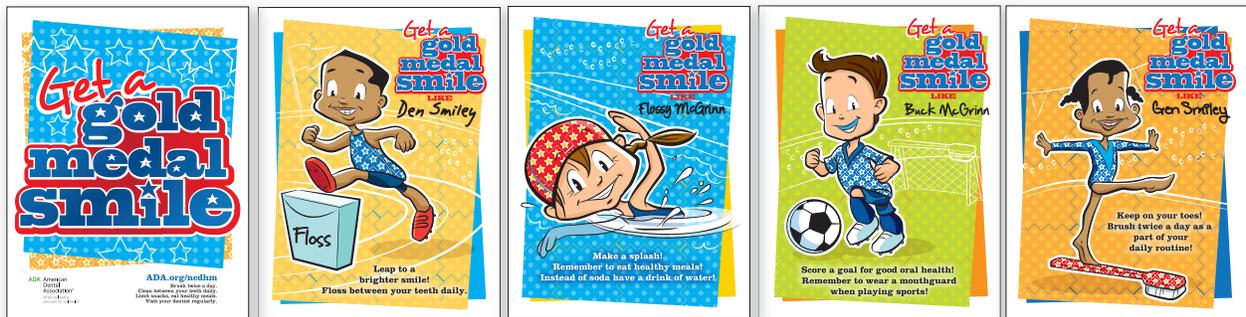


Do it Yourself National Children's Dental Health Month Poster!

Print out the five, individual, 8.5x11 poster sheets and arrange to make a your own poster.

Display in a row to make a banner.



Or overlap to make a big poster and fill in the open areas with construction paper.





ADA American
Dental
Association®
America's leading
advocate for oral health

ADA.org/ncdhm

**Brush twice a day.
Clean between your teeth daily.
Limit snacks, eat healthy meals.
Visit your dentist regularly.**

Get a
**gold
medal
smile**

LIKE
Den Smiley



**Leap to a
brighter smile!
Floss between your teeth daily.**

Get a
**gold
medal
smile**

LIKE

Flossy McGrinn



**Make a splash!
Remember to eat healthy meals!
Instead of soda have a drink of water!**

Get a
**gold
medal
smile**

LIKE

Buck McGrinn



**Score a goal for good oral health!
Remember to wear a mouthguard
when playing sports!**

Get a
**gold
medal
smile**

LIKE

Gen Smiley



**Keep on your toes!
Brush twice a day as a
part of your
daily routine!**