*

Canned



BUY:

- ✓ Water or juice pack only
- ✓ Metal, glass, or plastic container
- ✓ Low sodium OK

DO NOT BUY:

- ✗ With added meat, fat, oil, rice, or pasta
- ✗ With added sugar or in syrup
- ✗ With artificial sweetener
- ✗ Pickled vegetables, relishes, catsup
- ✗ Cranberry sauce, pie filling
- ✗ Soup
- ✗ WIC or other juice*
- ✗ WIC beans,* pork and beans, or baked beans
- ✗ Pouches or smoothies

* BUY WIC juice and WIC beans with your other WIC checks.

Juice

BUY:

- ✓ Brands and types shown here only
- ✓ 100% juice, unsweetened
- ✓ Can, carton or bottle size shown on check
- ✓ With calcium and/or vitamin D OK

DO NOT BUY:

- ✗ Less than 120% DV vitamin C
- ✗ Glass bottles
- ✗ Organic or fresh-squeezed
- ✗ Fruit cocktail, punch, drink, or light
- ✗ Shelf stable concentrate

Frozen Concentrate: For Women



ORANGE
Any Brand



GRAPEFRUIT
Any Brand



PINEAPPLE
Dole,
Old Orchard



APPLE
Best Yet,
Essential
Everyday,
Food Lion,
Giant,
Great Value,
Hannaford,
My Essentials,
Old Orchard
(with green
tear strip),
Safeway,
Seneca



GRAPE
Best Yet,
Old Orchard,
Welch's
(with yellow
tear strip)

64 ounce Container: For Children



ORANGE, GRAPEFRUIT
Any brand



PINEAPPLE
Best Yet,
Food Lion,
Hannaford,
Shurfine



APPLE
Best Yet,
Essential
Everyday,
Food Lion,
Giant,
Giant Eagle,
Great Value,
Hannaford,
Market Pantry,
My Essentials,
Old Orchard,
Safeway,
Shop Rite,
Shurfine,
Valu Time,
Wegmans



VEGETABLE
Best Yet,
Diane's Garden,
Giant,
Great Value,
Hannaford,
Harris Teeter,
V8



TOMATO
Campbell's,
Food Lion,
Giant,
Great Value,
Hannaford,
Harris Teeter,
Market Pantry,
Shursaving



GRAPE
(red, purple,
or white)
Best Yet,
Food Lion,
Giant,
Giant Eagle,
Harris Teeter,
Juicy Juice,
Old Orchard,
Valu Time,
Wegmans

Breads & Rolls

BUY:

- ✓ Brands and types shown here only
- ✓ 1 pound or 15 to 16 ounce package

DO NOT BUY:

- ✗ Organic



Breads

- Acme 100% Whole Wheat Bread
- Arnold Stone Ground 100% Whole Wheat
- Bimbo 100% Whole Wheat Bread
- Food Lion 100% Whole Wheat Sliced Bread
- Giant 100% Whole Wheat Bread
- Giant Eagle 100% Whole Wheat Bread
- Giant Stone Ground 100% Whole Wheat Bread
- Great Value 100% Whole Wheat Round Top Bread
- Harris Teeter 100% Whole Wheat Bread
- Mars 100% Whole Wheat Bread
- Nature's Own 100% Whole Wheat 100% Whole Grain Bread Sugar Free
- Pepperidge Farm Jewish Rye Bread Whole Grain Seeded
- Pepperidge Farm Stone Ground 100% Whole Wheat Bread
- Roman Meal Round Top Bread
- Roman Meal Sungrain 100% Whole Wheat Bread
- Safeway Kitchens 100% Whole Wheat Bread
- Sara Lee 100% Whole Wheat Bread
- Schmidt Olde Tyme 100% Whole Wheat Bread
- Shoppers 100% Whole Wheat Bread
- ShopRite 100% Whole Wheat Bread
- Shurfine 100% Whole Wheat Bread
- Stern's 100% Whole Wheat Bread
- Weight Watchers 100% Whole Wheat Bread
- Wonder 100% Whole Wheat Bread

Rolls

- Giant 100% Whole Wheat Hamburger Rolls
- Giant 100% Whole Wheat Hot Dog Rolls
- Nature's Own 100% Whole Wheat Sandwich Rolls
- Schmidt Old Tyme Whole Grain 100% Whole Wheat Sandwich Rolls
- Schmidt Old Tyme 100% Whole Grain White Wheat Sandwich Rolls
- Schmidt Old Tyme Whole Grain 100% Whole Wheat Hot Dog Rolls
- Schmidt Old Tyme 100% Whole Grain White Wheat Flour Long Rolls
- Stern's 100% Whole Wheat Rolls



Tortillas

BUY:

- ✓ 1 pound (16 ounce) package
- Buena Vida Whole Grain Tortillas
- Carlita Corn Tortillas or 100% Whole Wheat Tortillas
- Celia's Corn Tortillas
- Chi-Chi's White Corn Tortillas
- Don Pancho White Corn Tortillas
- La Burrita Yellow Corn Tortillas
- La Banderita Corn Tortillas
- Mission Yellow Corn or Whole Wheat Tortillas
- Ortega Whole Wheat Tortillas



DO NOT BUY:

- ✗ Fried corn tortillas, chips, tostadas, or taco shells
- ✗ White flour tortillas or with any added flavors
- ✗ Organic

Brown Rice

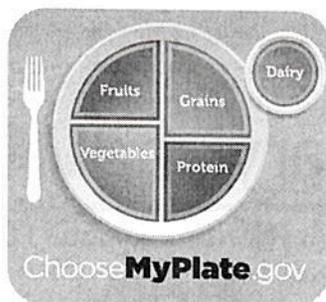
BUY:

- ✓ Regular
- ✓ Store brand if available
- ✓ 1 pound (16 ounce) package
- ✓ Dry, plain



DO NOT BUY:

- ✗ Ready-to-serve or precooked in pouch
- ✗ Rice with added flavor, sauce, or vegetables
- ✗ Organic



Healthy WIC foods like lowfat milk, eggs, beans, whole wheat breads, breakfast cereals, fruits and vegetables make your plate great!

 Indicates Whole Grain Food

Infant Foods

Infant Formula

BUY:

- ✓ Brand, type, and size shown on check

DO NOT BUY:

- ✗ Organic formula



Infant Cereal

BUY:

- ✓ Brand shown on check
- ✓ Dry, 8 or 16 ounce container

DO NOT BUY:

- ✗ Organic or with DHA, fruit, or formula
- ✗ Jar or can

Infant Fruits & Vegetables

BUY:

- ✓ Plain vegetables or combination of vegetables (example: carrots and yams)
- ✓ Plain fruit or combination of fruits (example: apples and bananas)
- ✓ Store brand if available
- ✓ Multi-packs OK (a 2 pack = 2 containers)
- ✓ 3.5 or 4 ounce container



DO NOT BUY:

- ✗ Organic or with DHA
- ✗ With meat, yogurt, cereal, pasta, or rice
- ✗ Dinners, desserts, soups, stews, or diced
- ✗ Pouches or smoothies

Infant Meat

BUY IF PRINTED ON CHECK:

- ✓ Plain chicken, turkey, beef, lamb, veal, or ham
- ✓ Store brand if available
- ✓ With gravy or broth OK
- ✓ 2.5 ounce container



DO NOT BUY:

- ✗ Organic or with DHA
- ✗ With added vegetables, fruit, rice, cereal, or pasta
- ✗ Dinners, meat sticks, stews, or soups
- ✗ Pouches

Different Ways to Buy Infant Fruits & Vegetables

Here are some examples of how you can buy combinations of single 4 ounce containers and 2 packs* to get to the number of ounces printed on your check.

If your check says 64 ounces , there are 3 ways to make 64 ounces.	 SINGLES	+	 2 PACK *
	16	+	0
	or		
	9	+	4
or			
2	+	8	
If your check says 84 ounces , there are 4 ways to make 84 ounces.	 SINGLES	+	 2 PACK *
	21	+	0
	or		
	14	+	4
	or		
7	+	8	
or			
0	+	12	
If your check says 88 ounces , there are 4 ways to make 88 ounces.	 SINGLES	+	 2 PACK *
	22	+	0
	or		
	15	+	4
	or		
8	+	8	
or			
1	+	12	

* Example is based on pack of two 3.5 ounce containers.

Soy Beverage

BUY:

- ✓ Brand and container size shown on check
- ✓ Half gallons (refrigerated):
 - 8th Continent Original
 - Silk Original
- ✓ Quarts (shelf-stable):
 - Pacific Natural Foods Ultra Soy Plain



DO NOT BUY:

- ✗ Any flavors
- ✗ Light or fat-free

Tofu

BUY:

- ✓ Brands and types shown here only
- ✓ 16 ounce container
- Azumaya: Extra Firm, Firm, Silken
- House Foods Premium: Extra Firm, Firm, Medium Firm
- Nasoya: Silken



DO NOT BUY:

- ✗ With added sodium, flavoring, fat, or oil

QUESTIONS?

Ask your WIC staff or call the Maryland WIC Office at 1-800-242-4942 or visit our website at www.mdwic.org

Maryland WIC

Better Nutrition Brighter Future



Lawrence J. Hogan, Jr., Governor
 Boyd K. Rutherford, Lt. Governor
 Van T. Mitchell, Secretary, DHMH

This institution is an equal opportunity provider.

SPECIFICATIONS FOR AUTHORIZED FOODS**A. Milk and Milk Alternatives****Milk (Food Packages III, IV, V, VI and VII)**

1. Must conform to the FDA Standard of Identity for whole, reduced-fat, low-fat, and non-fat cow's milk.
2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).
3. Must be pasteurized.
4. Must contain at least 400 international units of vitamin D per quart and 2000 international units of vitamin A per quart.
5. May be evaporated, powdered, ultra high temperature, Kosher, or lactose-reduced or lactose free forms.
6. May not be super or ultraskim, buttermilk, chocolate or other flavored milk, organic, soy, or rice milk, goat milk, or sweetened condensed milk.

Cheese (Food Packages III, IV, V, VI, and VII)

1. Must conform to the FDA Standard of Identity for cheese.
2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).
3. Must be domestic cheese made from 100% pasteurized milk.
4. May be regular or reduced fat American, Cheddar, , Monterey Jack, Mozzarella, or Swiss.
5. May not be organic or imported; deli, string, individually wrapped, shredded, crumbled, or cubed cheese; cheese food, product, or spread; cream cheese; or contain flavors, nuts, peppers, or crackers.

Soy-based beverage (Food Packages III, IV, V, VI, VII)

1. Must be fortified to meet the following nutrient levels per cup: 276 mg calcium, 8 grams of protein, 500 IU vitamin A, 100 IU vitamin D, 24 mg magnesium, 222 mg phosphorus, 349 potassium, .44 mg riboflavin, and 1.1 mcg vitamin B12, in accordance with fortification guidelines issued by FDA.

2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).
3. May not be of the flavored, light, or fat-free variety.
4. Must be plain and/or unflavored.

Tofu (Food Packages III, IV, V, VI, VII)

1. Must be calcium-set tofu prepared only with calcium salts (e.g. calcium sulfate).
2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).
3. May not contain added fats, sugars, oils or sodium.
4. Must be of any unflavored variety or texture.

B. Breakfast Cereal (Food Packages III, IV, V, VI, and VII)

1. Must conform to the FDA Standard of Identity for ready-to-eat and instant and regular hot breakfast cereals.
2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).
2. Must provide a minimum of 28 milligrams of iron per 100 grams dry cereal.
3. Must contain no more than 21.2 grams sucrose and other sugars per 100 grams dry cereal (6 grams per ounce).
4. At least half of the breakfast cereals must contain whole grain as the primary ingredient by weight and meet labeling requirements for making a health claim as a “whole grain food with moderate fat content.”
5. May not be organic.

C. Juice (Food Packages III, IV, V, VI, and VII)

1. Must be 100% unsweetened fruit juice, single strength fluid or juice concentrate.
2. Must conform to the FDA Standard of Identity for fruit juice.
3. Must meet standards outlined in Table 4 CFR 246.10(e)(12).
4. Must contain at least 30 milligrams of vitamin C per 100 milliliters of juice.

5. May not be blended juice; fresh-squeezed; organic; or packaged in a paper carton or glass bottle.

D. Eggs (Food Packages IV, V, VI, and VII)

1. Must conform to the FDA Standard of Identity for fresh shell domestic hens' eggs.
2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).
3. Must be medium or large.
4. May not be organic or a specialty egg such as fertile, cage-free, low fat or cholesterol, omega-3, or pasteurized variety.

E. Mature Legumes and Peanut Butter (Food Packages III, IV, V, VI and VII)

1. Must be plain mature dry beans, peas, or lentils in dry-packaged or canned form (regular or reduced in sodium content).
2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).
3. May not be organic or contain added meats, sugars, fats, oils, or sauce.

Peanut butter

1. Must conform to the FDA Standard of Identity for peanut butter.
2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).
3. May not be organic, natural or reduced fat; be mixed with any flavors or be fresh-ground.

F. Canned fish (Food Package VII)

1. May be light tuna, pink salmon, or sardines, water pack only; must conform to the FDA Standard of Identity.
2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).
3. May not be Albacore (or white) tuna or red salmon; organic, low sodium or gourmet; contain added flavors or sauces; or be packaged in a pouch, bowl, or kit.

G. Fruits and Vegetables (Food Packages III, IV, V, and VI, and VII)

Fruits

1. May be any variety of fresh whole or cut fruit without added sugar.
2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).
3. May be any variety of canned fruit that conforms to the FDA Standard of Identity and is water- or juice-packed without added sugar or artificial sweeteners, fats, oils, or sodium, or any variety of frozen fruit without added sugars or artificial sweeteners.

Vegetables

1. May be any variety of fresh whole or cut vegetable
2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).
3. May be any variety of canned or frozen vegetables that conforms to the FDA Standard of Identity but does not contain meats, pasta, or rice, or added sugars, fats, oils, sauce, or breading.

H. Whole wheat bread and other whole unprocessed grains (Food Packages III, IV, V, and VII)

1. 100% whole wheat bread or rolls must conform to the FDA Standard of Identity but may not be organic or contain added fruit or nuts.
2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).
3. Whole grain bread may be substituted for 100% whole wheat bread but must conform to the FDA Standard of Identity and may not be organic or contain added fruit or nuts.
4. Brown rice may be substituted for bread but cannot be organic or contain added flavors, sauces, meat, or vegetables or be packaged in a cooking pouch.
5. Soft corn and whole wheat tortillas may be substituted for bread but cannot be fried or have added flavors.

I. Infant Foods (Food Package II, III)

Cereal

1. Must contain a minimum of 45 milligrams of iron per 100 grams dry cereal.
2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).
3. Must not be organic or contain formula, milk, fruit, or other non-cereal ingredients.

Fruits and Vegetables

1. Any variety, single ingredient commercial infant food fruit or vegetable, “stage 2,” without added sugars, starches, or salt.
2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).

Meat

1. Any variety, single ingredient commercial infant food meat or poultry, “stage or 2,” without added sugar or salt.
2. Must meet standards outlined in Table 4 CFR 246.10(e)(12).

Reference: Table 4 CFR 246.10(e)(12), Minimum Requirements and Specifications for Supplemental Foods, Federal Regulations, 7 CFR Part 246, Special Supplemental Nutrition Program for Women, Infants and Children (WIC): Revisions in the WIC Food Packages.

**MARYLAND DEPARTMENT OF HEALTH AND MENTAL HYGIENE
WIC PROGRAM
POLICY AND PROCEDURE MANUAL**

**Policy and Procedure Number: 3.05
Effective Date: October 1, 2001
Revised Date: October 1, 2015**

SECTION: FOOD PACKAGES

SUBJECT: Distribution of Formula by Local Agencies

A. Policy

Local agencies are likely to have small amounts of formula available from participants returning unused product to exchange for a different formula. There is no guarantee that a specific formula will be available for exchange. The quantity, type, and form available will vary based on what has been returned. If the specific formula desired is not available for exchange, no formula should be provided.

Participants returning unopened cans of non-expired formula may receive a replacement when the return is due to a formula change, incorrect formula purchased, or formula recall. The quantity replaced must be equal to or less than the quantity returned to assure that participants are not provided more than the amount allowed per federal regulations. Staff should use the formula calculator in the management information system to assist in determining the appropriate amount of replacement formula to provide when the form (powder, concentrate, ready-to-use) or packaging size for the formula requested is different from the formula returned.

Formula may not be provided to extend the food package beyond the supplemental amount allowable by federal WIC regulations 246.10 (c)(1), (c)(2), and (c)(3) for Food Packages I, II, and III, or to provide formula in addition to food in Food Packages IV through VII [246.10 (c)(4-7)]. It may be used to smooth transition from one product to another and to assist participants when there are scheduling delays for WIC appointments.

If ready-to-feed (RTF) formula is available at the local agency, it may only be provided in accordance with WIC regulations, 7 CFR 246.10 (c)(1)(I). Formula may not be used for the purpose of feeding hungry infants who are in the clinic for a WIC appointment.

Storage--Infant formula should be stored out of view of participants. All formula must be stored at least two inches above the floor. When additional formula is received, older formula (with earlier expiration dates) should be rotated to the front and given first, so that all formula can be used prior to its expiration.

B. Procedure

1. Maryland WIC staff may give a participant formula from the local agency's supply, if available, for the following reasons:
 - **To assist in transitioning an infant who has been on a non-contract standard formula.** If an infant is on an alternate brand, in stock formula can be provided to allow the infant a trial on the contract brand.
 - **To assist with formula changes and replacing returned formula/WIC checks for a different formula.** Use formula calculator in WOW to determine the most appropriate replacement amount when replacing returned formula. New WIC checks may be issued as long as the quantity of formula available via those checks is equal to or less than the quantity returned. If the quantity of formula available via WIC checks is less than the quantity returned, additional cans of formula from the local agency supply may be issued to make up the difference. If the quantity of formula available via WIC checks is more than the quantity returned, the full amount of replacement formula may be issued using the local agency's supply.
 - **To help a WIC participant until her WIC appointment when she can be issued WIC checks.** When a participant's WIC appointment is delayed because of schedule availability, a small amount of contract formula, if available, can be provided to cover some or all of the days until the WIC appointment. The amount provided should not exceed maximum amount of formula for each age group.
 - **To assist a breastfeeding mother who is required to temporarily stop breastfeeding.** If an exclusively breastfeeding mother needs to stop breastfeeding for medical reasons (e.g. drug therapy, jaundice), a small amount of formula from the local agency's supply can be provided for the interim period. This will allow staff to support breastfeeding and better encourage the mother to continue to use breast milk once allowed to do so.
 - **To assist in hardship situations when checks are stolen and cannot be replaced.** Formula available at the local agency may be given to a participant whose checks have been stolen. The amount of formula provided may be equal to or less than that reported stolen.
2. Returned and re-issued formula shall be inventoried and tracked. Local agency staff may use Attachment 3.05A to track usage of this formula, or may develop their own version.
3. Participants receiving formula directly from the local agency must sign for the formula, documenting that they have received it.
4. If it looks unlikely that the local agency will use it, formula within one month of expiration may be donated to food assistance groups and health department organizations working with needy families. It may not be donated directly to a

participant. All donations shall be documented in the inventory/tracking log.

Attachments:

3.05 A Formula Inventory/Tracking Log

Revisions:

- 10/08 Added a paragraph on page 1 stating that returned formula may be replaced for the specific reasons noted. Added information on page 2 referring to use of Attachment 3.05B when replacing returned formula; reworded some of the information in that paragraph. Added Attachment 3.05 B.
- 10/10 Removed Attachment 3.05 B. Staff will use the formula calculator in WOW to determine the most appropriate replacement amount for returned formula. Changed information on page 2 indicating amount of formula provided should not exceed maximum amount for each age group.
- 03/11 Corrected typographical errors in third paragraph of Policy section.
- 10/14 Updated B.1 Procedure to state the reasons for which participants, not applicants, may be given formula from the local agency supply; deleted the references to applicants.
Updated Attachment 3.05A to include the formula form (powder, concentrate or ready-to-use), the quantity in or out, the quantity balance and a numerical reason code with a corresponding key below the table.
- 10/15 To be consistent with federal language the term ready-use (RTU) formula was replaced with ready-to-feed (RTF).

MARYLAND DEPARTMENT OF HEALTH AND MENTAL HYGIENE
WIC PROGRAM
POLICY AND PROCEDURE MANUAL

Policy and Procedure Number: 3.06
Effective Date: October 1, 2008
Revised Date: October 1, 2015

SECTION: FOOD PACKAGES

SUBJECT: Medical Assistance Payment for Exempt Infant Formulas and WIC-eligible
Nutritionals

A. Policy

1. For WIC participants who receive Medical Assistance and require a contract infant formula WIC shall provide the formula—whether consumed orally or through a tube-- up to the WIC-allowed maximum volume. The current contract formulas are Similac Advance, Similac Sensitive, Similac for Spit-Up, and Gerber Good Start Soy.
2. For WIC participants who receive Medical Assistance and require an exempt infant formula (ie. Neosure, Alimentum, or Nutramigen) or WIC-eligible nutritional (ie. Elecare Jr or Pediasure), the Maryland Medical Assistance Program may provide the product if the participant:
 - a. **Is tube-fed;** or
 - b. **Participates in the Rare and Expensive Case Management (REM) Program.** The (REM) Program is a case-managed, fee-for-service health insurance option for Maryland Medical Assistance recipients with certain qualifying medical conditions. Examples of conditions that may qualify an individual for REM include phenylketonuria and other inborn errors of metabolism, cystic fibrosis, spina bifida, chronic renal failure, and quadriplegia.

B. Procedure

1. Local agency staff shall review the request for the exempt infant formula or WIC-eligible nutritional and determine if the participant receives REM and/or is tube-fed. If the participant **is not tube-fed** and **not receiving REM**, WIC shall provide the product up to the maximum volume allowed by WIC federal regulations.
2. If the participant **is tube-fed and/or receiving REM**, staff shall inform the participant or caregiver that the Maryland Medical Assistance Program may provide the exempt infant formula or WIC-eligible nutritional as follows:

- a. **For participants that are enrolled in the Maryland’s Medical Assistance Medicaid Managed Care (MCO) Program and are tube-fed:** The participant’s MCO is responsible for providing the exempt infant formula or WIC-eligible nutritional. Examples of Medical Assistance MCOs include Amerigroup, MedStar, Family Choice and Priority Partners.
 - i. If a participant receives exempt infant formula or WIC-eligible nutritional via tube and orally, WIC shall provide the amount fed orally as needed, up to the WIC-allowed maximum volume.
 - ii. If a participant receives a standard formula via tube, WIC shall provide the formula, up to the WIC-allowed maximum volume.

- b. **For participants in the REM Program:** The assigned REM case manager should work with the participant’s primary care provider to obtain the exempt infant formula or WIC-eligible nutritional regardless of whether it is consumed orally or through a tube.
 - i. Inform the participant’s health care provider or REM case manager that the REM Program may provide the exempt infant formula or WIC-eligible nutritional.
 - ii. Provide a one-month supply of the exempt infant formula or WIC-eligible nutritional to the participant, as needed, while the request is processed. Additional product may be provided if the authorization process takes longer than one month.
 - iii. Document all communication with the participant or caregiver and health care provider in the participant’s food prescription note screen.

- c. **For participants that do not currently receive Medical Assistance (including REM);** refer to the Maryland Medical Assistance Program. If the participant receives private insurance, the participant or caregiver should contact their health care provider regarding coverage of tube feeding. WIC may provide exempt infant formula or WIC-eligible nutritional while the request is being processed.

Reference:

- 1. SFP 01-113
-

Revisions:

- 10/10 B.1.d. Changed information system to WOW.
Attachment 3.06A: Replaced 2007 Medicaid form with 2010 version.
Updated formula names in footnote 2.

- 10/13 Updated name of Neocate One Plus to Neocate Junior in Section A. Footnote #2: Replaced Similac Sensitive Isomil Soy with Enfamil Prosobee as an example of a standard infant formula (since Enfamil Prosobee is the current Maryland contract soy formula) and added Similac Total Comfort. Updated link for Maryland Medicaid Pharmacy Program website. Changed “formula” to “exempt infant formula” or “exempt formula” to “exempt infant formula” for consistency throughout the policy. Attachment 3.06A: Replaced 2010 Medicaid form with 2011 version (most recent update).
- 10/15 Changed policy name to “Medical Assistance Payment for Exempt Infant Formulas and WIC-Eligible Nutritionals”. Updated soy contract formula to Gerber Good Start Soy. Moved REM definition from the footnote to the body of the policy. Removed definition of standard infant formula and exempt infant formula, as both are defined in other policies. Medical Assistance replaced “Health Choice” to reflect the language used by staff and to be consistent with other policies. For clarity and to minimize staff confusion the procedure was reorganized into three distinct situations; participants receiving Medical Assistance, participants receiving REM and participants not receiving either. Attachment 3.06A was removed.

Policy and Procedure 3.06A has been removed.