



# DECEMBER 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Washington County</b> <b>To Contact a Breastfeeding Counselor near you:</b> WIC Breastfeeding Support Line: Breastfeeding Coordinator CLE: (240) 313-3311 BF Peer Counselor: (240) 313-3317 Urgent BF concerns: (240) 313-3335		<b>Services:</b> ☎ Peer Counseling ☎ Weekly BF classes 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc.)		<b>1</b> 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	<b>2</b>	<b>3</b>
<b>4</b>	<b>5</b>	<b>6</b> Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	<b>7</b>	<b>8</b> 10am Breastfeeding Support Group	<b>9</b>	<b>10</b>
<b>11</b>	<b>12</b>	<b>13</b> Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	<b>14</b>	<b>15</b> 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	<b>16</b>	<b>17</b>
<b>18</b>	<b>19</b>	<b>20</b> Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	<b>21</b>	<b>22</b> 10am Breastfeeding Support Group	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b> <b>Holiday</b>	<b>27</b> Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>



# JANUARY 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Washington County)</b> <b>To Contact a Breastfeeding Counselor near you:</b> WIC Breastfeeding Support Line: BF Coordinator CLE: (240)-313-3311 BF Peer Counselor: (240) 313-3317 Urgent BF concerns: (240) 313-3335		<b>Services:</b> ☘ Peer Counseling ☘ Weekly BF classes 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc.)				
1	2 <b>Holiday</b>	3 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	4	5 10am Breastfeeding Support Group	6	7
8	9	10 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	11	12 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	13	14
15	16 <b>Martin Luther King Holiday</b>	17 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	18	19 10am Breastfeeding Support Group	20	21
22/29	23/30	24/31 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	25	26 10am Breastfeeding Support Group	27	28



# FEBRUARY 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Washington County)</b> <b>To Contact a Breastfeeding Counselor near you:</b> WIC Breastfeeding Support Line: Breastfeeding Coordinator (240) 313-3311 BF Peer Counselor(240) 313-3317 Urgent BF concerns: (240) 313-3335			<b>Services:</b> <ul style="list-style-type: none"> <li>☎ Peer Counseling</li> <li>☎ Weekly BF classes</li> </ul> 1-on-1 instruction on "Getting Started" with BF (positioning, latch, sleepy baby, growth spurts, etc.)			
		<b>1</b> Myth Busters/Getting to the truth about the benefits of breastfeeding/11:00 am	<b>2</b>	<b>3</b> 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b> Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	<b>9</b>	<b>10</b> 10am Breastfeeding Support Group	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b>	<b>15</b> Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	<b>16</b>	<b>17</b> 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	<b>18</b>	<b>19</b>
<b>20</b>	<b>21</b>	<b>22</b> Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	<b>23</b>	<b>24</b> 10am Breastfeeding Support Group	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>			