

MARYLAND STATE ADVISORY COUNCIL ON PHYSICAL FITNESS

DRAFT MEETING SUMMARY

MAY 6, 2015

MEMBERS PRESENT

Monique Anderson
Ron Bowman
Charles Chester
James Dorf
Lillian Greene-Chamberlain (via phone)
Arnita Hannon Christmon
Rhonda Hearn (via phone)
Larry Hughes
Surina Ann Jordan
Lee Meizlesh
Steve Miller (via phone)
April Pinder (via phone)
Beatrice Rice (via phone)
Michael Shaw (via phone)
Suzanne Stringer
Andy Vineberg (via phone)
Sean Settle

MEMBERS ABSENT

Yusef Battle (Excused)
Catherine Eliot
JoAnn Knapp (Excused)
John Michie
Douglas Miller
Paul Rabil
Monte Sanders

STAFF PRESENT

Erin Penniston

GUESTS PRESENT

Deborah Grinnage-Pulley, MSDE Physical Education Specialist

DHMH

Meghan Ames

WELCOME AND INTRODUCTIONS

The meeting was called to order at 4:37 PM. Meghan Ames joined the Center for Chronic Disease Prevention and Control in April 2015 as the Obesity Prevention and Control Program Coordinator.

MINUTE APPROVAL

The March 2015 meeting minutes were reviewed. James Dorf motioned and Lillian Greene-Chamberlain seconded the approval of the meeting minutes.

OLD BUSINESS

- Administrative Updates
 - Re-appointments
 - 7 members have appointments expiring 6/30/15. Erin has contacted these members.
 - Appointment Update
 - 1 new member application was submitted to the Governor's appointments office.
- Fitness Council gear
 - Refer to the product and pricing sheet and contact James Dorf at james.dorf@verizon.net if you are interested in ordering Fitness Council items (e.g. shirt, jacket, hat, etc).

- Chesapeake Bayhawks collaboration
 - The Council celebrated National Physical Fitness and Sports Month with the Chesapeake Bayhawks (Maryland's Major League Lacrosse team) by hosting *Maryland Family Fitness Night* at the Bayhawks game vs. the Ohio Machine on May 3rd. Council members Monique Anderson, Ron Bowman, Charles Chester and April Pinder interacted with fans in the family tailgate area and encouraged family oriented physical activity opportunities.
- Local Council collaboration
 - The Baltimore County Advisory Council on Physical Fitness exists as a model for the establishment of a county-wide fitness council.

NEW BUSINESS

- Special Events—Ron Bowman, Chairperson
 - A committee conference call was held with the Education and Awareness committee on March 25, 2015.
 - See Old Business Chesapeake Bayhawks collaboration for an overview of *Maryland Family Fitness Night*.
 - The 10K Across the Bay is scheduled for November 8, 2015. Ron maintains contact with the race organizers and will update the Council as additional information becomes available. Council members discussed supporting a Wheelchair Division again this year, and the importance of outreaching earlier to partnering organizations such as the Wounded Warrior Project and Disabled Sports USA.
- Education and Awareness—Andy Vineberg, Chairperson
 - A committee conference call was held with the Special Events committee on March 25, 2015. Subcommittees updates include.
 - **Walk Maryland Day**—The Center for Chronic Disease Prevention and Control (CCDPC) submitted a letter, overview, and memo on *Walk Maryland Day* to the DHMH Secretary and was informed the Secretary's calendar is not yet available for October. The Council would like to work with CCDPC to meet with the Secretary to present *Walk Maryland Day* as a leading initiative for 2015. The University of Maryland Extension's WalkMD! Is a key partner and additional information is available at: <https://extension.umd.edu/walkmd> Partnering with the Department of Natural Resources and local parks and recreation departments to promote accessible trails was mentioned to support statewide walking opportunities.
 - **Speakers Bureau**—Suzanne Stringer developed an interactive presentation to use with multiple audiences. Current chronic disease data will be added and sent to committee members for review. The subcommittee will look to identify speaking engagements. It was suggested the Council develop an “elevator speech” or key points members can share about the Council for outreach purposes.
 - **Communications**—Michael Shaw is updating the Council's Facebook page. The number of followers has grown to more than 1300. Send Michael or Erin updates you would like included in Council's communications efforts. You can access the Facebook page at: <https://www.facebook.com/pages/Official-Maryland-State-Advisory-Council-on-Physical-Fitness/95585284363>

- Legislation—Charles Chester, Chairperson
 - The Personal Health Investment Today (PHIT) Act, H.R.1218 was introduced by Representative Boustany in March 2015 and referred to the House Committee on Ways and Means. Suzanne and Charles drafted a letter on the PHIT ACT for Maryland’s Congressional delegation. Additional information about the PHIT Act is available at: <https://www.congress.gov/bill/114th-congress/house-bill/1218>
 - Charles will attend the Spring 2015 MSDE Health and Physical Education Advisory Council meeting May 14, 2015.
- Physical Activity Excellence Awards—TBD, Chairperson
 - Beatrice needs to step down from the committee chairperson position due to international work commitments, and a new chairperson needs to be identified.
 - A committee conference call will be held later this month.

UPDATES/ANNOUNCEMENTS

- A Call to Action on Walking and Walkability is expected for release by the U.S. Surgeon General's Office in late May or early June 2015.
- Committees are encouraged to meet in-person or via conference call throughout the summer.

NEXT MEETING

The remaining 2015 meeting dates are: September 2, and November 4.

ADJOURNMENT

The meeting was moved to adjourn at 5:48 PM.