

Word Count: 104
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PSA: Children's Dental Health Month – February 2016

AUDIO:

February is Children's Dental Health Month in Maryland. The _____
(*YOUR LOCAL HEALTH DEPARTMENT*) reminds parents that tooth decay is the most common chronic disease found in children. Fortunately, it's preventable! To help ensure healthy mouths, parents need to make sure that your children brush with fluoride toothpaste, floss daily, drink tap water if your community water system or private well has fluoride in it, eat a balanced diet without sugary foods or drinks, and have regular dental check-ups. Read with your child about the importance of oral health. Visit <http://guides.hshsl.umaryland.edu/dentistry/DentalBooksForChildren!>

This message brought to you by this station and (*YOUR LOCAL HEALTH DEPARTMENT*).

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