

PSA: Children's Dental Health Month – February 2016

AUDIO:

February is National Children's Dental Health Month in Maryland. The _____
(*YOUR LOCAL HEALTH DEPARTMENT*) reminds parents that their children can prevent cavities. Brushing with fluoride toothpaste, flossing daily, drinking tap water if your community water system or private well has fluoride in it, eating a balanced diet without sugary foods or drinks, and having regular dental check-ups are the keys to a lifetime of healthy teeth and gums. Read with your child about the importance of oral health. Visit
<http://guides.hshsl.umaryland.edu/dentistry/DentalBooksForChildren!>

This message brought to you by this station and (*YOUR LOCAL HEALTH DEPARTMENT*).

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