



# SEPTEMBER 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9 Prenatal/Breastfeeding Preparation Classes, 11 am-12 pm. Held at all BCHD WIC locations. Open to all pregnant participants, dads and family support.	10	11	12
13	14	15	16	17	18	19
20	21	22	23 Prenatal/Breastfeeding Preparation Classes, 11 am-12 pm. Held at all BCHD WIC locations. Open to all pregnant participants, dads and family support.	24	25	26
27	28	29	30	Judy Yankelove and Heather Armstrong, the Lactation Consultants, are available to assist with breastfeeding by appointment and by phone. Contact the breastfeeding support WARM Line @ 410-396-9427. Monday through Friday from 8:30 am - 4:00 pm.  (Baltimore City)		



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4	5	6	<p>7 Prenatal/Breastfeeding Preparation Classes, 11 am-12 pm. Held at all BCHD WIC locations. Open to all pregnant participants, dads and family support.</p>	8	9	10
11	12	13	14	15	16	17
18	19	20	<p>21 Prenatal/Breastfeeding Preparation Classes, 11 am-12 pm. Held at all BCHD WIC locations. Open to all pregnant participants, dads and family support.</p>	22	23	24
25	26	27	28	29	30	31



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8	9	10	<p>11 Prenatal/Breastfeeding Preparation Classes, 11 am-12 pm. Held at all BCHD WIC locations. Open to all pregnant participants, dads and family support.</p>	12	13	14
15	16	17	18	19	20	21
22/29	23/30	24	<p>25 Prenatal/Breastfeeding Preparation Classes, 11 am-12 pm. Held at all BCHD WIC locations. Open to all pregnant participants, dads and family support.</p>	26	27	28