

Proclamation
Oral Cancer Awareness Month
April 2012

- Whereas: Oral Cancer Awareness Week is aimed at educating the public about the risk factors, signs and symptoms of the disease; and
- Whereas: When the correct steps, such as adults over 40 years of age receive an annual oral cancer exam from their dental or medical provider; and
- Whereas: Quit the use of all tobacco products and limit alcoholic drinks; and
- Whereas: Use a lip balm with SPF of at least 15 anytime outdoors and have a diet rich in fruits and vegetables; and
- Whereas: Limit certain sexual behaviors in order to reduce exposure to the Human Papillomavirus, Oral Cancer can be highly preventable; and
- Whereas: The Department of Health and Mental Hygiene's, Office of Oral Health, supports the early detection of oral cancer and prevention of the disease through promoting tobacco cessation programs, including the Maryland Quitline, and providing oral cancer screenings yearly.

Now, therefore, I, Martin O'Malley, Governor of the State of Maryland, do hereby proclaim April 2012, as Oral Cancer Awareness Month in Maryland, and do commend this observance to all our citizens.