

STATE ADVISORY COUNCIL ON HEART DISEASE AND STROKE
MEETING MINUTES – October 22, 2015
4:00 – 6:00 PM

MEMBERS & GUESTS PRESENT

Stern, Barney (Chair)
Miller, Michael (Co-Chair)
Abuzahra, Mohammed (member)
Avin, Brian, phone (member)
Cooke, Catherine, phone (member)
Donnelly-Struzzo, Mary (member)
Fedder, Michaeline (member)
Graham, Leslie, phone (member)
McLean, Sheila (member)
Pier, Kristi (member)
Brian Reed (member)
Wozniak, Marcella (member)
Buanya, Agnes (guest)
Deacon, Marti (guest)
Hashim, Sana (guest)
Simon, Judy, phone (guest)

WELCOME AND INTRODUCTIONS

Council Chairperson Barney Stern convened the meeting at 4:05 p.m.

Council Updates

Council Minutes, July 23, 2015 (B. Stern)

- Approved by Council

Maryland Heart Disease and Stroke Council Biennial Report (K. Pier)

- Ms. Pier updated the Council on the required report to the Legislature, which is due December 2015. The draft report was completed and will proceed through the DHMH review process before submission.

Council Priorities for 2015-2017

- Member feedback from the Council priorities and goals was identified at the July meeting. The three priority areas were: Prevention, Disease Management, and Sustainability.
- The council members spent the majority of the meeting discussing the Prevention priority, highlights below:
 1. Increase physical activity opportunities to improve access for people at risk and those with cardiovascular disease.
 - ▶ Advocate for healthy walking
 - ▶ Programming in area of socio-economic need
 - ▶ Engage businesses and faith communities
 - ▶ Campaign and marketing activities
 - ▶ Shared use—accessing partners and facilities for physical activity
 2. Increase access to healthy nutrition options for people at risk and those with cardiovascular disease.

- ▶ Engage businesses
- ▶ Map hotspots and high burden communities
- ▶ Work at the systems-change level, impacting sustainability and populations
- ▶ Enhance existing Maryland programs and projects

Action Items

- Come to January 21 meeting with suggested action items for:
 - Prevention
 - Disease Management
 - Sustainability

Meeting Adjourned: 6:05 pm

Next Meeting: The meeting dates for 2015 are as follows:

January 21, 2016