



# SEPTEMBER 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Annapolis Getting Started with Breastfeeding 5-6 pm	3 North County Breastfeeding Support Group 9:30 am - 11:30 am	4 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	5
6	7	8	9 North County Getting Started with Breastfeeding 5-6 pm	10	11 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	12
13	14	15	16 Annapolis A Working, Breastfeeding Mother's Discussion Group 5-6:30 pm	17 North County Breastfeeding Support Group 9:30 am - 11:30 am	18 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	19
20	21	22 North County Getting Started with Breastfeeding 10:30 am – 11:30 am	23 North County Getting Started with Breastfeeding 5-6 pm	24	25 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am	26
27	28	29	30	<b>Anne Arundel Services:</b> <ul style="list-style-type: none"> <li>☛ BF Classes</li> <li>☛ BF Support Groups</li> <li>☛ 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant</li> </ul> <b>For more information:</b> <a href="http://www.ahealth.org/pdf/breast-feeding-resources.pdf">http://www.ahealth.org/pdf/breast-feeding-resources.pdf</a>		<b>To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator:</b> (410) 222-6797  <b>For Breastfeeding support:</b> (410) 222-0085 {English} (410) 222-0139 {Spanish}



# OCTOBER 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Anne Arundel Services:</b> <ul style="list-style-type: none"> <li>☛ BF Classes</li> <li>☛ BF Support Groups</li> <li>☛ 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant</li> </ul> <b>For more information:</b> <a href="http://www.aahealth.org/pdf/breast-feeding-resources.pdf">http://www.aahealth.org/pdf/breast-feeding-resources.pdf</a>		<b>To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator:</b> (410) 222-6797 <b>For Breastfeeding support:</b> (410) 222-0085 {English} (410) 222-0139 {Spanish}		<b>1</b>  <b>North County Breastfeeding Support Group</b> 9:30 am - 11:30 am	<b>2</b>  <b>Annapolis Breastfeeding Support Group</b> 9:30 am - 11:30 am	<b>3</b>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b> <b>Annapolis Getting Started with Breastfeeding</b> 5-6 pm	<b>8</b>	<b>9</b> <b>Annapolis Breastfeeding Support Group</b> 9:30 am - 11:30 am	<b>10</b>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> <b>North County Getting Started with Breastfeeding</b> 5-6 pm	<b>15</b> <b>North County Breastfeeding Support Group</b> 9:30 am - 11:30 am	<b>16</b> <b>Annapolis Breastfeeding Support Group</b> 9:30 am - 11:30 am <b>Annapolis Getting Started with Breastfeeding</b> 11 am - 12 noon	<b>17</b>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b> <b>Annapolis Breastfeeding Support Group</b> 9:30 am - 11:30 am	<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b> <b>North County Getting Started with Breastfeeding</b> 10:30 am – 11:30 am	<b>28</b> <b>North County Getting Started with Breastfeeding</b> 5-6 pm	<b>29</b>	<b>30</b> <b>Annapolis Breastfeeding Support Group</b> 9:30 am - 11:30 am	<b>31</b>



# NOVEMBER 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Anne Arundel Services:</b> <ul style="list-style-type: none"> <li>✿ BF Classes</li> <li>✿ BF Support Groups</li> <li>✿ 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant</li> </ul> <b>For more information:</b> <a href="http://www.aahealth.org/pdf/breast-feeding-resources.pdf">http://www.aahealth.org/pdf/breast-feeding-resources.pdf</a>				<b>To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator:</b> (410) 222-6797  <b>For Breastfeeding support:</b> (410) 222-0085 {English} (410) 222-0139 {Spanish}		
1	2	3	4 Annapolis Getting Started with Breastfeeding 5-6 pm	5 North County Breastfeeding Support Group 9:30 am - 11:30 am	6 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	7
8	9	10	11	12	13 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	14
15	16	17	18	19 North County Breastfeeding Support Group 9:30 am - 11:30 am	20 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am Annapolis	21
22/29	23/30	24 North County Getting Started with Breastfeeding 10:30 am – 11:30 am	25	26	27	28