

**HEART DISEASE AND STROKE COUNCIL
MEETING MINUTES – April 23, 2014**

MEMBERS & GUESTS PRESENT

Aycock, Anna (member)	Moncrief, Dana (guest)
Charleston, Jeanne (member)	Pier, Kristi (guest)
Cooke, Catherine (member)	Rogers, Kathy (member)
Fedder, Michaeline (guest)	Shell, Donald (member)
Fried, Ashley (guest)	Silverman, Michael (member)
Graham, Leslie (member)	Simon, Judy (guest)
Jordan, Surina Ann (member)	Smith, Erica (guest)
Miller, Mike (member)	Stern, Barney (member)
	Yu, Xiao-Ying (guest)

WELCOME

Council Chairperson Catherine Cooke, PharmD convened the meeting at 6:15p.m.

Approval of Minutes

- The minutes from the February 6th meeting were approved at 6:21 pm by majority vote of the attendees after a motion was made by Dr. Mike Silverman and a second motion by Leslie Graham to approve the minutes.

Council Updates

- Delmarva continues the work with DHMH, local health departments, practices and fire departments on the ASTHO Million Hearts grant.
- Tobacco Prevention and Control is airing Cigar Trap and Quitline ads, using real quitters
- Telemedicine is being actively engaged at the state, with a potential goal to begin statewide telemedicine to decrease hospital re-admissions related to disorders such as congestive heart failure, stroke and diabetes. While historically, acute care has been the target, the expansion of telemedicine into chronic care aligns with the intentions of the Affordable Care Act (ACA).
- The University of Maryland, in conjunction with the Maryland Pharmacists Association (MPhA), is working with community-based pharmacists, to improve medication use for Medicaid and state employee programs.
 - Michaeline mentioned a document on “how to measure blood pressure accurately,” which was developed by the council previously.

New Information

- New Location and time –a doodle poll will be sent out to members to decide on venue.
 - ProHealth, where this meeting was held, is an option
 - Leslie is going to look into holding the meeting at Delmarva
- New Member Packet- will include council highlights, goals and objectives, and website information
- Legislation Process- Brian Avin volunteered to lead the process and council chair will confirm whether or not he is still interested.
 - If a bill is coming up, send out generic response beforehand to get endorsement of council, include what are the deal breakers.
- Open Act Training- 3 individuals took the training.

- If a group meets quarterly, the meeting minutes need to be approved within 2 weeks after meeting. In the past, council meetings have been approved at the next quarterly meeting. Moving forward, minutes will be approved by members prior to the next meeting and posted to the website more quickly. This process will occur via the council list serve.
- Advisory Council meetings can be open or closed meetings. Council discussed and decided meetings will always be open to the public, not closed, and the time, date, and location will be posted on the public register 30 days prior to each meeting.
- A question was raised by a member; can a meeting link be added to other public websites? DHMH will look into this.

DHMH Updates

- Association of State and Territorial Health Officials (ASTHO) Million Hearts Grant
 - Delmarva launched the new web portal for partners to upload Plan-Do-Study-Act (PDSA) cycles
 - Cecil County did a kickoff event in March.
 - Coordination of site visits in June w/ partners
- 2014 Maryland Diabetes Symposium will be held at the end of June
 - A save the date will go out once the date and venue are finalized
- Healthiest Maryland Businesses-Regional Coordinators
 - Regional Coordinators received Certified Worksite Wellness Specialist training
 - 240 businesses recruited to date

Preventive Health and Health Services (PHHS) Block Grant

- DHMH provided an overview of PHHS Block Grant goals and objectives.
- DHMH briefed the council on Maryland's total award being nearly \$2.7 million for FY14, which has doubled from last year.
- Using funds to enhance the Maryland Million Hearts initiative.
- The Center for Chronic Disease Prevention and Control will fund a comprehensive study assessing the strengths and gaps in the existing data infrastructure to enable the integration of data from health care systems, payers, and community programs.
- Continue to support Million Hearts Coordinators in four local health departments who are implementing quality improvement strategies
- Continuing efforts to increase access to evidence-based diabetes prevention and control programs across the state.
- Build a network linking state and community diabetes partners and to provide quality assurance to community programs.
- Some funds from PHHS will be used to support efforts to increase physical activity and nutrition among youth.
- As required by the CDC, some PHHS funds will go to the Maryland Sexual Assault Reimbursement Unit
- The council discussed the increased funding and proposal, asked questions, and provided feedback and recommendations. Feedback will be reflected in the FY2014 PHHS Block Grant budget and work plan.

Legislation

- Council was involved with various letters of support for bills.
- HB1366/SB503 which requires every high school student (grades 9-12) to complete instruction in hands-only CPR and the use of an AED, was signed into law on April 14, 2014.

AHA/ACC Guidelines on Managing Cholesterol (2013)/Mike Miller, MD

- 5 year process to approve the guidelines, these had to be driven by clinical outcome studies
- Previous NCEP guidelines criticized for conflicts of interest.
- Controversy remains on whether to treat patients to an LDL target or to achieve a percentage reduction in LDL cholesterol.
- Distinction between NCEP guideline and AHA/ACC guideline may be that there is cholesterol lowering overtreatment in primary care (e.g., low CV risk patients) and under-treatment in secondary prevention

What can the council do?

- Risk calculator application; link the website to the calculator, but you need to know your numbers in order to use this
- Encourage people to see PCP, to get an annual check
- Clear distribution of messages through our networks. Bounce around ideas and then will figure out how to distribute them.
 - Multi-modality interventions
 - Messaging campaign-mass media
 - “Talk w/ your Doctor”
 - “Text for Babies”
- Need to take a legislative/systems approach-how do we look at reimbursement
 - Nutrition/Obesity counseling-coding
 - Motivational Interviewing
- Professional health coaches-using something similar in Delaware
- Catherine is going to reach out to Dana to discuss Smoking Cessation opportunities

Meeting Adjourned: 8:02 pm

Next Meeting: Upcoming meeting dates for 2014 are as follows:

July 23, 2014

October 22, 2014