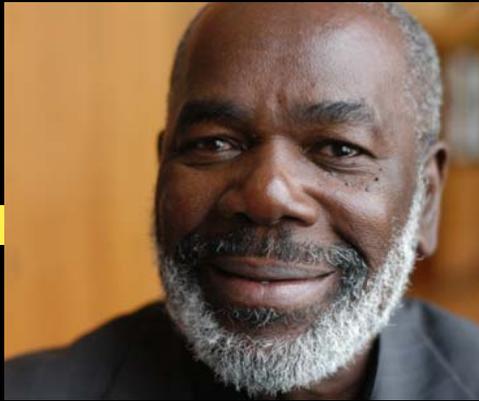


11th Annual Maryland State Council on Cancer Control Conference

Andy Miller, MHSE, CHES
Associate Director of Public Health



Overview



Who is Lance Armstrong?



Why Cancer Survivorship?

Lance Armstrong Foundation

National Action Plan



How to get involved



Obligation of the Cured



Lance Armstrong Foundation

- **Mission**: To enhance the quality of life for those living with, through and beyond cancer.
- The LAF believes that in the battle with cancer, **knowledge is power and attitude is everything**. From the moment of diagnosis, we provide the practical information and tools you need to live strong.
- **Cancer Survivor**: An individual from the time of diagnosis for the balance of his/her life (includes family members and loved ones).



Why Survivorship?

- Cancer affects 1 in 3 individuals.
- There are more than 9.8 million cancer survivors alive in the U.S. today (3.5% of the population)
- 64% of all cancer survivors and 79% of childhood cancer survivors are expected to live at least 5 years after diagnosis
- Cancer for many has become a chronic illness.

Education

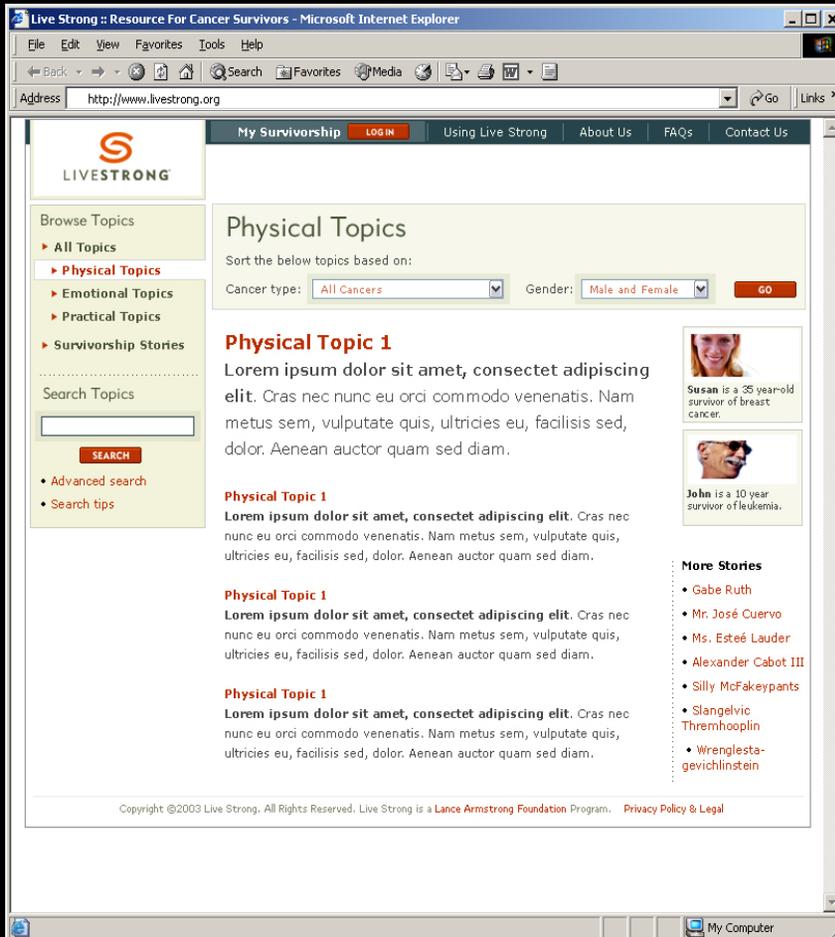
The screenshot shows the Live Strong website in a Microsoft Internet Explorer browser window. The address bar displays <http://www.livestrong.org>. The page features the Live Strong logo and a navigation menu with links for "My Survivorship: LOGIN", "Using Live Strong", "About Us", "FAQs", and "Contact Us". The main content area is titled "A Resource for Cancer Survivors" and includes a "Browse by topic" section with links to "All Survivorship Topics", "Physical Topics", "Emotional Topics", and "Practical Topics". A "Browse based on:" section allows filtering by "Cancer Type" (set to "All Cancers") and "Gender" (set to "Both Female and Male"). A "Search all topics" section includes a search input field, radio buttons for "All documents", "Stories only", and "Documents only", and a "SEARCH" button. A "Survivorship Stories" sidebar features two stories: "Susan is a 35 year-old survivor of breast cancer." and "John is a 10 year survivor of leukemia." The footer contains copyright information: "Copyright ©2003 Live Strong. All Rights Reserved. Live Strong is a Lance Armstrong Foundation program. Privacy Policy & Legal".

- Survivorship Stories
- Survivorship Tools
- Information & Resources
- Practical Recommendations

www.LiveStrong.org



Live Strong



Information & Resources

- Physical, Emotional and Practical Topics
- Overview and detailed information for each topic
- Stories related to each topic
- Customized resources



Live Strong

The screenshot shows a web browser window displaying the Live Strong website. The page features a navigation menu at the top with options like 'My Survivorship: LOGIN', 'Using Live Strong', 'About Us', 'FAQs', and 'Contact Us'. The main content area is titled 'Anna Maria Juliano' and includes a video player, a 'PLAY VIDEO' button, and a detailed text story. The story describes her experience with ovarian cancer, including her diagnosis in 1986, treatment with chemotherapy and hysterectomy, and her current status in 2004. The page also includes a sidebar with 'Browse' categories, a search bar, and a 'Related Stories' section featuring Ann Fonfa and Heidi Adams. At the bottom right, the Lance Armstrong Foundation logo is visible.

Anna Maria Juliano

Anna Maria is an ovarian cancer survivor.

I became a cancer survivor in 1986 when I was diagnosed with ovarian cancer.

I underwent a hysterectomy and 20 months of chemotherapy. I was 27 at the original diagnosis in 1986, and I really didn't plan on having any children. So it didn't bother me as much with the hysterectomy and all that followed. In 1994, I was diagnosed with M.S. [multiple sclerosis]. That threw me a little curve. Along came 1998, when I suffered a recurrence, and here I am now in 2004. I am not on any treatment at the present time. I still have a tumor, but I'm not worried. Actually, I did not worry too much. I think everything happens for a reason.

I've had every kind of side effect you can imagine. I've had baldness, nausea, weight loss, fatigue, neuropathy, weight gain. I had a blood clot from an IV in my arm, and I had several bowel obstructions, which are quite common with hysterectomies. Honestly, losing my hair was the most traumatic thing. Losing my ovaries didn't bother me as much. I also have noticed a lot of cognitive difficulties for the last few

Topics discussed:
[Aftereffects of Cancer Treatment;](#)
[Emotional Support;](#) [Finding Meaning;](#)
[Hope;](#) [Life Expectancy;](#) [Planning Your Medical Future;](#) [Setting Priorities](#)

Related Topics

- [Aftereffects of Cancer Treatment](#)
- [Emotional Support](#)
- [Finding Meaning](#)
- [Hope](#)
- [Life Expectancy](#)
- [Planning Your Medical Future](#)
- [Setting Priorities](#)

Survivorship Stories

- Feature articles
- Video vignettes
- Related topics for each story
- Related stories

Advocacy

- **President's Cancer Panel**
- **National Comprehensive Cancer Control Programs**
- **National Cancer Act (S.1899)**
- **Cancer Survivorship Research and Quality of Life Act (H.R. 2986/S.1496)**



Research

- Research not readily fundable from traditional sources.
- Encourages and supports the efforts of lesser-known investigators.
- Since its inception, the LAF has awarded more than **\$6.4 million in research grants.**
- In 2004 proposals will be accepted in two areas:
Cancer Survivorship
Basic & Clinical Science of Testicular Cancer



Public Health

- The Community Program
- Centers for Disease Control partnership
- Comprehensive Cancer Control Leadership Institutes
- Education Network to Advance Cancer Clinical Trials (ENACCT)
- Education on Palliative and End-of-Life Care for Oncology (EPEC-O)

National Action Plan



Centers for Disease Control and Prevention
National Center for Chronic Disease
Prevention and Health Promotion
Division of Cancer Prevention and Control

Mail Stop K-64
4770 Buford Highway, NE
Atlanta, GA 30341-3717
(770) 488-4751
Voice Information System 1 (888) 842-6355
Fax (770) 488-4760
cancerinfo@cdc.gov
<http://www.cdc.gov/cancer>

Lance Armstrong Foundation

*Enhancing the quality of life for those living with,
through and beyond cancer.*

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*A National Action Plan for Cancer Survivorship:
Advancing Public Health Strategies*



Thank you for all you do!

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