

2014 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey  
 Saint Mary's County  
 Risk Behaviors and Sexual Identity Report

Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN10: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle one or more times during the 30 days before the survey)	19.2 (17.2-21.4)	1,772	27.6 (22.1-33.7)	224		●	
QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	5.8 (4.1-8.2)	823	18.4 (11.1-28.8)	88		●	
QN12: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	29.7 (25.5-34.2)	842	37.6 (25.7-51.2)	88			●
QN13: Percentage of students who carried a weapon (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)	19.4 (17.2-21.9)	1,766	24.5 (18.9-31.0)	218			●
QN15: Percentage of students who carried a weapon on school property (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)	2.8 (2.0-3.9)	1,768	7.2 (4.1-12.4)	218		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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	% 95% CI*	N	% 95% CI	N			
QN16: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	4.4 (3.4-5.8)	1,768	13.6 (9.3-19.6)	222		●	
QN17: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club one or more times during the 12 months before the survey)	5.6 (4.5-7.0)	1,778	10.4 (7.3-14.5)	224		●	
QN20: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	8.3 (6.9-10.0)	1,776	20.5 (14.9-27.6)	226		●	
QN21: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	5.3 (4.2-6.6)	1,763	20.0 (14.6-26.9)	212		●	
QN22: Percentage of students who experienced physical dating violence (one or more times during the 12 months before the survey, including being hit, slammed into something, or injured with an object or weapon on purpose by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)	7.9 (6.3-9.9)	1,167	20.0 (13.8-27.9)	159		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual†	Gay, Lesbian, or Bisexual More Likely Than Heterosexual†	No Difference†
	% 95% CI*	N	% 95% CI	N			
QN23: Percentage of students who experienced sexual dating violence (one or more times during the 12 months before the survey, including kissing, touching, or being physically forced to have sexual intercourse when they did not want to by someone they were dating or going out with among students who dated or went out with someone during the 12 months before the survey)	8.6 (7.0-10.4)	1,165	18.3 (12.8-25.6)	161		●	
QN24: Percentage of students who were bullied on school property (during the 12 months before the survey)	15.8 (14.0-17.8)	1,748	32.6 (26.4-39.4)	210		●	
QN25: Percentage of students who were electronically bullied (including being bullied through e-mail, chat rooms, instant messaging, websites, or texting during the 12 months before the survey)	13.3 (11.7-15.0)	1,774	27.5 (21.7-34.0)	217		●	
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)	23.0 (20.6-25.6)	1,768	51.3 (45.4-57.2)	213		●	
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	13.3 (11.6-15.2)	1,764	41.6 (35.1-48.4)	210		●	

\*Confidence interval.

†Based on t-test analyses, p<0.05.

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Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	10.3 (8.7-12.1)	1,770	34.2 (27.8-41.3)	216		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2014 YOUTH RISK BEHAVIOR SURVEY RESULTS

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#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN32: Percentage of students who smoked a whole cigarette before age 13 years (for the first time)	7.7 (6.3-9.4)	1,752	22.0 (15.4-30.4)	223		●	
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	13.8 (11.3-16.7)	1,732	28.0 (21.0-36.3)	208		●	
QNFRCIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)	4.5 (3.3-6.1)	1,732	7.8 (4.8-12.5)	208			●
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	3.1 (2.1-4.6)	1,732	5.5 (3.0-9.9)	208			●
QN34: Percentage of students who smoked more than 10 cigarettes per day (during the 30 days before the survey among students who currently smoked cigarettes on the days they smoked)	8.6 (5.5-13.0)	216	6.8 (2.8-15.6)	53			●
QN35: Percentage of students who usually obtained their own cigarettes by buying them in a store or gas station (during the 30 days before the survey among students who currently smoked cigarettes and who were aged <18 years)	16.0 (10.9-22.7)	194	16.0 (6.5-34.2)	53			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNCIGINT: Percentage of students who usually obtained their own cigarettes by buying on the internet (during the 30 days before the survey among students who currently smoked cigarettes and who were aged <18 years)	1.9 (0.7-4.7)	194	1.9 (0.3-12.1)	53			●
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)	7.4 (5.9-9.1)	1,729	10.0 (6.0-16.2)	217			●
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)	10.7 (8.8-12.9)	1,774	19.1 (13.0-27.3)	222		●	
QN39: Percentage of students who ever used electronic vapor products (e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz)	40.5 (36.8-44.3)	1,731	52.2 (45.0-59.4)	211		●	
QN40: Percentage of students who currently used electronic vapor products (e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz on at least 1 day during the 30 days before the survey)	24.7 (21.7-28.0)	1,744	35.2 (28.7-42.2)	218		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNTOB4: Percentage of students who currently used tobacco (current cigarette, smokeless tobacco, cigar, or electronic vapor product use on at least 1 day during the 30 days before the survey)	31.2 (27.7-34.9)	1,713	49.0 (40.5-57.6)	212		●	
QNTOB3: Percentage of students who currently used cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)	20.1 (17.1-23.4)	1,708	37.3 (29.3-46.0)	214		●	
QNTOB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	17.9 (15.1-21.1)	1,740	35.1 (27.6-43.4)	214		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN41: Percentage of students who ever drank alcohol (at least one drink of alcohol on at least 1 day during their life)	57.4 (53.8-60.9)	1,711	74.2 (68.2-79.5)	210		●	
QN42: Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)	18.1 (15.9-20.5)	1,737	32.9 (26.8-39.6)	222		●	
QN43: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)	30.8 (27.5-34.3)	1,635	41.8 (34.8-49.2)	193		●	
QN44: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)	17.0 (14.4-20.0)	1,745	24.0 (18.0-31.2)	206			●
QN46: Percentage of students who usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol)	44.6 (40.0-49.3)	488	37.1 (26.6-49.0)	76			●
QN47: Percentage of students who ever used marijuana (one or more times during their life)	29.7 (26.2-33.4)	1,720	47.7 (40.3-55.1)	206		●	

\*Confidence interval.

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#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN48: Percentage of students who tried marijuana before age 13 years (for the first time)	6.1 (4.9-7.6)	1,740	15.2 (10.6-21.3)	207		●	
QN49: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	17.2 (14.9-19.7)	1,739	28.3 (21.3-36.5)	209		●	
QN50: Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)	5.0 (3.8-6.5)	1,762	11.0 (7.0-17.0)	223		●	
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	6.7 (5.4-8.3)	1,759	17.7 (13.2-23.2)	218		●	
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life)	2.5 (1.8-3.4)	1,717	10.0 (6.2-15.5)	215		●	
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)	2.9 (2.1-3.9)	1,758	7.6 (4.3-13.1)	219		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)	5.2 (4.0-6.7)	1,757	14.2 (9.2-21.1)	221		●	
QN55: Percentage of students who ever used synthetic marijuana (also called "K2", "Spice", "fake weed", "King Kong", "Yucatan Fire", "Skunk", or "Moon Rocks", one or more times during their life)	12.0 (10.1-14.3)	1,748	24.7 (18.7-31.9)	220		●	
QN56: Percentage of students who ever took steroids without a doctor's prescription (pills or shots, one or more times during their life)	2.4 (1.8-3.3)	1,774	9.0 (5.1-15.5)	223		●	
QN57: Percentage of students who ever took prescription drugs without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life)	14.2 (12.2-16.3)	1,756	32.7 (25.9-40.3)	222		●	
QN58: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body one or more times during their life)	2.1 (1.5-3.0)	1,763	5.5 (2.6-11.2)	214			●
QN59: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	22.6 (20.6-24.7)	1,758	36.2 (29.5-43.5)	212		●	

\*Confidence interval.

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Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN60: Percentage of students who ever had sexual intercourse	35.7 (31.2-40.5)	1,582	51.4 (43.1-59.5)	162		●	
QN61: Percentage of students who had sexual intercourse before age 13 years (for the first time)	3.4 (2.4-4.7)	1,579	12.8 (8.7-18.5)	163		●	
QN62: Percentage of students who had sexual intercourse with four or more persons (during their life)	8.5 (6.6-10.9)	1,577	15.5 (10.8-21.8)	159		●	
QN63: Percentage of students who were currently sexually active (sexual intercourse with at least one person during the 3 months before the survey)	26.3 (22.5-30.5)	1,569	28.0 (20.9-36.5)	161			●
QN64: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	21.2 (16.9-26.2)	383	25.8 (16.5-37.9)	46			●
QN65: Percentage of students who did not use a condom (during last sexual intercourse among students who were currently sexually active)	49.7 (44.0-55.3)	378	68.7 (54.8-79.9)	46		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN66: Percentage of students who did not use birth control pills (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	72.6 (67.7-77.1)	373	76.3 (62.9-85.9)	44			●
QNIUDIMP: Percentage of students who did not use an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	94.2 (90.2-96.7)	373	95.3 (84.1-98.7)	44			●
QNSHPARG: Percentage of students who did not use a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	96.1 (93.6-97.6)	373	94.3 (83.7-98.1)	44			●
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	62.9 (57.3-68.2)	373	65.8 (49.8-78.9)	44			●
QNDUALBC: Percentage of students who did not use both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)	91.7 (88.1-94.2)	371	92.5 (78.7-97.6)	44			●

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Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy (during last sexual intercourse among students who were currently sexually active)	7.6 (5.4-10.6)	373	32.4 (19.5-48.8)	44		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2014 YOUTH RISK BEHAVIOR SURVEY RESULTS

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#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>‡</sup>
	% 95% CI*	N	% 95% CI	N			
QNOBESE: Percentage of students who were obese ( $\geq$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart <sup>‡</sup> )	9.5 (8.1-11.0)	1,636	15.4 (11.0-21.2)	189		●	
QNOWT: Percentage of students who were overweight ( $\geq$ 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart <sup>‡</sup> )	16.0 (14.0-18.3)	1,636	20.4 (15.0-27.2)	189			●
QN69: Percentage of students who described themselves as slightly or very overweight	26.6 (24.4-28.9)	1,755	36.3 (29.2-44.1)	211		●	
QN71: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	27.7 (25.6-29.8)	1,764	22.1 (16.8-28.4)	221			●
QN72: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	16.3 (14.5-18.3)	1,761	19.6 (14.0-26.9)	217			●
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (during the 7 days before the survey)	8.7 (7.2-10.3)	1,757	9.1 (5.6-14.6)	217			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses,  $p < 0.05$ .

<sup>‡</sup>Based on reference data from the 2000 CDC Growth Charts.

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Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNFR1: Percentage of students who did not eat fruit or drank 100% fruit juices one or more times per day (during the 7 days before the survey)	46.6 (44.4-48.9)	1,757	43.8 (36.7-51.2)	217			●
QNFR2: Percentage of students who did not eat fruit or drank 100% fruit juices two or more times per day (during the 7 days before the survey)	73.7 (71.4-75.8)	1,757	72.0 (65.5-77.7)	217			●
QNFR3: Percentage of students who did not eat fruit or drank 100% fruit juices three or more times per day (during the 7 days before the survey)	84.0 (82.2-85.6)	1,757	79.9 (73.6-85.1)	217			●
QN73: Percentage of students who did not eat salad (during the 7 days before the survey)	39.2 (36.9-41.6)	1,751	36.0 (29.7-42.9)	216			●
QN74: Percentage of students who did not eat potatoes (during the 7 days before the survey)	33.7 (31.5-36.0)	1,743	35.2 (29.0-42.0)	217			●
QN75: Percentage of students who did not eat carrots (during the 7 days before the survey)	53.5 (51.2-55.8)	1,738	56.6 (48.5-64.3)	215			●

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#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN76: Percentage of students who did not eat other vegetables (during the 7 days before the survey)	16.7 (14.5-19.2)	1,727	19.8 (14.8-26.0)	214			●
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	6.1 (5.0-7.5)	1,714	5.9 (3.1-10.8)	208			●
QNVEG1: Percentage of students who did not eat vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	38.2 (35.8-40.6)	1,714	40.5 (32.5-49.2)	208			●
QNVEG2: Percentage of students who did not eat vegetables two or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	74.4 (72.1-76.7)	1,714	69.8 (61.3-77.2)	208			●
QNVEG3: Percentage of students who did not eat vegetables three or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	86.9 (85.1-88.6)	1,714	81.2 (72.3-87.8)	208			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2014 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Saint Mary's County Risk Behaviors and Sexual Identity Report

#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop (not including diet soda or diet pop, during the 7 days before the survey)	76.7 (74.3-79.0)	1,734	75.4 (68.2-81.5)	215			●
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (not including diet soda or diet pop, during the 7 days before the survey)	19.2 (17.3-21.2)	1,734	24.7 (19.1-31.3)	215			●
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (not including diet soda or diet pop, during the 7 days before the survey)	12.4 (10.8-14.2)	1,734	17.2 (12.3-23.5)	215			●
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (not including diet soda or diet pop, during the 7 days before the survey)	6.5 (5.3-7.9)	1,734	9.4 (6.1-14.3)	215			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual†	Gay, Lesbian, or Bisexual More Likely Than Heterosexual†	No Difference†
	% 95% CI*	N	% 95% CI	N			
QN80: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	57.4 (54.6-60.3)	1,728	78.1 (71.9-83.3)	212		●	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	16.9 (15.0-18.9)	1,728	29.8 (22.9-37.8)	212		●	
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	76.1 (73.8-78.2)	1,728	87.8 (82.3-91.8)	212		●	
QN81: Percentage of students who watched television 3 or more hours per day (on an average school day)	27.7 (25.2-30.3)	1,726	25.9 (20.0-32.8)	209			●
QN82: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)	37.9 (35.4-40.4)	1,734	46.0 (38.4-53.7)	212		●	

\*Confidence interval.

†Based on t-test analyses, p<0.05.

2014 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN83: Percentage of students who did not attend physical education classes on 1 or more days (in an average week when they were in school)	64.6 (60.3-68.7)	1,726	70.0 (62.0-76.9)	212			●
QNDLYPE: Percentage of students who did not attend physical education classes on all 5 days (in an average week when they were in school)	71.0 (67.0-74.8)	1,726	82.9 (77.0-87.6)	212		●	
QN88: Percentage of students who did not have 8 or more hours of sleep (on an average school night)	70.9 (68.4-73.4)	1,714	83.0 (76.8-87.9)	210		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Other

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN85: Percentage of students who were never tested for HIV (not including tests done when donating blood)	89.5 (87.5-91.3)	1,693	78.7 (72.5-83.8)	201	●		
QN86: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work during the 12 months before the survey)	19.1 (17.0-21.4)	1,724	29.4 (22.8-37.0)	211		●	
QN87: Percentage of students who had ever been told by a doctor or nurse that they had asthma	24.8 (22.7-26.9)	1,709	29.9 (22.8-38.1)	209			●
QN89: Percentage of students who made mostly C's, D's, or F's in school (during the 12 months before the survey)	24.1 (21.0-27.6)	1,680	32.6 (26.4-39.4)	212		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2014 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Saint Mary's County Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN91: Percentage of students who lived away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 12 months before the survey)	5.1 (4.0-6.5)	1,767	12.1 (8.4-17.2)	219		●	
QN92: Percentage of students who usually slept in a friend's, relative's, or stranger's home at night (during the 12 months before the survey)	1.7 (1.2-2.6)	1,774	5.4 (2.9-9.6)	224		●	
QN93: Percentage of students who tried or used tobacco products for the first time (during the 12 months before the survey)	13.8 (11.8-16.0)	1,724	23.2 (18.4-28.9)	208		●	
QN94: Percentage of students who did not completely quit using all tobacco products (during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	71.0 (65.3-76.1)	414	61.6 (48.5-73.2)	89			●
QN95: Percentage of students who used flavored tobacco products (flavored cigars, cigarillos, little cigars, or flavored smokeless tobacco products, or both, excluding menthol cigarettes, during the 30 days before the survey)	14.4 (12.5-16.7)	1,736	24.6 (18.9-31.4)	218		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2014 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual†	Gay, Lesbian, or Bisexual More Likely Than Heterosexual†	No Difference†
	% 95% CI*	N	% 95% CI	N			
QN96: Percentage of students who have smoked 100 or more cigarettes (5 or more packs, during their life)	6.6 (5.1-8.4)	1,768	9.0 (5.7-13.9)	225			●
QN97: Percentage of students who were not asked to show proof of age (among students who bought or tried to buy cigarettes at a store during the 30 days before the survey)	62.9 (52.6-72.1)	89	-	15			
QN98: Percentage of students who did not have someone refuse to sell them cigarettes because of their age (among students who tried to buy cigarettes during the 30 days before the survey)	70.1 (61.4-77.6)	134	55.8 (33.7-75.8)	38			●
QN99: Percentage of students who live with someone who now smokes cigarettes or cigars	40.9 (38.1-43.8)	1,766	56.7 (49.3-63.7)	208		●	
QN100: Percentage of students who describe the rule about smoking inside the home where they live is that it is always allowed inside their home or allowed only at some times or in some places	14.1 (12.5-16.0)	1,756	29.5 (23.5-36.3)	210		●	
QN101: Percentage of students who were in the same room with someone who was smoking cigarettes (on at least one day during the 7 days before the survey)	33.8 (30.9-36.8)	1,772	50.9 (44.4-57.4)	224		●	

\*Confidence interval.

†Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

2014 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN102: Percentage of students who usually use a kind of flavoring other than tobacco flavor with an electronic vapor product (among students who have ever used an electronic vapor product)	95.5 (93.8-96.8)	623	88.4 (80.2-93.5)	113	●		
QN103: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)	7.5 (6.2-9.0)	1,763	21.1 (14.9-29.0)	221		●	
QN104: Percentage of students who do not participate in any extracurricular activities at school (such as sports, band, drama, clubs, or student government)	38.8 (34.9-42.8)	1,693	56.2 (49.2-63.0)	200		●	
QN105: Percentage of students who were not taught or who were not sure if they were taught in any of their classes about the dangers of tobacco use (during the last school year)	34.8 (31.4-38.4)	1,704	39.3 (31.4-47.7)	210			●
QN106: Percentage of students who say definitely yes or probably yes that young people who smoke have more friends	28.2 (25.5-31.0)	1,680	41.4 (32.6-50.9)	206		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2014 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Maryland High School Survey Saint Mary's County Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN107: Percentage of students who say definitely yes or probably yes that smoking makes young people look cool or fit in	15.1 (13.2-17.2)	1,684	26.9 (18.3-37.7)	204		●	
QN108: Percentage of students who strongly or somewhat approve or who neither approve nor disapprove of someone their age having one or two drinks of an alcoholic beverage nearly every day	39.3 (36.1-42.5)	1,694	58.7 (50.7-66.2)	209		●	
QN109: Percentage of students who think people are at no risk or slight risk of harming themselves (physically and in other ways) if they have five or more drinks of alcohol once or twice a week (such as beer, wine, or liquor)	21.5 (18.8-24.5)	1,664	32.6 (24.2-42.2)	202		●	
QN110: Percentage of students who do not have an adult outside of school they can talk to about things that are important to them	12.0 (10.3-13.9)	1,668	25.6 (20.1-32.1)	199		●	
QN111: Percentage of students who would not feel comfortable seeking help from adults besides their parents if they had an important question affecting their life	18.2 (16.2-20.3)	1,696	30.6 (25.0-36.8)	207		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN113: Percentage of students who strongly disagree, disagree, or are not sure that their teachers really care about them and give them a lot of encouragement	51.2 (48.3-54.1)	1,685	57.0 (48.2-65.3)	212			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.