

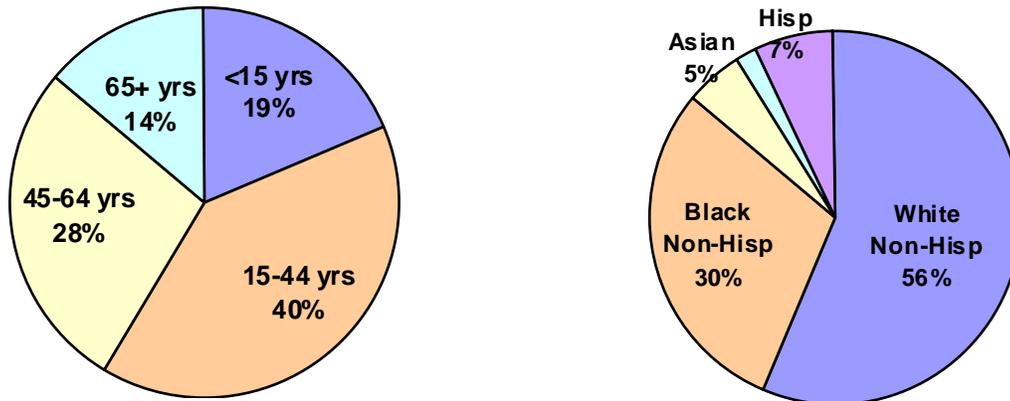


Summary, Health of Maryland Women 2011

Maryland Female Population (Source: Maryland Vital Statistics Annual Report 2009)

There are 2.9 million females in Maryland, making up 52% of the total population. From birth to about age 30, males make up a slightly greater percentage of the Maryland population. However in the 85+ age group, there are more than twice as many females as males.

Female Population by Age, Race and Ethnicity, Maryland 2009



Health Care Coverage

Ten percent of Maryland adult females live **below the federal poverty level**. Black and Hispanic women have twice the poverty rates of white non-Hispanic women. (Source: U.S. Census Bureau 2009)

Nine percent of females have **no health insurance** (no private insurance or Medical Assistance). Nearly 31% of Hispanic women have no health insurance. (Source: Maryland Health Care Commission 2009)

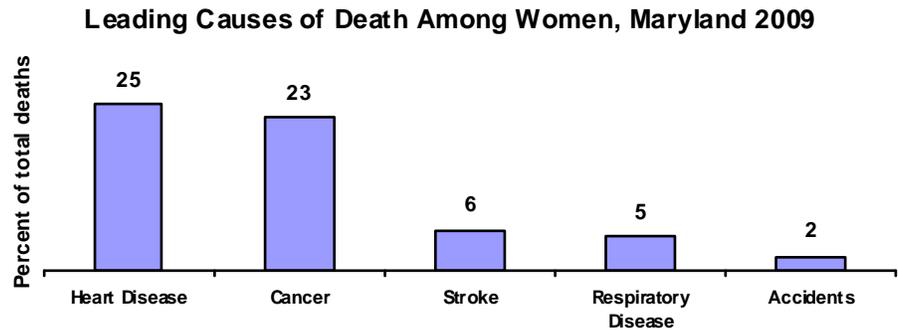
Life Expectancy (Source: Maryland Vital Statistics Annual Report 2009)

Life Expectancy for Infant Born in 2009 by Sex and Race

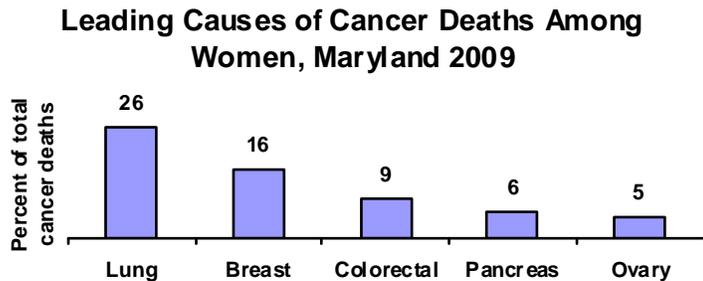
Female	Male	Female		Male	
		White	Black	White	Black
81.2 years	75.9 years	81.9 years	78.6 years	77.3 years	71.6 years

Leading Causes of Death (Source: Maryland Vital Statistics Annual Report 2009)

In 2009, there were 22,182 deaths among Maryland women. **Heart disease and cancer** were the two **most common causes of death** and accounted for nearly half (48%) of all female deaths (for both men and women).



Among women **ages 15-24**, the leading causes of death are **accidents, suicide, and homicide**. In Maryland, **HIV** is the third leading cause of death (cancer is first) among **black women ages 25-44** years old.



In 2009, there were 5,109 deaths due to cancer among Maryland women. **Lung cancer accounted for over one-fourth of all cancer deaths among women—more than breast and colorectal cancer combined.**

Depression and Suicide

In 2009, **14%** of women reported that their mental health was not good for at least 8 days out of the previous month. Poor mental health was nearly twice as common among women ages 18-44 than those 65+. (Source: Maryland BRFSS 2009).

Postpartum Depression – Fourteen percent of new mothers in Maryland reported feeling depressed during the postpartum time period (Source: Maryland PRAMS 2004-2008).

In Maryland, there were 197 suicides among women in 2008-9. **Suicide rates were highest for Non-Hispanic White** (9.4 per 100,000 women) and **Asian** (8.2) women and lowest for Non-Hispanic Black (2.7) women (Source: Maryland Vital Statistics Annual Report 2008-9).

Intimate Partner Violence and Homicide (Source: 2009 Uniform Crime Report, Maryland State Police)

In 2009, females were the victims in 75% of Maryland crimes (n=13,892) associated with intimate partner violence (IPV). Assault accounted for 92% of IPV crimes against women. Of the 61 female homicides in 2009, at least 23% (14) was attributed to IPV. In contrast, 2% of male homicides (6 out of 385) was attributed to IPV.

Homicide is the leading cause of pregnancy-associated deaths in Maryland. (Source: Vital Statistics Administration, 1993-2009)

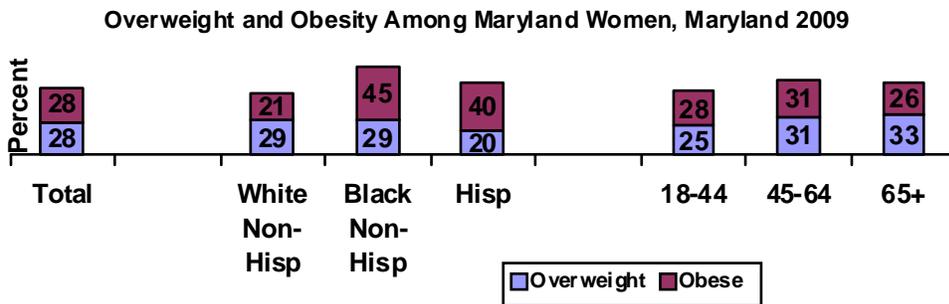
Cigarette Smoking (Source: Maryland BRFSS 2009)

In 2009, **14% of adult women reported smoking cigarettes** during the past month. Smoking was most prevalent among women ages 18-44 (15% smoked) and 45-64 (16% smoked). It was lowest among women 65 years of age or more (8% smoked). Smoking was most prevalent among non-Hispanic White and Black women (15% smoked) and least among Hispanic Women (5% smoked).

Alcohol Use (Source: Maryland BRFSS 2009)

In 2009, **10% of women reported at least one binge drinking** episode (4 or more drinks at one time) during the past month and **5% reported chronic drinking** (at least one drink per day during the past month). Both binge and chronic drinking were reported most commonly by non-Hispanic white women. Binge drinking was most common among women ages 18-44 (14%) and chronic drinking among women <65 years old (5%).

Weight (Source Maryland BRFSS 2009)



In 2009, 57% of Maryland women reported they were overweight (28%) or obese (28%).

Chronic Conditions (Source Maryland BRFSS 2009)

Percent of Maryland adult women who reported being told by a provider they had:

	All ages 18+	Ages 65+
Arthritis.....	30%	62%
Asthma (currently have).....	12%	8%
Diabetes.....	9%	20%
Hypertension.....	29%	61%