

Requirements for a Lactation Support Room

A Lactation Support Room does not have to be elaborate or expensive, and is not difficult to set up. A Lactation Support Room should be a private area and not the bathroom. The chart below can guide you as you design a Lactation Support Room for your facility.

Basic Accommodations

- ◆ Multi-purpose space with door
- ◆ Electrical outlet
- ◆ Chair
- ◆ Small table
- ◆ Wastebasket
- ◆ Sink (in room or nearby) with hot water and soap
- ◆ Mother brings own pump
- ◆ Mother provides cooler to store breast milk

Better Accommodations

- ◆ Private area with door locks that accommodates one user at a time
- ◆ Electrical outlet
- ◆ Chair with arms
- ◆ Small table
- ◆ Wastebasket
- ◆ Sink (in room or nearby) with hot water and soap
- ◆ Mother brings own pump
- ◆ Refrigerator
- ◆ Sanitizer for spills
- ◆ Breastfeeding poster(s)
- ◆ Foot stool
- ◆ Clock/clock radio
- ◆ Mirror
- ◆ Space for pictures of babies

Comprehensive Accommodations

- ◆ Private area with door locks that accommodates more than one user in privacy
- ◆ Electrical outlet; Outgoing phone
- ◆ Chair with arms; Small table; Wastebasket
- ◆ Sink in room with hot water and soap
- ◆ Facility provides multi-user breast pump & mothers provide collection kits
- ◆ Refrigerator
- ◆ Sanitizer for spills
- ◆ Foot stool; Clock and radio; Mirror
- ◆ Breastfeeding poster(s)
- ◆ Baby Pictures
- ◆ Library of breastfeeding resources
- ◆ Available Lactation Consultant