

Survivorship Care Plans: The Key to Survivorship Care



Annual Cancer Conference
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The power of survivorship. The promise of quality care.

About Me

- Mark Gorman
- Director of Survivorship Policy
- National Coalition for Cancer Survivorship
- Long-term survivor (12+ years) metastatic melanoma

About NCCS

- Founded in 1986
- Mission: Advocate for Quality Cancer Care
- Survivor led: Bylaws require majority of BoD have personal diagnosis; 25% of staff now
- Created concept and language of "cancer survivorship" as alternative to "patient" or "victim".

Advocacy Continuum

- Public interest anchors one end.
- Community, such as this Conference
- Personal, or self-advocacy, anchors the other end.
- All necessary to bring about systemic change in delivery of cancer care.
- NCCS active throughout.



What is Quality Cancer Care?

Elements

- Patient-centered
- Effective
- Timely
- Safe
- Efficient
- Equitable

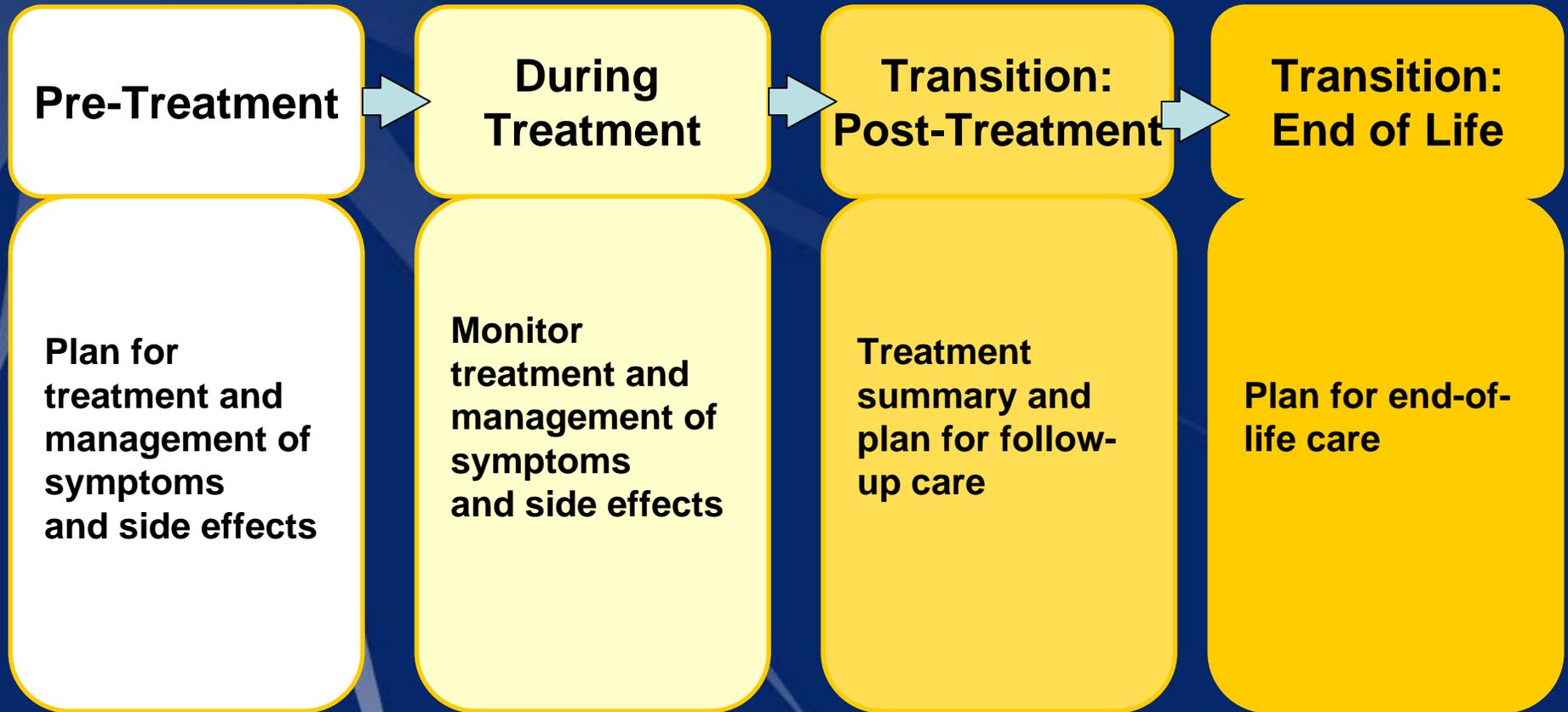
In Practice

- Shared decision-making
- Empowered patients
- Ongoing communication
- Treatment planning and patient involvement

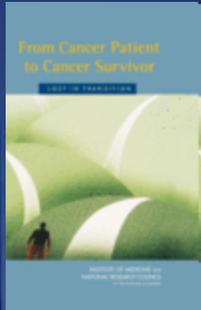
Comprehensive Patient-Centered Care

- Survivors need integrated, comprehensive, patient-centered care.
- Acute phase of active treatment
- Transition from active treatment
- Long-term, late effects

The Survivorship Continuum



IOM: 2005



From Cancer Patient to Cancer Survivor: Lost in Transition

- Calls for treatment plans during treatment, treatment summaries at conclusion of treatment, survivorship care plans for post-treatment survivorship

Summary & Plan Contents

- Cancer type, treatments received, and their potential consequences;
- Specific information about the timing and content of recommended follow-up;
- Recommendations regarding preventive practices and how to maintain health and well-being;
- Information on legal protections regarding employment and access to health insurance; and
- The availability of psychosocial services in the community.

Physician Responsibility

- This “Survivorship Care Plan” should be written by the principal provider(s) who coordinated oncology treatment. (emphasis added) (From Cancer Patient to Cancer Survivor, Recommendation 2, p. 4)



Journey Forward™

- Free software for *clinicians* to build customizable treatment summary and follow-up survivorship care plan
- Survivors can also use medical history builder
- Partnership between NCCS, UCLA Cancer Survivorship Center, WellPoint, Inc., and Genentech
- www.journeyforward.org

Journey Forward™

- Based on ASCO's templates and follow-up guidelines
- Generic template just launched in addition to breast and colon templates
- www.journeyforward.org

The image shows two overlapping forms for a 'Cancer Survivorship Care Plan'. The top form is titled 'Cancer Survivorship Care Plan' and includes a 'Background Information' section with fields for 'Date of Birth', 'Sex', 'Race', 'Ethnicity', 'Language', 'Religion', 'Education', 'Employment', 'Insurance', 'Social Security Number', 'Mailing Address', 'Phone', 'Email', and 'Other Contact Information'. Below this is a 'Left Column' section. The bottom form is also titled 'Cancer Survivorship Care Plan' and includes a 'General Information' section with fields for 'Patient Name', 'Date of Birth', 'Medical ID', 'Phone', 'Date of Birth', 'Sex at Birth', 'Sex at Diagnosis', 'Insurance', and 'Other Contact Information'. Below this is a 'Care Team' section with a table listing various roles and names.

Role	Name	Phone
Medical Oncologist	Dr. Patricia Smith	707-433-1234
General Internal Medicine	Dr. Andrew Lee	707-433-4567
Radiotherapy	Dr. Jennifer Kim	707-433-8901
Medical Oncology	Dr. Steven Park	707-433-2345
Medical Oncology	Dr. Sarah Chen	707-433-6789
Medical Oncology	Dr. David White	707-433-0123
Medical Oncology	Dr. Emily Green	707-433-4567
Medical Oncology	Dr. Michael Brown	707-433-8901

Targets for Change: How to Help

- Physician behavior
- Survivor expectations:
Survivor "demand"
- Help us get the care we need and deserve

Thank You!

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