



STATE OF MARYLAND

DHMH

Maryland Department of Health and Mental Hygiene

*Larry Hogan, Governor - Boyd Rutherford, Lt. Governor - Van Mitchell, Secretary*

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Dear Parents and Caregivers,

This care notebook has been designed for you, the parents and caregivers of a child with special health care needs. You play an important role in your child's care and doctors and nurses rely on you to give them information about your child's health. It is helpful to have all your child's health care information organized and in one place so you can manage it easily. Please use this health care notebook to adapt it to fit your child's needs (see Creating Your Care Notebook on the next page).

The Office for Genetics and People with Special Health Care Needs is also a resource for locating information on services you may need for your child. Please call our Special Health Care Needs Resource Line on 410-767-1063 or 1-800-638-8864 for help. You can also log on to our Resource Locator website: <http://specialneeds.dhmh.maryland.gov/> to locate resources for children and youth with special needs.

If you have any questions, please contact our parent resource coordinator, Ms. Angela Sitter at the above number. She will be happy to assist you.

Regards,

*Donna X. Harris*

Donna X. Harris  
Director  
Office for Genetics and People with Special Health Care Needs

### **Disclaimer**

This Patient Care Notebook is intended to assist you in maintaining and organizing your child's medical record information. You should take the Notebook to your child's medical appointments and emergency visits to assist you in providing the necessary medical information to your child's medical provider and to update information from the current doctor visit. Please keep the Patient Care Notebook in a safe location. The State of Maryland will not be responsible for loss or misplaced Patient Care Notebooks.