SEPTEMBER 2015

Breastfeeding is Baby's Best Start

Maryland WIC
Better Nutrition Brighter Future

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	**2**	**3** Carroll Hospital Breastfeeding Support* 12:00pm - 1:00pm Shauck Auditorium Information. Call 410-871-7000 Free. No registration required. Walk-ins welcome	**4**	**5**
6	**7**	**8**	**9**	**10** Carroll Hospital Breastfeeding Support* 12:00pm - 1:00pm Shauck Auditorium Information. Call 410-871-7000 Free. No registration required. Walk-ins welcome	**11**	**12**
13	**14**	**15** Breastfeeding Class: Learn How To Breastfeed @ Carroll Hospital in the Shauck Auditorium 6:30 pm – 9:00 pm To register, call 410-871-7000. Fee $30.00	**16**	**17** Carroll Hospital Breastfeeding Support* 12:00pm - 1:00pm and 6:15 pm – 7:15 pm Shauck Auditorium Information. Call 410-871-7000 Free. No registration required. Walk-ins welcome	**18** Breastfeeding Basics Class Offered to WIC participants 1-2 PM Carroll County Health Department. WIC Program Call ahead 410-876-4898	**19**
20	**21**	**22**	**23**	**24** Carroll Hospital Breastfeeding Support* 12:00pm - 1:00pm Shauck Auditorium Information. Call 410-871-7000 Free. No registration required. Walk-ins welcome	**25**	**26**
27	**28**	**29**	**30**	Carroll County **For Breastfeeding support near you: (410) 876-4898** Elaine Geisler, Certified Breastfeeding Specialist [English] Mona Ramirez, Certified Breastfeeding Specialist [Spanish] Laurie Hegg-Boyle, Certified Breastfeeding Specialist [English] Barbara Regan, RD – Breastfeeding Coordinator		*Group is facilitated by Angela Baublitz RN, BSN IBCLC Lactation Specialist

OCTOBER 2015

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NOVEMBER 2015

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