

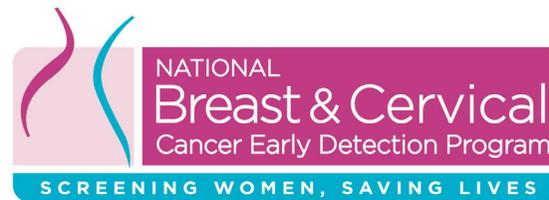
## Find out if you are eligible!

It's easy to find out if you are eligible. One phone call to your local program is all it takes.

When you call, you will need to answer some questions about yourself, like your income, age, and type of health insurance (if you have insurance).

Allegany	(301) 759-5083
Anne Arundel	(410) 222-6180
Baltimore	(410) 887-3432
Calvert	(410) 286-7992
Caroline	(410) 479-8080
Carroll	(410) 876-4423
Cecil	(410) 996-5168
Charles	(301) 609-6843
Dorchester	(410) 228-3223
Frederick	(301) 600-3362
Garrett	(301) 334-7770
Harford	(410) 612-1780
Howard	(410) 313-4255
Kent	(410) 778-7970
Montgomery	(240) 777-1750
Prince George's	(301) 883-3525
Queen Anne's	(443) 262-4509
St. Mary's	(301) 475-4391
Somerset	(443) 523-1740
Talbot	(410) 819-5600
Washington	(240) 313-3235
Wicomico	(410) 548-5175
Worcester	(410) 632-1100
Baltimore City	(410) 350-2001

Maryland State Cancer Hotline 1-800-477-9774



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Larry Hogan, Governor  
Boyd Rutherford, Lt. Governor  
Van Mitchell, Secretary

2015

YOU MAY BE ELIGIBLE FOR  
SCREENING  
AT NO COST TO YOU

Breast Exams  
Mammograms  
Pap Tests  
... and more!



 Maryland Breast &  
Cervical Cancer  
Program

Screening Saves Lives



Breast exams, mammograms, and Pap tests: Thousands of Maryland women are eligible



## Who can receive these services?

You may be eligible to receive these services if you:

- Are 40 to 64 years old,
- Have limited income, and
- Have no health insurance or insurance that does not completely pay for breast exams, mammograms, Pap tests, or follow-up testing, or
- Have health insurance, but have not been able to be screened or get needed follow-up testing.

## How does the program work?

If you qualify, local program staff help you through the screening process. They tell you which doctors in your area work with the program and also help you to set up your doctor visits. Eligible women receive breast exams, mammograms, and Pap tests. After the visits, a program staff member will make sure that you receive your test results.

If you need follow-up breast or cervical tests, the staff will explain what is needed and can help pay for the cost of the extra tests.

If you need language translation, transportation, or some other support, let program staff know. They may be able to help.

## Who will provide the screenings?

In most cases, private doctors offer all services. Your own doctor may even take part in the program. Sometimes, women can receive services in the evening or on weekends.

## Why should I have these screenings?

Yearly breast exams, mammograms, and regular Pap tests help to detect breast and cervical problems early. When problems are found early, they can be treated more easily, adding years to your life.

Screening saves lives. Make the clinical breast exam, mammogram, and Pap test part of your routine. Also, be sure to tell friends and family about these services too!



*A clinical breast exam, done before your mammogram, is a simple test done in the doctor's office.*



*A mammogram is an x-ray picture of the breasts. A technician can explain the process to you.*

“My sister has a breast exam and mammogram every year and a Pap test when her doctor orders it. But I don’t have health insurance, and I don’t always have the money for these tests. With the local screening program, I can take care of myself the way I know I should.”

“I was able to see my own doctor for the breast exam and Pap test. It was easy. The outreach worker from the Local Health Department helped me set up the appointment, and both services were done in the same doctor’s visit.”

“No one wants to think about cancer. But, I am alive today because a mammogram I received through my local program found my breast cancer early. As women get older, our risk for breast cancer grows higher. Yearly breast screening can give us many more years to enjoy life - and be there for those who depend on us.”