



# Educational Materials Order Form

## Maryland Arthritis Project

Name: \_\_\_\_\_

<i>FOR OFFICE USE ONLY</i>
Date _____
Customer # _____
Order # _____

Department/Agency: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, ST, ZIP code: \_\_\_\_\_

Phone, fax, and/or email: \_\_\_\_\_

Description	Order Limit	Quantity
It Hurts When I Move... Help! (Low-literacy <u>Booklet</u> , 12 pages)	_____	
Fast Facts About Arthritis (2 pgs. front and back; 50 <u>Fact Sheets</u> per pad)	_____	
Physical Activity. The Arthritis Pain Reliever ( <u>Brochure</u> - African American Cover)	_____	
Physical Activity. The Arthritis Pain Reliever ( <u>Brochure</u> - Caucasian Cover)	_____	
Physical Activity. The Arthritis Pain Reliever ( <u>Brochure</u> - Hispanic Cover)	_____	
Global Stress Ball (exercise tool for the hand and relieves stress)	25	
Rubber Jar Opener (reduces hand fatigue and pain)	25	
Handy Bag Holders (tool to hold grocery bags, brief cases...etc. to reduce joint pain)	25	

**How did you hear about us? Please check one:**

- Internet 
 Brochure/Poster 
 Radio 
 Bus or light rail ad 
 Healthcare provider   
 Friend 
 Other

**\*All materials are FREE\***

**Orders may be placed by mail, fax, email, or phone to:**

Maryland Arthritis Project  
 Center for Health Promotion  
 201 W. Preston Street Baltimore, MD 21201  
 Phone: 410-767-1362  
 Fax: 410-333-7903  
[www.marylandarthritis.org](http://www.marylandarthritis.org)