

Proclamation
Oral Cancer Awareness Month
April 2014

- Whereas: Oral Cancer Awareness Month is aimed at educating the public about the risk factors, signs and symptoms of the disease; and
- Whereas: When correct steps are taken, such as Maryland adults over 40 years of age receiving an annual oral cancer exam from their dental or medical provider; and
- Whereas: All Maryland residents quit the use of all tobacco products and limit alcoholic drinks; and
- Whereas: Use a lip balm with SPF of at least 15 anytime outdoors and consume a diet rich in fruits and vegetables; and
- Whereas: Limit certain sexual behaviors in order to reduce exposure to the Human Papillomavirus (HPV), Oral Cancer can be highly preventable; and
- Whereas: The Department of Health and Mental Hygiene Office of Oral Health supports the early detection of oral cancer and prevention of the disease through yearly oral cancer screenings and promoting tobacco cessation programs, such as, the Maryland Tobacco Quitline, 1-800-QUIT-NOW.

Now, therefore, I, (INSERT LOCAL NAME), do hereby proclaim April 2014, as Oral Cancer Awareness Month in Maryland, and do commend this observance to all our citizens.