

Office for Genetics and People with Special Health Care Needs

Department of Health and Mental Hygiene
Prevention and Health Promotion Administration



TRAININGS AVAILABLE:

FAMILY PERSPECTIVE

Participants will be able to describe and have increased sensitivity to how families with CYSHCN are impacted by their child's special needs, from the perspective of a parent.

CAREGIVER STRESS

Participants will be able to explain caregiver stress, its causes, and learn some ways to help relieve the stress.

FINANCIAL STRESSORS

Participants will learn about the financial losses and expenses associated with having a child with a special healthcare need.

THE JOYS OF SPECIAL NEEDS CHILDREN

Shows what parents of special needs children already know: how these children can be a joy and blessing to their families!

Do you work with children and youth with special health care needs (CYSHCN) and their families?

We offer **FREE** staff trainings available for your organization:

- The trainings are geared to help your staff better understand the population they are dealing with and to develop a better family professional partnership.
- Each training can be done individually in 45 minutes or as one longer training session.
- * They can be easily modified to fit your organization's needs and goals.
- We can come to you, or hold the sessions by webinar whatever is more convenient for you.

The presenter, Angela Sittler, has over 9 years experience in dealing with CYSHCN. She is the parent resource coordinator for the office and has two children with special needs. If you are interested in any of the training sessions or want more information please contact Angela Sittler at 410-767-1063 or 800.638.8864.