

**Maryland Comprehensive Cancer Control Plan  
Nutritious Diet, Healthy Weight and Physical Activity Committee**

**May 20, 2010, 2-4 p.m.  
Maryland DHMH, Room 100**

**Co-Chair:** *Maria Prince, MD, Medical Director, Office of Chronic Disease Prevention, Maryland Department of Health and Mental Hygiene*

**Co-Chair:** *Surina Ann Jordan, PhD, President and Senior Advisor, Zima Health*

**MEETING SUMMARY**

<b><u>AGENDA ITEM</u></b>	<b><u>DISCUSSION SUMMARY</u></b>
<b>Brainstorm Goals/Objectives/Strategies</b>	<ul style="list-style-type: none"> <li>• Include lifespan approach in chapter Goal</li> <li>• Objectives will focus on stakeholder groups – providing action items that each stakeholder group can do.</li> <li>• Media will be included as a strategy across multiple objectives (Community Organizations, Government, others as necessary)</li> <li>• Will write Objectives and Strategies after chapter draft is complete.</li> <li>• Suggestion to revisit report written on the previous plan regarding evidence basis of Objectives and Strategies (Sarah will check into this)</li> <li>• For Local and State government objectives related to policy: cite “model legislation” in other states</li> </ul>
<b>Review Chapter Section Drafts</b>	<ul style="list-style-type: none"> <li>• Include information on diet and physical activity for survivors – using ACS and other evidence based recommendations</li> <li>• Sarah will review current Survivorship chapter to see if information on diet and physical activity is included – if not, will discuss with Survivorship committee including information written by DPA committee.</li> <li>• Nicole Stout/Kate Smith will write sections on Survivorship to be given to the Survivorship committee</li> <li>• Headings ‘B’ and ‘C’ in the chapter outline should have a couple of introductory sentences on what the section will address. B: evidence of factors contributing to cancer risk. C: how risk can be reduced</li> <li>• Breastfeeding section will be removed from chapter as it will be addressed in the Breast Cancer chapter and the evidence linking breast cancer to childhood obesity and then to cancer is not yet strong enough for inclusion here</li> </ul>
<b>Assignments</b>	<ul style="list-style-type: none"> <li>• Review socio-ecological models – will decide on a model during call on 5/27.</li> <li>• Write chapter sections assigned – due the morning of June 2<sup>nd</sup>.</li> </ul>

<b>Future Calls and Meetings</b>	<ul style="list-style-type: none"><li>• 5/27/10: Will decide which model to use</li><li>• 6/3/10: Will review chapter draft (should have all sections written) and determine next steps for finalizing GOS</li><li>• The next in person meeting will be scheduled using Meeting Wizard – please look out for an email.</li></ul>
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